

Britt's Beyond

Posted by briut - 02 Feb 2010 18:00

Dear Friends: Sorry I've been off in my own mind these last couple of days and not posting.

I've had a very very emotionally busy couple of days as I approach the end of a 20-day kaballa to be clean. Here's an update, and I'm hoping for your insights/comments.

That kaballa ends this evening. I've learned a lot. I want to express my thanks to all of you for jumping in to post, even in the face of some pretty long rambling posts without clear message. It means a lot.

And to the author of many insightful PMs, your direct, almost brutal comments scared away a lot of delusional thinking and brought me a tremendous sense of clarity. Saying thank you doesn't even come close to my gratitude for your time. I'd love to hear from the decades of accumulated wisdom here on the forum.

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Re: La-Briut and Beyond!

Posted by briut - 09 Apr 2010 13:40

Dov, No, I think SE isn't incredible in either sense. He just picked up on the fact that my overly-cerebral, highly-symbolic moshol-ized quotes weren't really "real" about the problem. At least, that's my take.

And it's a point well taken. (Have you ever noticed that I can be wordy and cerebral at times ?)
Thanks, SE.

But, in terms of looking for 'tools' before I can attempt a better 'fix,' my view of this imagery as of this morning is:

"stop searching.

start dancing.

take a little waltz around the room and celebrate the internal rain shower.

if i must dig under the pipes, maybe i'll find the pot of gold under my stove that they told me about in Warsaw (an old moshul; sorry).

celebrate.

above all, no giving in to yei'ush.

DANCE!!!"

Let's put that to music before I forget it.

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Re: La-Briut and Beyond!
Posted by Dov - 09 Apr 2010 16:42

If you want something put to music, my friend, *get thee to a bard-ery!*

To bardy's pub! Away!!

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Re: La-Briut and Beyond!
Posted by Steve - 09 Apr 2010 18:36

[dov wrote on 09 Apr 2010 02:53:](#)

[shemirateinayim wrote on 07 Apr 2010 22:35:](#)

[Briut wrote on 07 Apr 2010 03:17:](#)

Over yomtov, I had this image.....Somehow, for all these years I've kept the pipes working without leaks by wrapping more duct tape. The repairs don't meet code (Shulchan Orech) but they work. Somehow I'm now expected to replace all this crazy pipework with something new and streamlined and code-friendly.

OK so shutoff the water main in your house...located somewhere before it goes to the hot water boiler. and now go buy a blowtorach from the home depot/lowes (\$25-) and mybe also the homeDepot do-it-yourself-book.

you will need to heat the pipes, and then apply sodder. I have once seen it done with old pipes, and they essentially flooded the basement, untill all the piping emptied. and then then dried it with a peice of chalah (even if it gets stuck in there, it will eventually wash through the blumbing without getting stuck!) now heat the pipe till -realy hot- and move the flmae of the blowtorch tot he opposite sife if the pipe you are working on, make shure you brushed gthe uotside and inside of the copper fittings with a 'burring' tool, and apply the solder.

The laws of the 'capilary efffet' will suck th solder into the fitting, leaving you with a slight ring of solder on the outside. (hint: you can wipe the excess with a moist sponge, you don't need it on the outside only on the inside) . tada a not-so-simple do it yourselfer....

hint: checkep the number of a good plumber b4 you start...just in-case things dont go "as planned"

hatzlacha.....

BOB the builder (hey if ssteve from blues clues had his issues...and the head clown for barnum and bailey watched child ---- , even bob can be an SA)

Did anybody else actually **read** this? This guy is either incredible, or well...incredible. I think he is also serious!

Gut Shabbos....

Well, this is ANOTHER Steve's opinion -

Before beginning any plumbing job, it's important to take out a book from the library that gives you a handy list of expletives, and examples of how to use them...

Oh, and you absolutely **MUST** adjust your pant's waist height in the back if you want that "professional" look... (i know, i'm a cheeky devil...)

Briut, I am constantly amazed at your posts, your insights, and your chizuk to others.

KUTGW?

(Kan U sTomach a Gallon of Woodford?)

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Re: La-Briut and Beyond!
Posted by briut - 11 Apr 2010 14:28

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Steve: thanks. I've been thinking a lot lately about how to take these [bent] pipes and make them a little more [straight]. [You Brits who've read my back-story will understand more than the rest of us Yankers. Or was that, Yankees.]

I've got some good possibilities, but happily they don't involve adjusting my pants or anything. [grin] Sof sof, I'm just trying to be a poshete Yid, trying to grow a little every day [in my mind and my middos, I mean].

But Steve, when you say 'amazed' at posts, insights, etc - I'm really baffled. I don't think it's just my insecurity that wonders what part of my rambling and random journal-writing could be offering any chizuk. If you let me know what you're even talking about, maybe I could help out the klal by focusing more on that kind of post. In the meantime, I've been assuming that I'm "whistling in the dark" except for the very occasional KOT attaboy post. Like yours! For which I say, THANK YOU.

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Re: La-Briut and Beyond!
Posted by Dov - 11 Apr 2010 15:50

[Steve wrote on 09 Apr 2010 18:36:](#)

[dov wrote on 09 Apr 2010 02:53:](#)

[shemirateinayim wrote on 07 Apr 2010 22:35:](#)

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BTW...

How do plumbers get high?

Ready?

Plumber's Crack!

Sorry....hey, I think Briut's stuff (and yours, too Shteve) is amazing!

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Re: La-Briut and Beyond!

Posted by briut - 11 Apr 2010 22:14

I haven't been counting any days toward 90 -- trying to take it one day at a time.

But at whatever day I'm on, I'm feeling "that" buzzing in my body. The generalized RID irritability and nervous tension and whatever that makes the YH say, "I know JUST how you can take care of this." Plus, of course, that other buzz that hits a little, er, lower.

And I don't feel like I have anything to fight back with. Maybe surrender becomes the only option, even without hitting bottom. Hmmnn.

Any hints, guys?

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Re: La-Briut and Beyond!
Posted by Me3 - 11 Apr 2010 23:30

Go out and do something fun, but kosher fun.

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Re: La-Briut and Beyond!
Posted by briut - 11 Apr 2010 23:56

Hmmnn. But just this one little aveira and then I can go do tshuva tomorrow? (Man, what am I even THINKING. This is just weird.)

I just put out a lifeline on 'about to fall.' Let's see who's monitoring. PM me and I can phone or PM or whatever.

PS, MeMeMe: didn't think I'd hear from YOU for another 3.5 days. Thx for checking in!

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Re: La-Briut and Beyond!
Posted by silentbattle - 12 Apr 2010 01:25

Typing out our thoughts is good - it lets us see just how ridiculous they are, sometimes!

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Re: La-Briut and Beyond!
Posted by briut - 12 Apr 2010 02:55

Yesod sheb'gevura. Tonight's sefira count. As in, sexuality contained in strength. So THIS is the night I found an amazing urge to act out? What comedy! That Y'H has a great sense of humor.

I've been trying to think of some kabala or shvua or something that would make a temptation seem less tempting next time. I have an idea. What do you experts think? Namely,

"Sure, I'd be HAPPY to act out! But I promised myself I'd lose 10 pounds before treating myself to a little fun. You wait right here, and I'll be back when I've lost 10 pounds and we can have a PARTY!"

Sadly, I think I'd lose the ten pounds in no time, but happily I think I'd lose the urge to act out by the time I'm thinner. And I will have taken some weight off in the meantime!

Any wisdom somewhere behind such a crazy thought?

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Re: La-Briut and Beyond!
Posted by Me3 - 12 Apr 2010 03:08

Certainly. Every second you can push off the yh is immeasurably important (Besides you could stand to lose a few pounds, anyway)

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Re: La-Briut and Beyond!
Posted by briut - 12 Apr 2010 03:13

Could stand to lose a few pounds??

How would you know..... Wait, Me3, was that YOU in the hot tub that night? (I'm so bad with names, sometimes.)

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Re: La-Briut and Beyond!

Posted by Dov - 12 Apr 2010 03:50

Maybe you have had too much plumber's crack....just kidding, it seems like a nice thought to me...but just a thought on your thought:

It seems to me that Yesod is not exactly *sexuality*, per se'. It's more like "connection", or "the ability to connect", no? See the sefer "*Usfartem Lachem*" (if you haven't already).

This would give nice context to the idea of bris haloshon and bris hama'or both being related to Yosef hatzadik and Yesod. Eating and speech are connectors. In the case of *eating* it is connecting me with kochos/kedusha in other objects (water, cows, apples, gefilte fishes, for example) that I am missing, and making them part of *me*. It also maintains the living connection between my guf and neshoma. *Speech* is the same idea, but for people - it connects people so one can complement the other via *communication* and maintains relationships through *understanding* each other (Da'as).

Sexuality does the same - it connects a man and a woman in order to complement/complete each other, and fosters a relationship (understanding - Da'as) with each other that can get scarily real. It breaks down all the barriers there are supposed to be between people - and that is very special: "Ein ish meis ella le'ishto, v'ein isha meisa ella l'ba'alah." The connection need never end. Real scary for Henny Youngmann types!

Of course, schmutz is *all* and *only* about rendering the barriers irrelevant: Total strangers. On a page that *anyone* can see. There is no developed connection, only the *indicators* of connection - only desire. It wields awesome power, yes - but it's not real "sexuality", in my book. And I always knew it while I was doing that, R"l.

For me, it also puts into a nice light the other big issues of Yosef hatzadik: Bitochon and

mesiras nefesh. Obviously, Bitachon is the truest *emotional* measure of one's connection to Hashem. Only if there is a true relationship is there Trust. Mesiras nefesh is the *active* measure of one's relationship with Hashem. If He is really my G-d, why would I hold anything back from Him? "Ani l'Dodi" *because* "Dodi Li!".

I love you, and hope that this megillah was not out of place. Just having some fun at 1149 at night....guteh nacht!

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Re: La-Briut and Beyond!

Posted by DovInIsrael - 12 Apr 2010 12:23

I am a nothing...with nothing to offer - other my friendship and regards..

Hi.

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