

Momo II: Another try

Posted by Momo - 17 May 2009 10:10

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Hi everyone,

After originally joining this forum, my first streak was the best for me (24 days). That was accompanied by almost daily posts and the chart. More important than the number of days, during this streak I really felt the Kedusha and that was an amazing feeling. I felt that I was actually getting rid of lust from within me. However, after I fell, I gave up with the forum and chart, and had smaller streaks. I make efforts to try again, however, I never reached the feeling of Kedusha during the shorter streaks (that were between 5 and 20 days). I also never felt that I was getting rid of the lustful feelings. I was just counting days until the next fall.

Anyway, I'm ready to try again with the chart and posting on the forum. I'm ready to make a REAL effort again but I've been feeling very lonely for the past few days, and I need the chizuk from this board to remind me that I'm not alone, and someone cares if I try or not.

Here's another try to feel the Kedusha and attempt to rid myself of the lust...

My first clean day was May 12, so yesterday (May 16) counts 5 clean days so far.

May HaShem help me.

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Re: Momo II: Another try

Posted by Momo - 08 Dec 2009 10:22

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[imtrying25 wrote on 08 Dec 2009 10:10:](#)

MOMO ISNT CRAZY EVERYONE LOVES MOMO

Thank you, but I thought everyone loves Raymond, or so I hear?

;D

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Re: Momo II: Another try

Posted by habib613 - 08 Dec 2009 10:28

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i was reading:

momo isn't crazy, everyone

loves momo

wow. i'm sloooooooooooooooooowwww

y? do you love raymond?

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Re: Momo II: Another try

Posted by Momo - 08 Dec 2009 10:29

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Thank G-d I don't think I've ever seen it, just heard it's a TV series.

I told a joke. That's all it was. Ha ha.

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Re: Momo II: Another try

Posted by imtrying25 - 08 Dec 2009 10:30

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[Momo wrote on 08 Dec 2009 10:29:](#)

Thank G-d I don't think I've ever seen it, just heard it's a TV series.

I told a joke. That's all it was. Ha ha.

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Re: Momo II: Another try

Posted by habib613 - 08 Dec 2009 10:33

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hehe

it's a funny show, just don't remember why it was funny. haven't watched it in years

wait, im2, momo has to make only 5 jokes?

no way.

new assignment momo. 5 jokes before i go to sleep, and 1 a day from now on.

and i wanna go to sleep.

Hey Momo 1 down 4 to go.

can you give me 4 more jokes please?

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Re: Momo II: Another try

Posted by Momo - 08 Dec 2009 10:34

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Habib,

You wrote:

in my family, no such thing as a joke.... so GYE taught me!

now i just can't stop... my mother smiled at one of my jokes the other day. never thought that could even happen...

try it, momo, it's sooo much better.

Since I respect you so much, and you're doing so well, I'll try it.

I actually feel a bit better after telling my first joke.

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Re: Momo II: Another try

Posted by habib613 - 08 Dec 2009 10:35

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[Momo wrote on 08 Dec 2009 10:34:](#)

Since I respect you so much, and you're doing so well, I'll try it.

I actually feel a bit better after telling my first joke.

yay!!! see, it works!

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Re: Momo II: Another try

Posted by imtrying25 - 08 Dec 2009 10:37

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[Momo wrote on 08 Dec 2009 10:34:](#)

I actually feel a bit better after telling my first joke.

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Re: Momo II: Another try

Posted by Momo - 08 Dec 2009 10:38

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Habib, actually, imtrying25 was referring to me saying 5 positive things each day (not 5 jokes). But I really like the tell one joke a day idea.

Sorry, no more jokes available today.

I actually need help with ideas of positive things to say.

I thought of one: I'm not such a bad guy.

Any other ideas?

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Re: Momo II: Another try

Posted by imtrying25 - 08 Dec 2009 10:41

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Why not "im a good guy"? Im a good guy who has his share of struggles and hard times . But that dont make me bad.

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Re: Momo II: Another try

Posted by habib613 - 08 Dec 2009 10:42

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[Momo wrote on 08 Dec 2009 10:38:](#)

I thought of one: I'm not such a bad guy.

that's not such a bad idea.....

yeah i have one.

you have cutie kids?

a wife?

shnitzel for supper?

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Re: Momo II: Another try

Posted by Momo - 08 Dec 2009 10:43

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[imtrying25 wrote on 08 Dec 2009 10:41:](#)

Why not "im a good guy"? Im a good guy who has his share of struggles and hard times . But that dont make me bad.

If I make bad choices for most of my day I must be a bad person.

We are defined by the choices we make.

Sorry. Here goes: I'm not good, but I'm probably not so bad that I deserve to beat myself up and ponder suicide.

That better?

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Re: Momo II: Another try

Posted by Momo - 08 Dec 2009 10:47

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I have cutie kids.

I have a wife.

I love shnitzel, but it's not for supper. (BTW, I could eat shnitzel every day!)

That's my positive statements for the day??? I was thinking I need to say something more substantial, like "G-d loves me, regardless" and "If G-d kept me alive today He must believe in me even though I don't".

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Re: Momo II: Another try

Posted by imtrying25 - 08 Dec 2009 10:53

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If I make bad choices for most of my day I must be a bad person.

We are defined by the choices we make.

Right and wrong. We are defined by the choices *WE* make but not by the choices our addiction makes.

Theres always another way of looking at things. Ill give you an example. Someone once asked me if there is a hashkafic reason not to go on birth control. I told him; i dont know if there is an hashkafic reason or a halachic reason but what i do know is this. There are people out there that are willing to give up the world pay all the money in the world do whatever it takes to hold their own child in their hands and you who has the chance to have that are gonna just throw it away cuz your not interested in the inconvenience right now. It was a little more than that but that was the point. He walked away saying to me i never looked at it that way.

Now point being. There are people who are still looking for that wife/husband. Dying to have cute kids. Will do anything to have someone serve them shnitzel for supper. So your lucky. And feel good cuz your lucky. Think about , although you have so many hard times during the day, whats waiting for you at home. Everyone knows theres nothing like a child looking up at you and smiling, especially when that child is yours.

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