

Chazak Amenu's climb

Posted by Chazak Amenu - 28 Feb 2010 02:09

I am an orthodox 14(turn 15 march 30) years old who home schools, i have come to the conclusion myself that homeschooling has nothing to do with my addiction because I don't have time to view porn during school hours do to homework. I first saw porn when I was nearing the end of 6th grade. I saw it accidentally while doing a book report for class. The character in the book was also the name of the porn star and pictures of her popped up. The first time i saw it I immediately closed down but i was curious and had just hit puberty so i opened it up again and looked. I did not know what s-x was at the time and only looked at nude pictures for a while but then I began looking for videos and could not find any for a while. I contented myself with opening multiple tabs at time viewing hundreds of non clothed females. One day I downloaded a virus thereby forcing my dad to buy a new computer. While at the store he bought me a laptop which until recently I never used because I did not want to betray my parents trust further. I found out the filters password and used it. I recently changed the password so I don't know it but no one knows it so hopefully that does not become a problem. There are still two other computers without filters. No one knows about my addiction not even my twin brother. I don't feel clean and I feel like I need to go to the Mikvah but I don't know how to go by asking without people becoming suspicious. I feel really bad because I have a slight break before learning Gemmara and a few times I have watched porn right before learning. I hope I can stop the addiction early in my life and continue to become a good Jew!

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Re: Just beggining young

Posted by Chazak Amenu - 22 Apr 2010 23:00

I fell again

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Re: Just beggining young

Posted by Chazak Amenu - 28 Apr 2010 16:56

I just thought i would write that i am now 5 days clean and so far today has gone quite smoothly

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Re: Just beggining young

Posted by silentbattle - 28 Apr 2010 17:45

Alright! Glad to hear - and as always, use this clean time to focus on how good it feels to BE clean, and also to prepare yourself for the future.

Have a great day!

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Re: Just beggining young
Posted by Chazak Amenu - 28 Apr 2010 18:08

I will try my best!

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Re: Just beggining young
Posted by commando612 - 28 Apr 2010 18:13

Way to go, CA ! You've recovered from the fall and are climbing up again. And remember, when we fall we only fall a few steps down the mountain; we're not re-starting the climb from the very bottom.

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Re: Just beggining young
Posted by Chazak Amenu - 07 May 2010 15:24

I just fell :(i am resolved to get back up stronger than ever before! i need to guard my eyes closer, not go on youtube unless looking something up very specifically, i also realized that because of the virus my dad took away the password and i can just watch whatever i would like. i am going to ask him to put a new one that only he knows. i have a lot to think about and i hope it is only uphill from here.

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Re: Just beggining young
Posted by briut - 07 May 2010 17:04

CA: I bet you can find some comfort in a few things:

1) remember how many more clean days per year you're having now than before you started this work; even a fall a week Ch'V is only 52 per year and over 300 clean ones. Think about it!

2) remember how your average "mainstream American" (i.e., goy) sees all this as normal, even an act of general discussion or even pride. And probably does it every day without a second thought. You are comparing yourself to a very small and refined set of "real" men. And you're average/okay/in-the-bell-shaped-curve even within this group.

3) every fall helps you learn how to stand again. (I almost said 'get up again' but that phrasing is sorta triggering for me. So, frankly, is your description that you fell "hard" (is there another way a guy can fall?; forgive me!!) (And should this be edited out?).

4) you've probably built up your confidence in these areas to find a way to ask your dad for a filter. Not just for your laptop, but for all the PCs in the house. I'm not giving up on this one. DO IT.

Good Shabbos. You're doing fine.

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Re: Just beggining young
Posted by Chazak Amenu - 07 May 2010 19:22

thanks. i have really been thinking over this, a few things have occurred to me, 1 is that i am being way to lax on the guarding of my eyes two is that i must some up the courage to ask for filters 3 that i should try harder to see the beauty in life and to know that p**n is not beautiful by any stretch of the imagination. 4 i know that some people advise against this but this really

helps me, plain old listening to music whether a woman is singing a man is a jew a non jew it stirs something inside of me like no other! today i listened to an incredibly moving song and i am not going to say otherwise but i cried :(this was soon after my fall and this song has made me cry maybe once or twice before but it really makes me think and feel emotionally in ways i cannot explain! i think something i should try on my agenda is listening to more music everyday. i think it will help a lot as a pick me up a stress reliever as inspiration it is indescribable how much music makes me feel. i am not going to explain it anymore because i can be quite sure some of the guys on this very forum have felt it before and it is something i feel almost every time i listen to music. i stopped for sphira but right now i need to focus on the task at hand. i need to go to youtube way less which will also give me time to other stuff i need to guard my eyes way better and i need to feel emotionally pleased which is something music accomplishes. i know i stressed music a lot here but that is only because for me it was a huge revelation. have a great Shabbos everyone!

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Re: Just beggining young
Posted by Chazak Amenu - 07 May 2010 19:29

very true. the idea is to keep moving forward but to also appreciate where youve come from.
have a great Shabbos!

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Re: Just beggining young
Posted by Chazak Amenu - 07 May 2010 20:33

[Chazak Amenu wrote on 28 Feb 2010 02:09:](#)

I found out the filters password and used it. I recently changed the password so I don't know it but no one knows it so hopefully that does not become a problem.

this is what i wrote when i introduced myself for the first time, i was just looking back at it and i thought it was pretty funny that it did cause a problem which i seemed to bypass but am still
you can see it in my thread "comes back to bite me"

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Re: Just beggining young
Posted by Chazak Amenu - 12 May 2010 00:10

i am back on the chart and today is my 4th day when so hopefully i can keep going strong!

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Re: Just beggining young
Posted by silentbattle - 12 May 2010 00:27

Alright! That's great to hear!

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Re: Just beggining young
Posted by Chazak Amenu - 12 May 2010 02:06

I think the next few weeks will be easeir not easy but easier i have a lot coming up so not a ton of time to do stuff i don't want to.

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Re: Just beggining young
Posted by commando612 - 12 May 2010 02:19

[Chazak Amenu wrote on 12 May 2010 02:06:](#)

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Great !

P.S. That avatar (picture) you chose is definitely my favorite on GYE !!

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