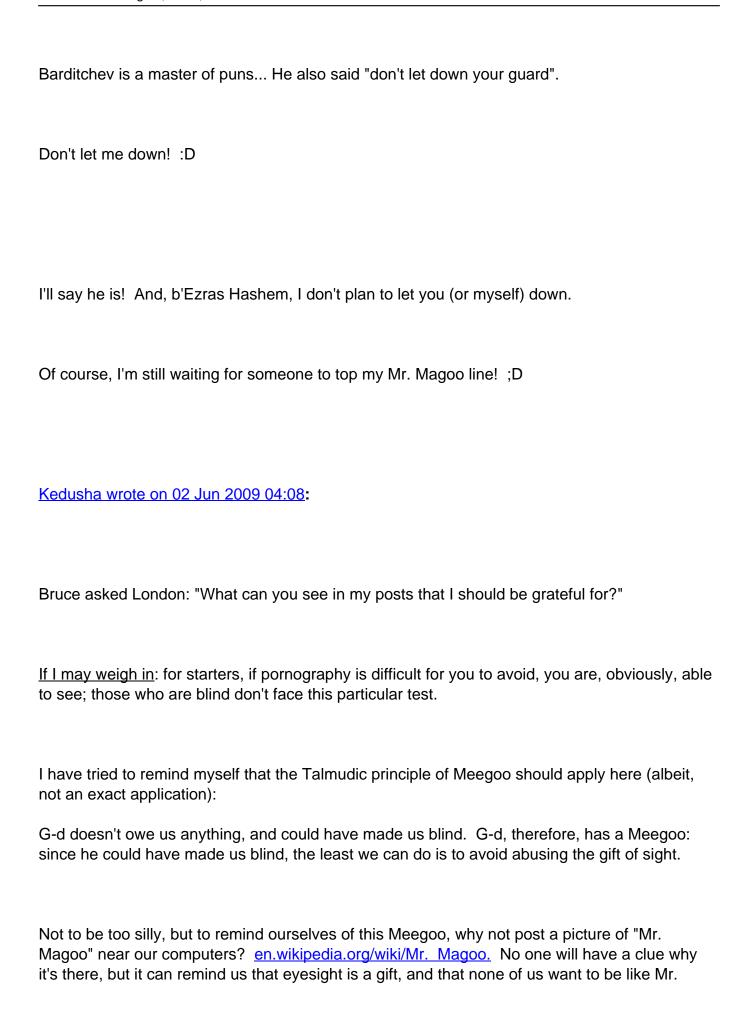
GYE - Guard Your Eyes Generated: 4 August, 2025, 03:39

| Kedusha's Progress Posted by Kedusha - 25 May 2009 20:03 | | |
|--|--|--|
| Dear Guard: I have indeed been sending my progress e-mails to wallohonor@gmail.com . Somehow, they are not getting through. So, instead, I will keep you posted from here. | | |
| ===== | | |
| Re: Kedusha's Progress Posted by the guard - 04 Jun 2009 16:53 | | |
| Barditchev is a master of puns He also said "don't let down your guard". | | |
| Don't let me down! :D | | |
| ======================================= | | |
| Re: Kedusha's Progress Posted by bardichev - 04 Jun 2009 17:40 | | |
| a HUMBLE master of puns | | |
| h&h | | |
| bardichev | | |
| ======================================= | | |
| Re: Kedusha's Progress Posted by Kedusha - 04 Jun 2009 17:46 | | |
| guardureyes wrote on 04 Jun 2009 16:53: | | |

1/7



| GYE - Guard Your Eyes Generated: 4 August, 2025, 03:39 Magoo, who won't ever be faced with the test of pornography. | | |
|--|---|--|
| | | |
| ======================================= | :====================================== | |
| | | |
| Re: Kedusha's Progress Posted by Kedusha - 05 Jun 2009 14:06 | | |
| Boruch Hashem, I am up to 18 days. | | |
| A wonderful Shabbos Kodesh to all! | | |
| ======================================= | :====================================== | |
| Re: Kedusha's Progress Posted by the.guard - 07 Jun 2009 10:41 | | |
| Chart updated. | | |
| Mazal tov on reaching level 3!;D | | |
| ==== | :====================================== | |
| Re: Kedusha's Progress Posted by Kedusha - 07 Jun 2009 14:36 | | |
| Thank you, R. Guard. Boruch Hashem, I am up | o to 20 days. | |

Re: Kedusha's Progress

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Generated: 4 August, 2025, 03:39

Posted by Kedusha - 07 Jun 2009 14:47

I expect a busy week, IY"H, so I may not have time to access the forum or reply to posts. I wish everyone a week of Bracha and Hatzlacha!

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Re: Kedusha's Progress

Posted by the guard - 07 Jun 2009 14:49

Kulam Kedusha Lecha Yishaleishu.

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Re: Kedusha's Progress

Posted by Kedusha - 08 Jun 2009 14:54

Thank you, R. Guard.

I am logging on briefly to report first that, Boruch Hashem, I now have 21 days.

Also, I want to note what just happened. I was reading a perfectly innocent Wikipedia article, which had a completely inappropriate picture by one of the "classical artists." As soon as I realized that the picture was inappropriate (it took me a second or two, because it was completely unexpected), I closed out of the article. If I were to disclose which article it was, you would be amazed that temptation can be found even in such an article. I won't do so, however, so as not to tempt anyone to take a look!

Anyway, forewarned is forearmed. Wikipedia is great for looking up specific subjects, but it is not recommended for browsing through.

I wish everyone a wonderful day, where we appreciate the true beauty of the Ribbono Shel Olam's world, and experience none of the ugliness!

By the way, yesterday I had to remove a dead bird from my basement. It was quite unpleasant and disgusting. But the feelings of unpleasantness and disgust were short-lived, and I "recovered" pretty quickly. Compare this to when we, c"v, engage in disgusting behavior that affects our Neshama. In that case, the feelings of pain and disgust are much worse, and take much longer to go away. So next time anyone is tempted, just remember: you'd be far better off picking up a dead bird than giving into your temptation!

Re: Kedusha's Progress
Posted by the guard - 09 Jun 2009 17:35

Reminds me of this story:

One of the previous Karlin Rebbe's was once served an expensive dish of cooked pigeon. When he felt Nimshach after the Taavah, he stopped himself and began to think about all the places the bird hung out, in garbage, in excrement. And he thought about the things the bird ate, worms, insects, until the Rebbe began to gag and pushed away the plate.

That's the idea behind the "last resort" tip on the "practical tips page" (the bottom of the page).

Kedusha, you have a great attitude and Hashem is helping you and giving you strength to get better and inspire us all!

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Re: Kedusha's Progress Posted by Kedusha - 09 Jun 2009 18:16

Thank you, R. Guard, for the very kind words. Boruch Hashem, I am up to 22 days.

The last resort tips should, as the name implies, be used only as a last resort, as they may have unpleasant side effects. It's sort of like not taking prescription painkillers where regular Tylenol will do. That is why the Gemarrah in Brachos gives many suggestions for how to fight the y"h, but only as a <u>last resort</u> suggests remembering Yom HaMisa, which can bring a person to unhappiness or depression.

Re: Kedusha's Progress

Posted by bardichev - 10 Jun 2009 14:55

HERE IS THE KEY THAT EVERYONE IS MISSING

SORRY TO BURST EVERYONES BUBBLE

THE GEMARA STATES CLEARLY

LI-OLAM YARGIZ ADAM YETZER TOV AL Y"H THEN IT CONTINUES ON TO SAY IF YOU WIN IS BEST IF NOT YOU HAVE THE 3 SOLUTIONS WITH TORAH KRIAS SHMA YOM HAMISA

BUT DON"T LOSE FOCUS THE GEMARA SAYS CLEARLY!!! LIOLAM

ALWAYS ALWAYS MEANS ALWAYS LIKE THE CHIZZUK E_MAIL OF HARRY FISHER THE SOLDIER IN PATTONS ARMY FIGHT FIGHT

HE THE Y"H IS HITTING YOU. YOU HIT HIM. HIT HIM WITH EVERY TRICK YIOU KNOW OF.BE COOL TRY TO OUTSMART HIM

AS A HISTORICAL NOTE D-DAY WAS A SURPRISE ATTACK THE GERMANS ALWAYS THOUGHT THE ALLIES WILL CROSS THE ENGLISH CHANNEL .THE ALLIES SET UP ARMY BASES ON THE ENGLISH SIDE THEY DID MANUVERS THEY HAD MOCK ARMY BROADCASTS FROM THERE

AND THEN BOOM BOOM BOOM THEY CAME INTO FRANCE FROM THE BEACHHEADS THE MOST DANGEROUS WAY.BUT THEY WERE COOL THEY OUTSMARTED THE YEMACH SHEMAM.

LETS STORM THE BEACHES(figuratively) and fight fight

11:16:17 AM). Your insight is an important one.