

Noora BAmaram's Journey and Journal

Posted by Noorah BAmram - 07 Jun 2009 17:27

Shalom Alleichem to all my friends on this holy forum,

Today is with the help of Hashem day 61 on my sobriety journey.

I choose the name Noraah BAmram based on the famous story at the end of Kidushin where Reb Amram Chasida was faced with the battle we are all battling on this site. when he was halfway up the ladder to sin he shouted out **"FIRE IN THE HOUSE OF AMRAM - "FIRE IN THE HOUSE OF AMRAM -** I too scream out "fire in the house of Amram" "fire in the house of Amram" and all the sages came running to save him>

I hope and pray that thru my continued posting on the forum and being on the 90 day chart, somehow the fires of the YH that is waging inside me will be also be extinguished.

The chizuk and understanding that I received from all the members on this forum since I found this site about 2 months ago is absolutely indescribable and immeasurable.

Thank u to each and everyone of you- starting of course with our beloved webmaster, affectionately known around here as "Rabienu Guard" for opening up and sharing your own struggles, tips and suggestions and thereby giving me such tremendous chizuk.

I'm not the best typist in the world but i will try to keep posting as time allows.

NB

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Re: Noora BAmaram's Journey and Journal

Posted by the.guard - 21 Jun 2009 16:00

Yakv_Shwartz once posted his story, and I quote an excerpt from when he was in midst of the addiction:

During my first year of marriage, I would stand for long amounts of time at the top of a very tall building, ready to jump. I just asked Hashem to take my life. I can't bare this anymore. I would get on a bus, and daven to Hashem for there to be an accident and I will get killed. I will first cast away my problems, do teshuva and vidui. This way I can die with teshuva.

Today Yakov is the Rosh Yeshiva of the GYE Beis Medrash and has inspired hundreds of people on this forum with his posts!

So take HOPE.

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Re: Noora BAmaram's Journey and Journal
Posted by Noorah BAmram - 21 Jun 2009 17:51

Thank you guard, for your kindness and your caring!!!

the following always is good for a quick pick-me-up, an oldie but a goodie:

Footsteps In The Sand

One night a man had a dream.

He dreamed he was walking along the beach with Hashem

Across the sky flashed scenes from his life.

For each scene, he noticed two sets of footprints in the sand:

one belonging to him, and the other to the RIBONO SHEL OLOM.

When the last scene of his life flashed before him

he looked back, at the footprints in the sand.

He noticed that many times along the path of his life

there was only one set of footprints.

He also noticed that it happened at the very lowest and saddest times of his life.

This really bothered him and he questioned the RIBONO SHEL OLOM about it:

"Master of the World, Tatteh in Himmel, you said that once I decided to follow you,
you'd walk with me all the way.

But I have noticed that during the most troublesome times in my life
there is only one set of footprints.

I don't understand why when I needed you most you would leave me."

The RIBONO SHEL OLOM replied:

"My son, My precious child, I love you and I would never leave you,

During your times of trial and suffering,

when you see only one set of footprints, it was then that I carried you."

Author unknown

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Re: Noora BAmaram's Journey and Journal
Posted by the.guard - 21 Jun 2009 19:51

I always loved that poem so much, since I'm a child. I've been looking for it. Thanks for posting it!

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Re: Noora BAmaram's Journey and Journal

Posted by Noorah BAmram - 22 Jun 2009 11:37

Today with help of Hashem is day 76 on my sobriety journey. Mat the Almighty continue to carry me and all my "pekalach" in His right hand, and may He preserve and protect me and all Yiddeshe kinderlach from spiritual and physical harm!!

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Re: Noora BAmaram's Journey and Journal

Posted by battleworn - 22 Jun 2009 11:49

AMEIN!!!

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Re: Noora BAmaram's Journey and Journal

Posted by Efshar Letaken - 22 Jun 2009 17:08

NB,

Yes! It is a very powerful Poem.

Yonoson Schwarts has it song in Yidish on his Sefirah album Chazak #1

I highly recommend listening to it.

E.L.

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Re: Noora BAmaram's Journey and Journal

Posted by Noorah BAmram - 22 Jun 2009 17:31

EL i don't remember ever hearing that song -I love Yonason Schwartz, he is a brilliant composer with a gorgeous voice with tremendous *hartzigkiet* [heart] (*hartzigkiet*looses something in translation, doesn't it? :D)

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Re: Noora BAmaram's Journey and Journal

Posted by Noorah BAmram - 22 Jun 2009 18:00

i have had the tremendous *zchus* to hear Rabbi Tzvi M Zilberberg I for the first time, during his current stay in the States.

the only reason i went was because so many tzadikim on this forum keep talking about him, so i said to myself "don't be a fool , go what do u have to loose.

WOW WOW WOW!!!!!!!!!! the YID IS ABSOLUTELY ON
FFFFFFFFFFFFFFIIIIIIIIIRRRRRRRRRRRRRREEEEEEEEEEEEE

the main topic wasu guessed it ????????

chizuk chizuk and only chizuk

we need to *get* constant *chizuk* !!!!

we need to *give* each other constant *chizuk* !!!

he also said a brilliant thought (I'm not sure if it was his own or was quoting others)

that the worry about that maybe the Almighty is "upset" or angry at us at us because of our past sins or maybe we are not meeting our full potential, if we worry that there is any lessening of the Infinite love of ?????? > that could be included in the sin of the *meraglim* when they proclaimed ?????? that Hashem hates us

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Re: Noora BAmaram's Journey and Journal
Posted by bardichev - 22 Jun 2009 19:53

noora I can feel your excitement

I can almost see REB TZVI MEIR SHLITTA saying those holy words

can you be so kind and translate it for the common folk

love

bardichev

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Re: Noora BAmaram's Journey and Journal
Posted by Noorah BAmram - 23 Jun 2009 01:58

Bardichev mein tiera baliebt chaver,

Ich bin ein pushte Yid- how can I translate anything that Reb Zvi Meir said!! But to see him
bvchinas oraisoh who d'krosach bei [the fire of torah is burning inside him] that is something that
if I didn't see it with my own eyes, I wouldn't believe it!! Could be seeing the Tzadik on fire while
he spoke is a tikun for the p'gomie riyah! Who knows! Either way I felt a little bit that I was
witnessing a fulfillment of the dictum of chazal "just like the Torah was given in FIRE so is the
learning it supposed to be with FIRE!

He also mentioned how a person should give chizuk to the "shteeb" ie ones spouse, which
made a big impression me. Sometimes we are so busy encouraging others, when we forget that
the old "charity begins at home"

A very very pushte PROUD Yid

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The greater they are the more thoughtful they are

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Re: Noora BAmaram's Journey and Journal

Posted by Noorah BAmram - 23 Jun 2009 13:15

Today is day 77 of the "Journey of the rest of my life".

I borrow the term that Yosef told Paaroh- "bilodei" without I, without the "I".

Only when / truly, deeply, sincerely realize that / am not doing the fighting, do / have a fighting chance!!!

"For I am Hashem your G-d who raised you out of land of Egypt". if Hashem is the only "I" (-as He proclaimed from the midst of the fire on that great day...I am Hashem your G-d.....the only "Anoichy" is I Hashem) Then and only then will He/HAshem raise me now as then, out of the "tumah" of mitzraim.

My sobriety and consequently very life depends on this!!

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Re: Noora BAmaram's Journey and Journal

Posted by the.guard - 23 Jun 2009 13:56

Beautiful and powerful!

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Re: Noora BAmaram's Journey and Journal
Posted by Noorah BAmram - 24 Jun 2009 15:06

Day 78- with the hope and prayer that I never ever forget, that its not "I" that is sober xx amount of days, rather Hashem in His infinite kindness is granting me these precious days of sobriety.

The day *I* think that it is *I noorah*, winning the battle is the day *I noorah* will fall !!!!!

not maybe, not probably- ***but surely without any shadow of doubt whatsoever!*** *I Noorah* will be right back in the sewers!!!

Thank You Hashem and thank you GUE, and thanks to all the holy *briderlach* on this site for sharing you triumphs, your wisdom, your struggles and yes even your disappointments :'((which is the most difficult thing in the world to share).

with eternal love to all my holy *briderlaach*

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Re: Noora BAmaram's Journey and Journal
Posted by bardichev - 24 Jun 2009 15:41

fall shmall you are whipping the Y"H

78 days that is tremendous I am going to buy another bottle of wood ford soon...

chazak chazak

b

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