

Momo II: Another try

Posted by Momo - 17 May 2009 10:10

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Hi everyone,

After originally joining this forum, my first streak was the best for me (24 days). That was accompanied by almost daily posts and the chart. More important than the number of days, during this streak I really felt the Kedusha and that was an amazing feeling. I felt that I was actually getting rid of lust from within me. However, after I fell, I gave up with the forum and chart, and had smaller streaks. I make efforts to try again, however, I never reached the feeling of Kedusha during the shorter streaks (that were between 5 and 20 days). I also never felt that I was getting rid of the lustful feelings. I was just counting days until the next fall.

Anyway, I'm ready to try again with the chart and posting on the forum. I'm ready to make a REAL effort again but I've been feeling very lonely for the past few days, and I need the chizuk from this board to remind me that I'm not alone, and someone cares if I try or not.

Here's another try to feel the Kedusha and attempt to rid myself of the lust...

My first clean day was May 12, so yesterday (May 16) counts 5 clean days so far.

May HaShem help me.

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Re: Momo II: Another try

Posted by 7yipol - 31 May 2010 09:28

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Start counting by minutes Momo. They add up much faster and are constant reminders that those are yours for eternity.

4 days is great. Dont lose perspective!

And keep up with the music. You really enjoyed it and its a great healthy hobby which can help you get out of yourself for a while.

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Re: Momo II: Another try

Posted by Momo - 01 Jun 2010 05:17

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Re: Momo II: Another try

Posted by 7yipol - 01 Jun 2010 09:36

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Wow!

How many seconds is that Momo?

~~5 days clean.~~

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Re: Momo II: Another try

Posted by Momo - 02 Jun 2010 04:58

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Re: Momo II: Another try

Posted by Dov - 02 Jun 2010 06:08

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Hi Momo. Have a nice day, amigo.

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Re: Momo II: Another try

Posted by Momo - 02 Jun 2010 09:46

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[dov wrote on 02 Jun 2010 06:08:](#)

Hi Momo. Have a nice day, amigo.

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Re: Momo II: Another try

Posted by 7yipol - 02 Jun 2010 11:26

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Awful lot of noise on the womens side. :o

Everyones cheering you on! :D

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Re: Momo II: Another try

Posted by briut - 02 Jun 2010 13:27

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Thanks Dov, Love you man  
Could I call you Timex, instead of Momo?

Takes a lickin' and keeps on tickin'.

One day at a time ... tick tock tick tock.

Keep going. You rock.

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Re: Momo II: Another try

Posted by Steve - 02 Jun 2010 14:45

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*GMG...*

***GMG...***

***GMG...***

***GMG!!***

you just made my day, bro.

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Re: Momo II: Another try

Posted by NeverAgain - 02 Jun 2010 21:44

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[Steve wrote on 30 May 2010 05:14:](#)

Momo - You're the BEST, u Know that? Really.

BTW, chocolate syrup tastes REALLY good when poured on one's knuckles.

Does that mean we deserve the title of "brown knucklers"?

I'm nor eally sure about this..... :o

Well, i'm sure of ONE thing...

**GMG!!!**

Haha!

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Re: Momo II: Another try  
Posted by Momo - 03 Jun 2010 05:15

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[7Up wrote on 02 Jun 2010 11:26:](#)

Awful lot of noise on the womens side. :o

Everyones cheering you on! :D

Thanks! Good to hear that.

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Re: Momo II: Another try  
Posted by Momo - 03 Jun 2010 05:16

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Re: Momo II: Another try  
Posted by Steve - 03 Jun 2010 07:20

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7 days clean  
Momo!! Momo!!

whooo whooo whoo!!

You can do it!!

You Da Man.

I'm rooting for you Momo. We boys can scream LOUDER than the girls. We can **ROAR** in purple and blue.

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Re: Momo II: Another try  
Posted by Momo - 03 Jun 2010 11:15

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Thanks Steve.

I had a humbling experience at work today. I was getting all sure of myself because I had a

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really great couple of days at work this week, but today some of my work was found to be faulty (even though some if it was still good). I feel that I was taken down a notch.

My ego is hurting, and I'm trying to not let this get me down too much.

Why do I care so much what other people think of me and my work?

Why can't I focus on the fact that I did a lot of good this week, even though some of what I thought was good really wasn't in the end?

Why focus on the negative? Why do I demand perfection of myself? Nobody's perfect, besides HaShem.

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