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Momo II: Another try Posted by Momo - 17 May 2009 10:10 Hi everyone, After originally joining this forum, my first streak was the best for me (24 days). That was accompanied by almost daily posts and the chart. More important than the number of days, during this streak I really felt the Kedusha and that was an amazing feeling. I felt that I was actually getting rid of lust from within me. However, after I fell, I gave up with the forum and chart, and had smaller streaks. I make efforts to try again, however, I never reached the feeling of Kedusha during the shorter streaks (that were between 5 and 20 days). I also never felt that I was getting rid of the lustful feelings. I was just counting days until the next fall. Anyway, I'm ready to try again with the chart and posting on the forum. I'm ready to make a REAL effort again but I've been feeling very lonely for the past few days, and I need the chizuk from this board to remind me that I'm not alone, and someone cares if I try or not. Here's another try to feel the Kedusha and attempt to rid myself of the lust... My first clean day was May 12, so yesterday (May 16) counts 5 clean days so far. May HaShem help me. Re: Momo II: Another try Posted by Ykv_schwartz - 14 Dec 2009 06:18

HAPPY CHANUKA, MOMO

Sorry I was not able to talk yesterday. chanuka is a busier schedule than normal. You can call me today at the time I gave you . I should be available.

Yaakov
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Re: Momo II: Another try Posted by Momo - 14 Dec 2009 06:28
Today is the beginning of my to be surfless workday #4 (out of eight). Still truckin' and 6 days clean.
), my health, and the opportunity to prove one more time that I CAN be at work a whole day and not surf.
Habib, IT25, Trying, "Mom", anybody else (?), you guys in the House of GYE? Good day to you!
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Re: Momo II: Another try Posted by Momo - 14 Dec 2009 07:02
guardureyes wrote on 13 Dec 2009 21:46:
I spoke to Uri for an hour and a half by phone Basically we're good now

I'm grateful for my family, my GYE friends (including Uri

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==== Thank you Guard. That was very kind of you.
Re: Momo II: Another try Posted by TrYiNg - 14 Dec 2009 07:23
Understatement
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Re: Momo II: Another try Posted by Momo - 14 Dec 2009 07:40
IT25, please wish me good morning.
I'm waiting for your broken record to play
Feeling weakneed chizuk
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Re: Momo II: Another try Posted by Ano Nymous - 14 Dec 2009 07:45
Good morning Momo!! I stayed up until 3AM so I could say good morning to you. That should make you feel very important :D
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Re: Momo II: Another try Posted by Momo - 14 Dec 2009 07:46

So I feel lonely at work. How does that explain why I'm itching to surf? How does surfing relieve me of my loneliness? Any ideas?
That's why I love shmoozing with you guys.
I sit in my little cubical, hidden away all day. I also work independently; I'm not part of a larger team.
OK, I think I figured out why I hate my job. I need to talk to people. I'm a social animal! Who would have thought that of a wallflower?
Re: Momo II: Another try Posted by Momo - 14 Dec 2009 08:42
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Now get some sleep! :D
But, the fact you did stop to say good morning to me at 3 am, I do feel honored.
I hope you're kidding.
Good morning Momo!! I stayed up until 3AM so I could say good morning to you. That should make you feel very important :D

Re: Momo II: Another try Posted by 7yipol - 14 Dec 2009 09:21
Chag sameach Momo.
Hope you are feeling happier.
I think your insight into work makes a lot of sense.
Man is not meant to live alone and 8 hours a day is a mighty long time.
Im not Rav Shlachter, but my guess it that surfing connects you to 'action', 'excitement' and 'stimulation' -
all the things you are lacking in your real work world.
So you run away from boring work and run to the glittery 'life'.
Only its not really life. Its a Hollywood bubble; no more than an airy hologram. Today is day 4 of real life. Grab it with both hands and surprise yourself when it doesnt evaporate into thin air
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I'm going crazy here!
Bored at work.
Not working.

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Generated: 24 August, 2025, 15:33 Can't surf. Checking GYE every 2 minutes and listening to the radio. Waiting for my 8 hours to pass so I can go home. Falling behind in my work schedule. I care but don't care at the same time. What am I do to??? Re: Momo II: Another try Posted by 7yipol - 14 Dec 2009 10:11 Force yourself to work but create an incentive 'reward' for x hours work. Sufganiot seem a great place to start! Re: Momo II: Another try Posted by Momo - 14 Dec 2009 11:14 Thanks 7Up, but I need more opinions for this one. Can someone else with advice advise me? I'm going crazy!!! I just went for a walk. Chatted with Uri. Anything but working.

I want to quit, but I don't know what I'll do after that.

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Re: Momo II: Another try

Posted by imtrying25 - 14 Dec 2009 11:15

imtrying25 wrote on 10 Dec 2009 10:31:

imtrying25 wrote on 09 Dec 2009 12:09:

I think I'll need the GYE cheerleeding section for the next 2 weeks to help encourage me through this.

LETS GO MOMO YOU CAN DO IT LETS GO MOMO YOU CAN DO IT

7/9

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