

Momo II: Another try

Posted by Momo - 17 May 2009 10:10

Hi everyone,

After originally joining this forum, my first streak was the best for me (24 days). That was accompanied by almost daily posts and the chart. More important than the number of days, during this streak I really felt the Kedusha and that was an amazing feeling. I felt that I was actually getting rid of lust from within me. However, after I fell, I gave up with the forum and chart, and had smaller streaks. I make efforts to try again, however, I never reached the feeling of Kedusha during the shorter streaks (that were between 5 and 20 days). I also never felt that I was getting rid of the lustful feelings. I was just counting days until the next fall.

Anyway, I'm ready to try again with the chart and posting on the forum. I'm ready to make a REAL effort again but I've been feeling very lonely for the past few days, and I need the chizuk from this board to remind me that I'm not alone, and someone cares if I try or not.

Here's another try to feel the Kedusha and attempt to rid myself of the lust...

My first clean day was May 12, so yesterday (May 16) counts 5 clean days so far.

May HaShem help me.

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Re: Momo II: Another try

Posted by chl - 22 Sep 2009 10:15

bs"d

i agree with 7up

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Re: Momo II: Another try

Posted by the.guard - 22 Sep 2009 11:40

Do we live to die, or should we die to live?

Yes dear Momo, we need to die to live. Not by slashing our wrists though, that would be more like "dying to die", but as the White-Book of SA says: *"We must die to ourselves before we can begin to live"*. Even goyim recognized this.

And as Dov was saying, "starting to live differently".

Somehow, it seems that when things just can't get any worse and we think we're gonna die, new life sprouts forth. As the Pasuk says - *"Zos Hatorah, Adam ki Yamus Ba'Ohel - This is the Torah, a man who dies in the tent"*.

See [this cute clip](#).

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Re: Momo II: Another try

Posted by Momo - 22 Sep 2009 14:33

I blew it.

After 3 weeks, I fell.

Goodbye teshuva.

Goodbye Y"K.

(Guard, I told you not to throw any parties for me until I actually do it!)

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Re: Momo II: Another try

Posted by jerusalemsexaddict - 22 Sep 2009 14:38

Goodbye yom kippur

goodbye year 5770

goodbye life

im leaving

im going to mexico

swine flu?

fine im going to the bahamas?

what happened?

i fell.

no.first time in 3 weeks?

what i should be proud?!

what?

youre crazy!

wheres the nearest train to the bahamas?

the jerusalem municipality is working on it?!

k ill wait.

meanwhile let me call uri...

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Re: Momo II: Another try

Posted by jerusalemsexaddict - 22 Sep 2009 14:40

I can just picture the maccabim now.....

After 3 weeks full of intense battling and one victory after another,they suffer a small defeat...

Judah:Allright guys lets pack up.Apparently we dont have what it takes.

Guys:K.Start walking.We'll catch up,don't worry

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Re: Momo II: Another try

Posted by 7yipol - 22 Sep 2009 14:41

[Momo wrote on 22 Sep 2009 14:33:](#)

I blew it.

After 3 weeks, I fell.

Goodbye teshuva.

Goodbye Y"K.

(Guard, I told you not to throw any parties for me until I actually do it!)

Goodbye teshuva, goodbyw YK? Why? where are they going to?

You fell *after 3 whopping weeks!* Thats 3 weeks *without* falling Momo!

Why cant all those clean seconds be neatly piled in a basket (it'll have to be a large one!) and handed up as your karbon on YH?

Concentrate on the clean and not the fall. Otherwise the yh will get to party. ch'v.

NOw go write a really angry poem to the yh for being such a mean fighter.

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Re: Momo II: Another try

Posted by jerusalemsexaddict - 22 Sep 2009 14:43

America after September 11th

President:O man!Now it's all to waste.

Goodbye Revolution.

Goodbye World War 1

Goodbye World War 2.

It's all lost....

Israel after Lebanon

PM:K guys we lost.It's all down the drain.All the fighting terrorists.All the lives saved.All to waste.We might as well have just let the suicide bombers in this whole time.Tell the General to pull the troops.We're moving back to Poland

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Re: Momo II: Another try
Posted by Me3 - 22 Sep 2009 15:46

Momo fell

Life stop for a second, let Momo get off.

I don't know if you've been looking around lately, but this is GYE, which is a website for people suffering from p**n & m***ing addictions.

And you fell.

And we are supposed to be impressed.

No, shocked.

No, disgusted.

What is your problem?

Pick yourself up and start again!

Hello Momo

Hello teshuva

Hello Yom Kippur

HELLO HASHEM!

It's me Momo - I'm back

And I'm not going away!

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Re: Momo II: Another try

Posted by Momo - 22 Sep 2009 15:52

I thought this time would be different.

I was wrong.

I haven't changed.

I'm the same lust addict I have been for 20 years.

Every year I say on Y"K that I'll change this year, and I never do.

Don't say that I shouldn't expect to change a 20 year habit in a day. I've been on the forum for 7 months trying. I've been participating in DC's calls.

I've been fooling myself that I can do it.

I don't know how to say NO to the Y"H.

I may win a battle here and there, but in the end, he always wins the war.

At least for me.

You guys ARE doing it.

I'm caught between life and the Y"H.

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Re: Momo II: Another try

Posted by Momo - 22 Sep 2009 15:55

[Me3 wrote on 22 Sep 2009 15:46:](#)

Momo fell

Life stop for a second, let Momo get off.

I don't know if you've been looking around lately, but this is GYE, which is a website for people suffering from p**n & m***ing addictions.

And you fell.

And we are supposed to be impressed.

No, shocked.

No, disgusted.

What is your problem?

I'm tired of falling off this wagon.

If I can't stay clean for 10 days between R"H and Y"K, what's the use?

These are the 10 most important days of the year!

What will I tell HaShem when I face Him on Y"K?

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Re: Momo II: Another try

Posted by Me3 - 22 Sep 2009 15:56

You know your right just give up.

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Re: Momo II: Another try

Posted by Me3 - 22 Sep 2009 16:03

There was that better?

I can see the Y"H rubbing his hands with anticipation, licking his lips, salivating. Main course Momo on the way.

First of all you have it backwards. You are winning the war (BTW war isn't over so he can't have won) he won a battle here and there.

How many times do we have to tell you, a fall is nothing. Depression after the fall - big problem.

If you pull out Rabeinu Yonah's Yesod HaTshuva (printed in Artscroll Rosh Hashana machzor) he says this straight out.

Good thing to read after a fall BTW

Cut out this moping or I'll tell mom and besides how can you be sad we made a shidduch, lchaim in 3 hours.

Snap out of it!

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Re: Momo II: Another try

Posted by 7yipol - 22 Sep 2009 16:05

I'm tired of falling off this wagon.

If I can't stay clean for 10 days between R"H and Y"K, what's the use?

These are the 10 most important days of the year!

What will I tell HaShem when I face Him on Y"K?

You'll tell Him the truth.

Im trying Hashem. If anyone knows just how hard I'm trying, it's YOU Hashem

It took 20 years to get in, maybe 20 to get out.

But GET OUT YOU WILL if you dont quit.

Momo, I was addicted about 35 years! I know the the feeling of abhorance forcing myself to stare into the mirror as a punishment and repeating over and over "You are disgusting and no better than a pig." I know the death wish, I know the gehenim of being "2 people", a hypocrite and a liar. WE ALL KNOW IT.

Sigh; a deep sigh straight from the neshama,

cry; a deep cry from the neshama

and curl up in a fetal ball

and call out to Hashem

"I cant any more.

It's up to You Hashem.

Pick me up, hold me

and make this nightmare go away."

PLEASE TATTE!

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Re: Momo II: Another try

Posted by Rage AT Machine - 22 Sep 2009 16:32

momo,

the more i try to figure you out, the less progress i make...i dont know what to tell you to help you stand up...youre down and this addiction is takin advantage, kicking you while youre down...youre taking blows to the head, blows to your ribs..its an old fashioned beatdown...maybe you dont have the strength right now to fight back...i understand that...but you can at least get up...stand up...dont just lie there...get on your feet and look your addiction in the eye, at least make your addiction fight like a man....

i dont pretend to have any answers....im not even a month in and i consider myself a full blown addict...i can tell you that i know how you suffer...trust when i say, i used to have it so much rougher...it hurts...but there is a solution here...i know youve studied the 12 steps and even tried working them...perhaps its time to go to a meeting? dont try to build 90 days, 30 days or 7 days...just work on today...

dont test yourself...yes, you can break your filter...yes, there is plenty of smut available out there...all the sites are still there...no, you cant give it a peek and stop...no it wont make you feel any better...dont try answering those questions anymore i just gave you the answers...just live this minute, this moment...

its time to cut the puppet strings...time to walk out of the porto potty youve been living in...time to tell the machine "i wont do what you tell me..."

keep fighting

ratm

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