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Bruce's Battle Posted by BruceWayne - 17 Jun 2009 14:30

OK guys, it took me a little while but I'm finally up on this part of the forum. Most of you probably know who I am by now, so I won't repeat my story. You can find that and a bunch of other stuff at my original thread here: rehab-my-site.com/guardureyes/forum/index.php?topic=503.0

I will be posting my progress towards 90 clean days almost every day here. Updates will be right before I go to sleep, once the day's victory is secure, or the next morning.

This thread is really for myself. I don't care if no one reads it. It's here to keep me accountable and to help me get there.

So far I have been clean for 4 days. Today will hopefully be number 5.

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Re: Bruce's Battle

Posted by Kedusha - 08 Sep 2009 15:26

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Re: Bruce's Battle

Posted by BruceWayne - 08 Sep 2009 17:46

It's starting to get pretty hard now. I don't know what day I'm up to, but last night was almost impossible. I couldn't sleep. For some reason I had a ton of energy and I just lay there trying to fall asleep. That's normally not so bad except I was feeling extra super frustrated yesterday and it dragged on all night. Part of it is because I had to go out (subways=deathtraps) but I was already having a hard time before I left.

I think part of it is also that I'm finally getting to the gym on a regular basis, which of course heightens libido. But I think that's a fair price to pay for the benefits of regular exercise.

Somehow I didn't even think to walk over to my computer just a few feet away from my bed. That's not to say I didn't wrestle with other inappropriate thoughts, but I managed to get through the night.
I'm restless, anxious over something that's happening later today, and totally frustrated at everything.
Keep those jokes coming. They might help.
P.S. I've heard that electron one before. It's an oldie but a goodie. Dov's is new to me, and he delivered as usual.
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Re: Bruce's Battle Posted by Kedusha - 08 Sep 2009 17:48
Bruce,
You're doing great. Did you put up the picture of Mr. Magoo near your computer? :D
en.wikipedia.org/wiki/Quincy Magoo
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Re: Bruce's Battle Posted by Sturggle - 08 Sep 2009 18:14

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wow bruce. if you couldnt sleep last night and you made it through, you got some good powers on your side
sounds like you're doing great man! even though it feels really difficult i know what that's like
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Re: Bruce's Battle Posted by TrYiNg - 09 Sep 2009 08:16
It's starting to get pretty hard now. I don't know what day I'm up to, but last night was almost impossible. I couldn't sleep. For some reason I had a ton of energy and I just lay there trying to fall asleep.
Really sympathize with that. Have it all the time. Remember that we all believe in you. You're
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Re: Bruce's Battle Posted by the.guard - 09 Sep 2009 11:49
GBG
100 points
======================================
Re: Bruce's Battle Posted by hoping - 09 Sep 2009 11:52
Go Bruce Go- too easy

Generated: 17 August, 2025, 21:52 Re: Bruce's Battle Posted by TrYiNg - 09 Sep 2009 11:54 Go Bro Go:D Hoping, thts why its only 100 ==== Re: Bruce's Battle Posted by BruceWayne - 09 Sep 2009 16:57 I just checked how many days I'm up to in the hopes that it would keep me going, and GUESS WHAT? If I get through today, then I will have tied my old record, which obviously means that if I get through tomorrow, that's a NEW RECORD. I can't stop now. Re: Bruce's Battle Posted by Me3 - 09 Sep 2009 19:29

GYE - Guard Your Eyes

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Re: Bruce's Battle Posted by BruceWayne - 09 Sep 2009 21:22	
I was never too good at math anyway.	
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Re: Bruce's Battle Posted by the.guard - 10 Sep 2009 06:06	
GBG!	
=======================================	=======================================
Re: Bruce's Battle Posted by Sturggle - 10 Sep 2009 12:37	
GBG!	
is this a cheerleading squad? ;D	
Guard, what's the next move?	
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Re: Bruce's Battle Posted by the.guard - 10 Sep 2009 13:25	
popcorn	
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