

Bruce's Battle

Posted by BruceWayne - 17 Jun 2009 14:30

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OK guys, it took me a little while but I'm finally up on this part of the forum. Most of you probably know who I am by now, so I won't repeat my story. You can find that and a bunch of other stuff at my original thread here: [rehab-my-site.com/guardureyes/forum/index.php?topic=503.0](http://rehab-my-site.com/guardureyes/forum/index.php?topic=503.0)

I will be posting my progress towards 90 clean days almost every day here. Updates will be right before I go to sleep, once the day's victory is secure, or the next morning.

This thread is really for myself. I don't care if no one reads it. It's here to keep me accountable and to help me get there.

So far I have been clean for 4 days. Today will hopefully be number 5.

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Re: Bruce's Battle

Posted by London - 28 Jun 2009 18:08

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You mean 14 up ;D

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Re: Bruce's Battle

Posted by BruceWayne - 29 Jun 2009 02:34

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If you want to see it that way.

Almost at 15...UP.

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Re: Bruce's Battle

Posted by BruceWayne - 29 Jun 2009 14:10

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15 UP.

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Re: Bruce's Battle

Posted by battleworn - 29 Jun 2009 15:02

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15 is Tov - good. And good it is! Rejoice with these 15 days, it will give you the strength to continue!

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Re: Bruce's Battle

Posted by Kedusha - 29 Jun 2009 15:38

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Battleworn,

Actually, 17 is Tov, if you're referring to the Gematria. Still, 15 is a great accomplishment, Bruce, and it gives you something to look forward to: you're only 2 days away from Tov (and 3 days from Chai!).

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Re: Bruce's Battle

Posted by BruceWayne - 01 Jul 2009 00:32

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16.

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Re: Bruce's Battle

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Posted by Kedusha - 01 Jul 2009 03:37

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Keep it up, Bruce! You're almost at Tov, and not far from Chai!

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Re: Bruce's Battle

Posted by battleworn - 01 Jul 2009 09:37

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Actually, 17 is Tov, if you're referring to the Gematriah. Still, 15 is a great accomplishment, Bruce, and it gives you something to look forward to: you're only 2 days away from Tov (and 3 days from Chai!).

Oopps! Well then today should be Tov!

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Re: Bruce's Battle

Posted by BruceWayne - 01 Jul 2009 15:52

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17.

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Re: Bruce's Battle

Posted by bardichev - 01 Jul 2009 17:03

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tov

tracht gut vet zayn gut

yy can explain it

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Re: Bruce's Battle

Posted by BruceWayne - 02 Jul 2009 04:24

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Well I hope he does cause I speak English.

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Re: Bruce's Battle

Posted by the.guard - 02 Jul 2009 07:37

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It means "think good and it will BE good".

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Re: Bruce's Battle

Posted by BruceWayne - 03 Jul 2009 04:58

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18.

BUT....I had a slip today. I unintentionally saw an image that was inappropriate. Don't ask me how, it just happened. HOWEVER, the amazing thing is that my eyes instantly moved elsewhere, *without any conscious effort!* Might sound strange or like I'm making it up, but that's what happened. I didn't see it for more than probably a tenth of a second. In fact, I didn't even recognize it. So I consciously said "wait, was that really what I thought it was", and looked again to make sure I wasn't fooling myself (because that image was NOT supposed to be there), and sure enough it was inappropriate, so I looked away quickly (both looks were maybe half a second altogether). Maybe I'm not being very clear because it's 1 AM and I'm very tired, but the point of all this is that *my eyes are smarter than I am*. I have apparently internalized the desire to stay away from all that to such an extent that my eyes automatically looked away as soon as my brain registered what it saw, even though I hadn't yet. I should add that this is sadly not yet the case with clothed women, such as what I see every time I go outside, but that's a higher level.

At the risk of sounding self serving, I was pretty pleased with myself when I realized what actually happened!

But I can't get complacent.

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Re: Bruce's Battle

Posted by the.guard - 03 Jul 2009 06:52

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Bruce, you are a testimony to the power of will-power! You know, this was perhaps the most inspiring post you EVER posted!

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