

Chazak Amenu's climb

Posted by Chazak Amenu - 28 Feb 2010 02:09

I am an orthodox 14(turn 15 march 30) years old who home schools, i have come to the conclusion myself that homeschooling has nothing to do with my addiction because I don't have time to view porn during school hours do to homework. I first saw porn when I was nearing the end of 6th grade. I saw it accidentally while doing a book report for class. The character in the book was also the name of the porn star and pictures of her popped up. The first time i saw it I immediately closed down but i was curious and had just hit puberty so i opened it up again and looked. I did not know what s-x was at the time and only looked at nude pictures for a while but then I began looking for videos and could not find any for a while. I contented myself with opening multiple tabs at time viewing hundreds of non clothed females. One day I downloaded a virus thereby forcing my dad to buy a new computer. While at the store he bought me a laptop which until recently I never used because I did not want to betray my parents trust further. I found out the filters password and used it. I recently changed the password so I don't know it but no one knows it so hopefully that does not become a problem. There are still two other computers without filters. No one knows about my addiction not even my twin brother. I don't feel clean and I feel like I need to go to the Mikvah but I don't know how to go by asking without people becoming suspicious. I feel really bad because I have a slight break before learning Gemmara and a few times I have watched porn right before learning. I hope I can stop the addiction early in my life and continue to become a good Jew!

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Re: Just beggining young

Posted by briut - 26 Mar 2010 14:45

[Chazak Amenu wrote on 23 Mar 2010 23:16:](#)

Pesach will be great! cant be on the computer during Yomtov or Shabbos!

And so if you treated Chol Hamoed like it was yomtov, you'd be able to keep off the computer for those days, too? Cool!

(It always amazes me how folks can avoid cigarettes for Shabbos, or cheeseburgers for being shomer-kashrus, etc while still struggling with other addictions. Have you ever seen a kid in a supermarket checkout whining for a chocolate bar, only to back off immediately when Imma says there's no hechsher? If only we could somehow turn our taivas into something assur min

haTorah in a way that we'd know to stay away.)

May you have a safe, free, peaceful, elevating Pesach.

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Re: Just beggining young

Posted by Holy Yid - 26 Mar 2010 15:14

clean time should be time for growing. When you are clean lool to do allot of chesed.

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Re: Just beggining young

Posted by Chazak Amenu - 28 Mar 2010 01:25

Briut, it is really funny i have thought about that a lot! like we all have an addiction to viewing p**n and when we have more time to do it like lets say on a shabbos afternoon while people are sleeping or whatnot we are repelled by the fact of desacrating the Shabbos it is really strange! anyway i hope everyone ids doing alright and i wish everyone a great and happy pesach just in case i don't post again(i probably will just covering my bases)!

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Re: Just beggining young

Posted by briut - 28 Mar 2010 22:43

CA: I was just listening to some tapes by R' Aryeh Pamensky on Shalom Bayis. (Found thru GYE, by the way. Thanks.)

He talks about the limits we set on our arguments with a spouse. Yell - fine. Point fingers - no sweat. But things we KNOW are off-limits, like hitting or whatever -- we know better. Just like we know not to scream at our boss. We have limits.

For the guys here, we might know no such limits in our sexuality. The faucet is opened and the floods begin. But SOMEHOW, I think that SOMEWHERE is a place where we can build an artificially-created boundary for ourselves. A prosthetic "stop button." A way to know that we have lines we won't cross.

So, just like Shabbos desecration is off-limits, maybe we can build ourselves a plastic version of putting certain lust behaviors off-limits. Our experience as shomer mitzvos Jews should OUGHTA be good for some kind of starting point, maybe.

Just a thought. Good yomtov.

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Re: Just beggining young

Posted by trying123 - 29 Mar 2010 05:27

Some food for thought:

Is it that we have no boundaries or that our boundaries are set much further than others... (quiet a few guys have been addicts for years and yet never actually committed adultery...

Will boundaries created artificially, last?

Is it possible to take the boundary we already have and set it just a bit closer...?

(P.s. this is obviously not the 12 step approach.... but who knows...)

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Re: Just beggining young

Posted by Holy Yid - 29 Mar 2010 07:14

HAPPY BIRTHDAY!! don't know if I will have time to post tomorow :-)

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Re: Just beggining young

Posted by Chazak Amenu - 29 Mar 2010 13:51

Thanks holy Yid for remembering my B-Day I know i am supposed to take it one day at a time but i hope that this birthday Will signify the end of my p**n watching and new chapter in my life! I hope everyone has a great and meaningful Pesach!

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Re: Just beggining young

Posted by Holy Yid - 29 Mar 2010 14:36

the new chapter is one of being committed to recovery. taking it one day at a time.

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Re: Just beggining young

Posted by Chazak Amenu - 29 Mar 2010 16:17

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Re: Just beggining young

Posted by silentbattle - 29 Mar 2010 19:34

Happy birthday - and yes, we take it one day at a time, but I think that there's the plan of living clean from now on.

May this be a year of growth and happiness for you. One in which you feel proud of yourself.

And you should already feel that way, for the growth you've done, and your effort and willingness to continue to improve!

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Re: Just beggining young
Posted by Dov - 29 Mar 2010 19:44

Amen and thanks!

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Re: Just beggining young
Posted by Holy Yid - 29 Mar 2010 20:14

we plan to LIVE Clean not be H*** bent on not falling. We LIVE clean by staying clean and being honest and then more honest.

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Re: Just beggining young
Posted by DovInIsrael - 31 Mar 2010 19:56

happy birthday!

wow!

its incredible that you are able to look at your self and try to change at your age.

I often wonder how different my life good have been if I did something different at age 17 when I started with this stuff.

but instead I just kept digging a deeper hole.

i once heard it said - the first step to getting out of rut is to stop digging!

onward!

forward!

upward!

dov in israel

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Re: Just beggining young
Posted by Chazak Amenu - 01 Apr 2010 17:50

Thanx guys!

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