

Chazak Amenu's climb

Posted by Chazak Amenu - 28 Feb 2010 02:09

I am an orthodox 14(turn 15 march 30) years old who home schools, i have come to the conclusion myself that homeschooling has nothing to do with my addiction because I don't have time to view porn during school hours do to homework. I first saw porn when I was nearing the end of 6th grade. I saw it accidentally while doing a book report for class. The character in the book was also the name of the porn star and pictures of her popped up. The first time i saw it I immediately closed down but i was curious and had just hit puberty so i opened it up again and looked. I did not know what s-x was at the time and only looked at nude pictures for a while but then I began looking for videos and could not find any for a while. I contented myself with opening multiple tabs at time viewing hundreds of non clothed females. One day I downloaded a virus thereby forcing my dad to buy a new computer. While at the store he bought me a laptop which until recently I never used because I did not want to betray my parents trust further. I found out the filters password and used it. I recently changed the password so I don't know it but no one knows it so hopefully that does not become a problem. There are still two other computers without filters. No one knows about my addiction not even my twin brother. I don't feel clean and I feel like I need to go to the Mikvah but I don't know how to go by asking without people becoming suspicious. I feel really bad because I have a slight break before learning Gemmara and a few times I have watched porn right before learning. I hope I can stop the addiction early in my life and continue to become a good Jew!

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Re: Chazak Amenu's climb

Posted by jamies - 07 Jun 2010 23:05

nice one! so happy for you mate...fells good doing well today no?

keep it up bro!

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Re: Chazak Amenu's climb

Posted by briut - 08 Jun 2010 12:29

[Chazak Amenu wrote on 06 Jun 2010 21:57:](#)

congratulations to Briut on reaching 90!

Thanks, CA.

You've been making me more aware of all the time I spend online looking for bargains (spend less) when I could be focusing on building more clients (earn more). All the stuff you've taken on, in your teens, is the stuff that folks seem to struggle with throughout a lifetime.

I expect that your consciousness in these tricky topics will give you a much more advanced "base" to work from throughout your life. I've been hearing much about a book that analyzes super-experts in their respective fields. The common thread seems to be that they had a HUGE advantage over others in the NUMBER of repetitions of their basic skills at an early point in life.

The Tiger Woods types had like a million practice swings by the time they were 18, compared to like 50K for other would-be golfers. (I'm talking about golf swings!) The best pianists had played their scales a million times more, etc. Conclusion: the vector of success has a huge head start when the skills are built a few years earlier than the competition.

I know you get a lot of admiring comments about starting young. I'm not trying to add just another 'attaboy' onto the list. I'm trying to say that the results you'll get will be exponentially (!) ahead of where you'd be if you just sat around like a until you got older.

So, it's clear that there's one project here where you are NOT procrastinating. And it's really gonna count on the final. I mean, His final. So maybe there's a little bit of comfort for you to take from that.

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Re: Chazak Amenu's climb

Posted by Chazak Amenu - 08 Jun 2010 17:59

maybe a little. I feel i have to do it because other wise i am tanking my life, similar to the por* thing accept that this may have more of an affect on my future

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Re: Chazak Amenu's climb

Posted by 7yipol - 08 Jun 2010 18:49

[Chazak Amenu wrote on 07 Jun 2010 22:37:](#)

well today i controlled my procrastination pretty well...but when my mom left for a few minutes i slipped but she came back quickly so i continued school and the urge left. THANKS MOM, not talking to 7up but might as well thank her as well, Thanks MOM!

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Re: Chazak Amenu's climb

Posted by briut - 08 Jun 2010 20:18

[Chazak Amenu wrote on 08 Jun 2010 17:59:](#)

this may have more of an affect on my future

I've heard there IS in fact a Procrastinators Anonymous 12-step program getting set up. It should be here tomorrow. But of course it's got a step missing. They'll be announcing the meeting location soon.

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Re: Chazak Amenu's climb

Posted by Chazak Amenu - 08 Jun 2010 20:20

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Re: Chazak Amenu's climb

Posted by briut - 08 Jun 2010 20:32

[Chazak Amenu wrote on 08 Jun 2010 20:20:](#)

Spoken like a true procrastination addict. I suppose the rest of your comment will be coming later....

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Re: Chazak Amenu's climb

Posted by Chazak Amenu - 08 Jun 2010 20:46

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Re: Chazak Amenu's climb

Posted by Chazak Amenu - 09 Jun 2010 00:33

today i got good work done in the morning, and around 4:30 my mom left to pick up my sister from her internship, and i was feeling frustrated and stressed and so i started to slip intentionally, and was going to fall i did not want to call out but i made myself call out to maccabee and he save me from my fall. both of us have been talking so instead of falling i got

behind on my work...not too much thank gosh. so me and him are both depressed but we will live. so i am happy i called out and hopefully my streak can commence.

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Re: Chazak Amenu's climb

Posted by Chazak Amenu - 10 Jun 2010 22:35

Hello everyone, today went pretty smoothly in terms of the whole por* and masturbatio* thing, I am at level two as of last night, hopefully i can keep going and the days get a little easier than the past few, Congrats to Shlomo on finally getting the news that he can go to Israel! Maccabee stay strong!

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Re: Chazak Amenu's climb

Posted by Chazak Amenu - 13 Jun 2010 03:06

Hello, I just thought i would give a quick update, i am still clean but i m am also still in a bad and depressed mood and my mom keeps yelling at me that i have attitude and it is just making matters worse. i am tense that even though i have been KEEPING UP with my work the past week, i have not caught up so i am afraid they (my parents) will find that stuff tomorrow, I think if i can get by tomorrow i should be able to catch up...its all up to Hashem though.

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Re: Chazak Amenu's climb

Posted by Chazak Amenu - 14 Jun 2010 02:56

well today went pretty well, i was able to play basketball which always makes me feel better so now i am in a relatively good mood. i procrastinated on friday and am going to pay for that tomorrow. I hope that i do well tomorrow because i really don't want to fall! its the start of a new month.

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Re: Chazak Amenu's climb

Posted by briut - 14 Jun 2010 03:03

CA: As much as I like to hear your posts, I'm actually sorta happy to see that you're only posting to your own thread about once a day. Gives you time to catch up on other projects. .

It's not only good for schoolwork and stuff, but I'm guessing that when your hands are busy with the work you've been putting off, they're too busy for . Shkoiach!

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Re: Chazak Amenu's climb

Posted by teenagehelp - 14 Jun 2010 03:31

Glad things went well today! Keep it up!!! :D

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