

Momo II: Another try

Posted by Momo - 17 May 2009 10:10

Hi everyone,

After originally joining this forum, my first streak was the best for me (24 days). That was accompanied by almost daily posts and the chart. More important than the number of days, during this streak I really felt the Kedusha and that was an amazing feeling. I felt that I was actually getting rid of lust from within me. However, after I fell, I gave up with the forum and chart, and had smaller streaks. I make efforts to try again, however, I never reached the feeling of Kedusha during the shorter streaks (that were between 5 and 20 days). I also never felt that I was getting rid of the lustful feelings. I was just counting days until the next fall.

Anyway, I'm ready to try again with the chart and posting on the forum. I'm ready to make a REAL effort again but I've been feeling very lonely for the past few days, and I need the chizuk from this board to remind me that I'm not alone, and someone cares if I try or not.

Here's another try to feel the Kedusha and attempt to rid myself of the lust...

My first clean day was May 12, so yesterday (May 16) counts 5 clean days so far.

May HaShem help me.

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Re: Momo II: Another try

Posted by Momo - 07 Dec 2009 12:19

Yes. I'm sorry I missed Uri's call. I probably would have enjoyed it.

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Re: Momo II: Another try

Posted by habib613 - 07 Dec 2009 12:28

no answer to my q...

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Re: Momo II: Another try

Posted by Momo - 07 Dec 2009 12:31

I'm not doing it.

I'll never be able to say that I'm clean for a year unless I get a lobotomy.

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Re: Momo II: Another try

Posted by habib613 - 07 Dec 2009 12:34

no, for real, i totally believe that one day (not this year, it ends in 2 weeks) soon, you are going to be able to say that you were clean for a year.

there isn't even an iota of doubt in my mind

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Re: Momo II: Another try

Posted by Momo - 07 Dec 2009 12:37

No offense, but you're wrong. I don't believe I'll ever be clean for more than 30 days.

And, I'll probably be a dirty old man when I'm older. :o :o :o

G-d, that's so depressing!

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Re: Momo II: Another try

Posted by habib613 - 07 Dec 2009 12:41

i'm wrong sometimes.

but NOT about this.

momo, no way are you going to be a dirty old man when your older.

maybe if you hadn't joined GYE, hadn't gone to R' S. then maybe and it's stilll only a maybe.

now, there's no chance of that happening. I'm sorry, but you have to give up on that dream you have...

one day soon, you are going to be a week clean. and then a month clean. and then 2 months

life is hard... but no life is sooo much harder.

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Re: Momo II: Another try

Posted by Momo - 07 Dec 2009 12:43

Thanks for believing in me, even if you're wrong.

I don't believe in myself. 19 years of lusting don't lie!

But, I believe in you. You are proving that you can do it. You **are** doing it. **Go Rabib!**

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Re: Momo II: Another try

Posted by habib613 - 07 Dec 2009 12:44

i was just about to write this.... and i found that mevakesh wrote it 10 million times better. so i'm quoting him here.

[Mevakesh Hashem wrote on 12 Feb 2009 15:51:](#)

My dear brothers and sisters, warriors of Hashem:

The holy Tzaddik R' Tzadok HaKohen of Lublin writes (Tzidkas Hatzadik 154):

"Just as one must believe in Hashem, so too, one must believe in themselves!"

R' Tzadok goes on to say that Hashem cares so much about YOU thathe is "busy" with YOU. What YOU do makes a difference to Hashem in a BIG way. Hashem derives pleasure (K'Vyachol) from YOU when you do ratzon Hashem!

It says in this week's Parsha (Parshas Yisro 19:9) Hashem said to Moshe that after Kabalas HaTorah, the Jews will "Believe in you [Moshe] too", and it says in last week's Parsha (B'Shalach 14:31) that the Jews feared Hashem and believed in Hashem and in Moshe, the

servant of Hashem.

R' Tzadok explains that Moshe was the embodiment of the entire Klal Yisroel; There was a little piece of every Jew's Neshama in Moshe's exalted Neshama. Therefore, what the Torah is telling us is that each and every Jew must believe in Moshe i.e. each Jew must believe in themselves!

The Yetzer Hara wants us to think bad about ourselves. The Yetzer Hara wants us to think of ourselves as small and incapable people. The Yetzer hara wants us to be depressed and unforgiving of our past. the Yetzer Hara doesnt want us to believe in ourselves!

That is NOT what Hashem wants! Hashem wants us to BELIEVE in our strengths, our capabilities, our ability to overcome evil and achieve greatness,

Each and every one of us, no matter how far we have fallen, CAN ACHIEVE GREATNESS!

Each and every one of us, no matter how deep we have sinned, CAN BE AS RIGHTEOUS AS MOSHE RABBEINU!

Each and every one of us has a piece of G-d in our Neshama!

We all believe in Hashem! We must all start believing in ourselves!

We can all be great, not despite our past failings, but BECAUSE of our past failings!

"Shiva Yipol Tzaddik V'Kam- A Tzaddik falls seven times and gets up" The greatness is not despite the 7 falls, it is a result of the 7 falls!

WE ARE ALL LITTLE MOSHE RABBEINUS! BELIEVE! BELIEVE! BELIEVE!

Chazak V'Ematz!

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Re: Momo II: Another try

Posted by habib613 - 07 Dec 2009 12:48

19 years just proves that your brain got addicted.

you know what addiction does? it traps you in a maze, and makes it dark, and drugs your body so you don't know if you're looking up or down or sideways.

how the h*** do you think you were ever gonna get out of there without help?

of course you were trapped.

and now we're all throwing up those drugs, and we can see straight, but we're still in the maze! and we have to get out.

c'mon momo. it seems hopeless. but there's an exit, and we have a flashlight...

we can do this.

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Re: Momo II: Another try

Posted by jerusalemsexaddict - 07 Dec 2009 12:49

Habib, you are posting some really beautiful posts today

Momo,

I love you man.

Uri

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Re: Momo II: Another try

Posted by habib613 - 07 Dec 2009 12:57

k, momo, there's this thing called work that i have to leave to go to now.

but i'm gonna be thinking bout you, k?

think about what mevakesh wrote, please.

what R' tzadok said pretty much wraps it all up. you believe that Hashem created the world and is currently running it? then you better believe that Hashem is gonna fix this, and that He gave you the ability to.

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Re: Momo II: Another try

Posted by Momo - 07 Dec 2009 12:59

OK, thanks Habib.

Have a great day at work.

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I'm a dog

Posted by Momo - 07 Dec 2009 13:20

I'm a dog.

Foaming at the mouth.

Lusting where I go.

Chasing my own tail.

Raging against myself.

Eating to oblivion.

I'm out of control.

Making the wrong choices.

Don't give me no sympathy.

Please leave me to die.

I'm biting myself one piece at a time.

Dust to dust.

Ashes to ashes.

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Re: Momo II: Another try

Posted by jerusalemsexaddict - 07 Dec 2009 13:30

Im confused.

You want me to rap this song?

You gotta make it rhyme then first,man.

But I like it,though.

You go talent bro..

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