

Momo II: Another try

Posted by Momo - 17 May 2009 10:10

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Hi everyone,

After originally joining this forum, my first streak was the best for me (24 days). That was accompanied by almost daily posts and the chart. More important than the number of days, during this streak I really felt the Kedusha and that was an amazing feeling. I felt that I was actually getting rid of lust from within me. However, after I fell, I gave up with the forum and chart, and had smaller streaks. I make efforts to try again, however, I never reached the feeling of Kedusha during the shorter streaks (that were between 5 and 20 days). I also never felt that I was getting rid of the lustful feelings. I was just counting days until the next fall.

Anyway, I'm ready to try again with the chart and posting on the forum. I'm ready to make a REAL effort again but I've been feeling very lonely for the past few days, and I need the chizuk from this board to remind me that I'm not alone, and someone cares if I try or not.

Here's another try to feel the Kedusha and attempt to rid myself of the lust...

My first clean day was May 12, so yesterday (May 16) counts 5 clean days so far.

May HaShem help me.

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Re: Momo II: Another try

Posted by imtrying25 - 10 Dec 2009 10:49

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[Momo wrote on 10 Dec 2009 10:48:](#)

[imtrying25 wrote on 10 Dec 2009 10:33:](#)

Hey hey hey....werent you the one who almost took my head off for writing in big fonts????

I was referring ot the Guardster. Hes always **YELLING** at me for writing in big fonts.

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Re: Momo II: Another try

Posted by Momo - 10 Dec 2009 10:51

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I think cheering is allowed and yelling isn't.  
I dunno, but on my thread, big fonts are allowed.

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Re: Momo II: Another try

Posted by the.guard - 10 Dec 2009 11:00

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Momo, see reply #7 through #9 on [this page](#).

Wattayasay?

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Re: Momo II: Another try

Posted by Momo - 10 Dec 2009 11:08

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Interesting. Thanks for showing me that thread that I might have missed.

I think you're probably right. In Rav S's words, my 2 weeks is to force me to not run to my safe house (internet), and see what happens.

If I live, I'll know what I do in order to live and that I can do it without meds. If I can't live, then I'll need the meds.

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Re: Momo II: Another try

Posted by habib613 - 10 Dec 2009 11:46

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YAY!!! 5 things. and they're GOOD ones.

so did i miss the joke again today? :D :D :D

[Momo wrote on 10 Dec 2009 10:45:](#)

I actually woke up this morning grateful to HaShem for giving me the opportunity to prove this to myself a second time. This is a biggie for me since for a long time I'd wake up, immediately regret the day ahead, and not understand why HaShem gave me back my soul. Ach, I hated feeling like that.

i hate it too... so glad you were happy this morning. changes the whole tone of the day, right?

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Re: Momo II: Another try

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Posted by Momo - 10 Dec 2009 11:51

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You know, I was thinking about it.

What I'm trying to do, the 2 weeks isn't the 90 days. Here's the difference:

During my 2 weeks I'm "allowed" to act out as much as I want while in the 90 days you can't.

Letting me act out makes the 2 weeks not a control issue. Instead, it's about me not running to the Net and learning how to live.

Don't worry, I haven't acted out yet, and I don't plan on it. I figure while I'm stopping surfing forbidden images and that lessens my lust, I might as well not act out.

I'm killing 2 birds with one stone. But the fact I can act out if I want to makes it more manageable.

(Again, this is only for me, not to condone acting out. I need to first work on my learning how to live, then I can deal with the lust issue.)

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Re: Momo II: Another try

Posted by Momo - 10 Dec 2009 11:58

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[habib613 wrote on 10 Dec 2009 11:46:](#)

YAY!!! 5 things. and they're GOOD ones.

so did i miss the joke again today? :D :D :D

so glad you were happy this morning. changes the whole tone of the day, right?

Thanks for the compliment.

No real joke, but I posted some light-hearted posts with lots of smileys. I hope that counts.

Yes, how we wake up and view the day when saying Mode Ani does change the focus of the entire day.

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Re: Momo II: Another try  
Posted by habib613 - 10 Dec 2009 12:01

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i paskin it counts...

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Re: Momo II: Another try  
Posted by 7yipol - 10 Dec 2009 13:05

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This thread is becoming the in place to be if one wants to smile and chill :D

Momo; keep it coming!

I feel like a mama bird watching her chicks discover that they have wings  
and can actually fly!

Fly Momo, fly!

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as long as your happy

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Re: Momo II: Another try

Posted by Momo - 10 Dec 2009 13:44

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Eh, I'm only on day 2.

I'm sort of bugging out here. I worked a bit today, but not enough.

I'm falling behind my work schedule.

I spent a lot of the day on the forum and listening to music. I guess that's OK (Rav S said I can do anything but surf), but it still doesn't feel as satisfying as if I was working.

Of course, I'm tired of my job so that doesn't help.

And I'm grateful that I haven't surfed, which is not so simple since I have the Internet open and available at work.

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Re: Momo II: Another try

Posted by Momo - 10 Dec 2009 13:50

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I think I could spend the entire day singing, playing music, and listening to music.

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Re: Momo II: Another try

Posted by habib613 - 10 Dec 2009 13:58

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if you ever find one like that, make sure to let us know, ok? :D :D

it's ok to fall behind on work, but don't fall so behind that it makes you majorly stress. because that makes me want to act out, dunno about you.

Good Job Momo!

GMG!!

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Re: Momo II: Another try

Posted by Momo - 10 Dec 2009 14:08

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[habib613 wrote on 10 Dec 2009 13:58:](#)

if you ever find one like that, make sure to let us know, ok? :D :D

[habib613 wrote on 10 Dec 2009 13:58:](#)

it's ok to fall behind on work, but don't fall so behind that it makes you majorly stress. because that makes me want to act out, dunno about you.

Me too.

[habib613 wrote on 10 Dec 2009 13:58:](#)

Good Job Momo!

GMG!!

Thanks!

Go Rabib Go!

I'm so excited for you. You're trucking gives me strength (see what I wrote on your thread today).

I feel like we're doing it together. It's the domino affect: Someone inspired Rage, Rage inspires

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Re: Momo II: Another try

Posted by habib613 - 10 Dec 2009 14:31

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I'm so excited for you. You're trucking gives me strength (see what I wrote on your thread today).



I feel like we're doing it together. It's the domino affect: Someone inspired Rage, Rage inspires I saw.

yeah!!!!

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you, you inspire me, maybe I inspire someone else...