

Noora BAmaram's Journey and Journal

Posted by Noorah BAmram - 07 Jun 2009 17:27

Shalom Allechem to all my friends on this holy forum,

Today is with the help of Hashem day 61 on my sobriety journey.

I choose the name Noraah BAmram based on the famous story at the end of Kidushin where Reb Amram Chasida was faced with the battle we are all battling on this site. when he was halfway up the ladder to sin he shouted out **"FIRE IN THE HOUSE OF AMRAM - "FIRE IN THE HOUSE OF AMRAM -** I too scream out "fire in the house of Amram" "fire in the house of Amram" and all the sages came running to save him>

I hope and pray that thru my continued posting on the forum and being on the 90 day chart, somehow the fires of the YH that is waging inside me will be also be extinguished.

The chizuk and understanding that I received from all the members on this forum since I found this site about 2 months ago is absolutely indescribable and immeasurable.

Thank u to each and everyone of you- starting of course with our beloved webmaster, affectionately known around here as "Rabienu Guard" for opening up and sharing your own struggles, tips and suggestions and thereby giving me such tremendous chizuk.

I'm not the best typist in the world but i will try to keep posting as time allows.

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Re: Noora BAmaram's Journey and Journal

Posted by bardichev - 26 Jan 2010 17:22

NOORAH IF YOU SHOUT LOUD ENOUGH

BARD BAN HEAR U

U KNOW WHAT I MEAN

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Re: Noora BAmaram's Journey and Journal

Posted by OneLife - 26 Jan 2010 17:22

No problem my dear brother.

tomorrow, bli neder in *bircas cohanim* i'll ask from G-d to help you.

i don't know what is your really name, but sure G-d knows who is Noorabeamram!

don't let the menuval (Y"H) catch you, we are here for you,

just put here your feelings and we will make an effort to take care of you till the danger is past.

love you very much brother.

trust you. :-* :-* :-*

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Re: Noora BAmaram's Journey and Journal

Posted by Noorah BAmram - 26 Jan 2010 19:21

i felt that if i didn't connect and get it out in the open that im in danger, there is a greater chance of falling!

weeks can go by and im ok!

no IM not complacent and not arrogant, I know that each day is a gift from on High - yet

old thought patterns of debased lust that i thought were history....started to creep up on me.....frightening to know they are never really totally gonehow does the old saying go?

"gone but not forgotten"

yesterday was justscary

i guess the main thing is they are "gone"

Guard wrote in an old chizuk email - about Moishke the Jewish innkeeper who closed up shop and the customers kept banging on his windows ----- and He would shout out "Moishke's closed for "business" --- eventually they got the message and stopped coming!

maybe the *baal duver* will keep the &**& away from Noorah if I keep shouting "Noorah's is
> >

my deepest prayer that we all remain firmly closed for "business"

love to all

Noorah

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Re: Noora BAmaram's Journey and Journal
Posted by sci1977 - 26 Jan 2010 19:34

Stay closed for business.

KUTGW!!

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Re: Noora BAmaram's Journey and Journal
Posted by yechidah - 26 Jan 2010 19:38

always rooting for you Noorah

the resurfacing is normal.

though when it first happened to me (ie a strong struggle after a long period of being OK) I was both scared and in despair, HERE WE GO AGAIN.

But knowing that it is normal, as painful as it is, makes it somewhat more bearable.

Hang in there, dear brother

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Re: Noora BAmaram's Journey and Journal
Posted by Dov - 26 Jan 2010 22:07

As Rebbe Nachman zy"a, used to (sort of) say: Ader nisyonos, ader bizyonos... Reb Sholom Schwadron used to refer to bad business as "bizyoinos" - to him as an Israeli, the words sounded pretty much the same! You make me laugh, chaver!!

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Re: Noora BAmaram's Journey and Journal
Posted by Kedusha - 26 Jan 2010 23:22

Thinking about you, dearest Noorah!

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Re: Noora BAmaram's Journey and Journal
Posted by silentbattle - 27 Jan 2010 02:11

And eventually, we'll repopen another business there, so people will pass the store and say,
"wait - they're selling couches and furniture...this isn't the liquor store anymore!"

And they'll turn around. We need to make it clear that we've moved on, we don't live there
anymore, there's a *new* business here now (adn we don't cater to your type, sir)!

No shirt, No Shoes, No yetzer tov, No service!

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Re: Noora BAmaram's Journey and Journal
Posted by Noorah BAmram - 27 Jan 2010 03:18

thanks to each and everyone of you who responded to my cry for help..

feeling a bit better...

with tears in in my eyes

Noorah

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Re: Noora BAmaram's Journey and Journal
Posted by silentbattle - 27 Jan 2010 16:46

Your words inspire us all, even in your cry for help - we need to thank *you*!

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Re: Noora BAmaram's Journey and Journal
Posted by Dov - 27 Jan 2010 21:45

Get the tears out of your eyes and get to work, Nooraleh.

;D 8) ;D

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Re: Noora BAmaram's Journey and Journal
Posted by Noorah BAmram - 28 Jan 2010 15:25

[dov wrote on 27 Jan 2010 21:45:](#)

Get the tears out of your eyes and get to work, Nooraleh.

;D 8) ;D

Dov, cant you begrudge a fellow a little sentimentality here? if a guy gets choked up a bit, so whatis he not a "guy" anymore?

you crusty AA ole-timers :D :D :D

anyways, aye aye Sirback in to slavery gallery it is for Nooraleh ;D ;D ;D

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Re: Noora BAmaram's Journey and Journal
Posted by Dov - 28 Jan 2010 18:32

There. That's better!

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Re: Noora BAmaram's Journey and Journal
Posted by imtrying25 - 29 Jan 2010 12:44

NOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOORAH!!!!!!
!!!!!!

I cant believe i wasnt here to answer your shout out!! Bad me!! Ill never forget how you walked me through my first days here on the forum. You made me feel so welcome!! Thanks for that.

Have a great shabbos!! Wishing you all the best!!

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