

Momo II: Another try

Posted by Momo - 17 May 2009 10:10

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Hi everyone,

After originally joining this forum, my first streak was the best for me (24 days). That was accompanied by almost daily posts and the chart. More important than the number of days, during this streak I really felt the Kedusha and that was an amazing feeling. I felt that I was actually getting rid of lust from within me. However, after I fell, I gave up with the forum and chart, and had smaller streaks. I make efforts to try again, however, I never reached the feeling of Kedusha during the shorter streaks (that were between 5 and 20 days). I also never felt that I was getting rid of the lustful feelings. I was just counting days until the next fall.

Anyway, I'm ready to try again with the chart and posting on the forum. I'm ready to make a REAL effort again but I've been feeling very lonely for the past few days, and I need the chizuk from this board to remind me that I'm not alone, and someone cares if I try or not.

Here's another try to feel the Kedusha and attempt to rid myself of the lust...

My first clean day was May 12, so yesterday (May 16) counts 5 clean days so far.

May HaShem help me.

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Re: Momo II: Another try

Posted by chl - 06 Sep 2009 15:29

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bs"d

thanks for those last 2 posts, Momo. you touched my heart - again.

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Re: Momo II: Another try

Posted by Sturggle - 06 Sep 2009 15:40

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hey momo. i want to say something nice and chizzuky, but i feel like just crying..., so, if u want to sit and cry with me..., im here...

i feel your pain, i feel mine...

sorry for being so depressing

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Re: Momo II: Another try

Posted by the.guard - 06 Sep 2009 16:53

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Sorry Guard, but no magic solution for me. You can't wave your keyboard at me and make it all better. Not this time.

LOL. That's a funny line... But Momo, tell me honestly, if you had cancer Chas veshalom, would you say you can't afford the hour a day of chemo therapy? Would you not do everything in your power and not let anything stand in your way of getting healed? So obviously you don't consider this disease as bad as physical cancer. Well, keep drinking then. In AA they say "it took each and every drink I took to get me to where I am today".

Please download [this PDF](#) (right click and "Save Target/Link As"). Read these 3 pages from the White-Book. Tell me if you relate.

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Re: Momo II: Another try

Posted by Momo - 07 Sep 2009 05:20

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[guardureyes wrote on 06 Sep 2009 16:53:](#)

Momo, tell me honestly, if you had cancer Chas veshalom, would you say you can't afford the hour a day of chemo therapy? Would you not do everything in your power and not let anything stand in your way of getting healed? So obviously you don't consider this disease as bad as physical cancer. Well, keep drinking then. In AA they say "it took each and every drink I took to get me to where I am today".

Guard, I feel you are being very unfair and unjustly nasty. If G-d forbid I had cancer, I'd tell my boss and he'd give me as much time off as I need for chemo. However, the illness I have I can't share with my boss. Instead he expects me to work overtime to meet my deadline, and even then it's doubtful if I can do it. Just because I can't afford to leave early or on time from work to call CD doesn't mean I don't take it seriously. That's insulting and I thought you knew me better. I don't think I need to quit my job, or not meet my deadline and get myself fired, in order to call CD. (Although, I'm so stressed out I think of quitting each day, but that's a different problem.)

To tell me "well, keep drinking then", I won't even respond to that insult. I am in a terrible predicament, and I'm sorry you don't understand that. I feel that I don't have many choices. I can quit my job, I can work myself to death for the next few weeks.

Good bye and good day.

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Re: Momo II: Another try  
Posted by Sturggle - 07 Sep 2009 06:38

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[Momo wrote on 06 Sep 2009 15:43:](#)

[struggle wrote on 06 Sep 2009 15:40:](#)

hey momo. i want to say something nice and chizzuky, but i feel like just crying..., so, if u want to sit and cry with me..., im here...

i feel your pain, i feel mine...

sorry for being so depressing

I hope I didn't make you cry.

I don't want to read chizuk now. I just needed to vent my frustration and hopelessness.

I'm sorry you're also in pain.

Let's cry together.

:( :( :(

let's...

well, im going to attempt at having at least a somewhat productive and hopefully, maybe, somehow, it will also be a good day.

i hope you have a good day!!!

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Re: Momo II: Another try

Posted by Momo - 07 Sep 2009 09:45

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I received a couple of PMs, and I see I inadvertently caused some confusion. So, let's clarify a

few things:

- I haven't stopped fighting. I just don't have the time or energy for a full fledged war, so I'm letting myself slip once and a while.
- I haven't stopped visiting the forum. When I wrote "good bye", it was to Guard only, and only for today. I know he means well, but he did tick me off. Know though that I don't hold a grudge for very long. Guard, you'll still be my best friend tomorrow.
- I need to work my butt off to keep my job. Then I can begin to think about DC and therapy and Rosh HaShana.
- I don't need chizuk now. I need a place to vent (this forum) and to work (at work).
- I don't have time to read everyone's posts. I read a couple here and there. This doesn't mean I don't like you anymore or forgotten you.

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Re: Momo II: Another try

Posted by the.guard - 07 Sep 2009 12:27

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Guard, I feel you are being very unfair and unjustly nasty.

Oh my, I'm on a roll here. Yesterday I got it on the head from "Struggle" and now Momo thinks I'm being nasty. Guys, I'm so sorry. I love every one of you dearly, but I'm only human and make mistakes. Momo, I feel your pain immensely. I didn't mean to say it so bluntly, all I meant was that we need to view this disease as if it was a REAL cancer. And if we *DID* see it that way, then NOTHING in the world would stand in our way, not jobs, not bosses, not NOTHING. And if we still DON'T see it that way, then obviously we haven't hit BOTTOM yet, that's all I meant. I didn't mean "keep drinking" literally. I meant as a "plea" to you, Momo, to "hit bottom WHILE STILL ON TOP". I meant to ask, "do you want to keep drinking and hit bottom FOR REAL?" like they say in AA "it took each and every drink to get where I am today"... That's all I meant.

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Re: Momo II: Another try

Posted by Momo - 07 Sep 2009 12:49

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Guard,

(It's not so important, but I'm not on top. I'm somewhere in the middle.)

Here's my main question for you: Do you expect me to leave work early, or on time (depending on what time I get in), and not work my expected overtime, get my boss and my boss's boss mad at me for not keeping up with my deadline and jeopardize my job in order to call DC? That's what I am understanding you are saying, and I don't agree. If I lose my job, I will really hit bottom.

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Re: Momo II: Another try  
Posted by the.guard - 07 Sep 2009 13:08

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I don't believe you will lose your job. It's all a matter of prioritizing. If you "trade" the acting out time, and the time you spend shmoozing with co-workers, or drinking coffee, snacks, reading news, even some time posting on the forum, or if you come in a little earlier or stay a little later, and work a little harder when you should be instead of other things, then the hour on DC's call won't be noticed. If it's **your life** we're talking about, it will take some creative thinking.

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Re: Momo II: Another try  
Posted by Momo - 07 Sep 2009 13:22

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Guard, I disagree with you. I'm not acting out and shmoozing. If I worked 100% of the time without checking news or the forum or drinking coffee, I'd go mad.

You're right about one thing: I should spend less time on the forum. However, posting helps me and gives me an outlet when the pressure builds.

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Re: Momo II: Another try

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Posted by the.guard - 07 Sep 2009 13:34

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Ok, so keep posting. You'll get there in the end. Have faith!

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Re: Momo II: Another try

Posted by Kedusha - 07 Sep 2009 13:47

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[Momo wrote on 07 Sep 2009 13:44:](#)

Momo's final deep thought for the day:

I hate myself.

I wish I was normal.

I'm afraid of failing in this life and coming back having to do it all over again.

Momo,

The main failure would be to give up. If you're making a sincere effort, and are making slow and steady progress, you are on your way to succeeding.

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Re: Momo II: Another try

Posted by the.guard - 07 Sep 2009 14:00

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I'm afraid of failing in this life and coming back having to do it all over again.

Guard's final deep thought for the day:

If you do come back, you'll have GYE from the outset so it should be a lot easier... Just make

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Re: Momo II: Another try

Posted by 7yipol - 07 Sep 2009 14:44

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[Momo wrote on 07 Sep 2009 13:44:](#)

Momo's final deep thought for the day:

I hate myself.

sure to use the name "Momo" again, so we recognize you.

I wish I was normal.

I'm afraid of failing in this life and coming back having to do it all over again.



Cant remain silent here any longer, sorry.

And that should tell you how much I care Momo.....

I honestly consider you one of the most normal people here. And bravest by far.

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