Momo II: Another try Posted by Momo - 17 May 2009 10:10

Hi everyone,

After originally joining this forum, my first streak was the best for me (24 days). That was accompanied by almost daily posts and the chart. More important than the number of days, during this streak I really felt the Kedusha and that was an amazing feeling. I felt that I was actually getting rid of lust from within me. However, after I fell, I gave up with the forum and chart, and had smaller streaks. I make efforts to try again, however, I never reached the feeling of Kedusha during the shorter streaks (that were between 5 and 20 days). I also never felt that I was getting rid of the lustful feelings. I was just counting days until the next fall.

Anyway, I'm ready to try again with the chart and posting on the forum. I'm ready to make a REAL effort again but I've been feeling very lonely for the past few days, and I need the chizuk from this board to remind me that I'm not alone, and someone cares if I try or not.

Here's another try to feel the Kedusha and attempt to rid myself of the lust...

My first clean day was May 12, so yesterday (May 16) counts 5 clean days so far.

May HaShem help me.

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Re: Momo II: Another try Posted by imtrying25 - 23 Feb 2010 18:40

Happy anniversary Reb Momo!!

Are we gonna at least get a "roar" in honor of this occasion??

Progress is the name of the game. Im sure its hard to look and see that you havent accomplished your goal of hitting the 90 day mark, but im sure you also realize the tremendous strides youv made ever since joining. And this my friend is so much more important. Without it, the 90 days wouldnt mean much!!

I would like to give you a bracha, May Hashem see all the hard work your putting into this struggle and repay you in all kinds of ways especially in helping you realize your dream to finally get rid of this ugly monster!!!

Re: Momo II: Another try Posted by Dov - 24 Feb 2010 01:50

Many. many folks I know had to go through a long period of time where they had ups and downs and struggled, lost and won. Nu. We are each an olam malei and it feels like everything, inside. It's hard to see how lucky we are even when we are *not* sober. Having a deeper awareness of:

Hashem's presence with you,

of your own frailty,

of your own gifts and value, and

of the beauty in other people...it sounds to me like you have gotten some of **all** those in this year, Momo.

Ashrecha, Momo. Don't give up on yourself ever, and the best is yet to be seen.

For whatever it's worth: that's a promise, from one funky-bozo-chicken to another! (sorry about the "chicken" part)

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Re: Momo II: Another try Posted by Steve - 24 Feb 2010 07:20

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Mo-man,

came for just quick Hello, and I'm treated to anniversary cake!! Ok, in true pickle fashion, let me say:

## WOWIE!!!!!

I could also say thanks for all the inspiration, empathy, and gevaldige fun.

Mo, we chatted about the DC call. AS you know, it's starting tomorrow at 12 noon est. I plan to be on it. PLEASE try it out. I think this is what you really need to do, AND if you every started, to start again and GO ALL THE WAY WITH IT this time. This could be what you need to get off the rollercoaster life you've been on. C'mon, Mo-Man, let's get freedom from lust once and for all. REALLY. You can do this.

Oh, and HAppy Aniversary!!

KOP, KUTGW, GMG,

RLYMI (Roar Like You Mean It)

But Lreally don't have time for it now so! wont.

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Re: Momo II: Another try Posted by imtrying25 - 24 Feb 2010 11:24

Momo wrote on 24 Feb 2010 10:53:

OK, I'm trying again.

Day 1.

Morning: Clean

GREAT!!! The one thing youve taught me momo, is never ever ever give up. And when i wanted to i read your thread and i say, NO WAY!!!! And for that i say thank you!!

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Re: Momo II: Another try Posted by Eye.nonymous - 24 Feb 2010 13:00

Momo wrote on 24 Feb 2010 10:53:

OK, I'm trying again.

Was that a shout-out for me??

Day 1.

Morning: Clean

CELEBRATE THAT!

Each day!

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Re: Momo II: Another try Posted by sci1977 - 24 Feb 2010 14:44

what you did is very insirational. You got through the first day. I trhink it's the hardest cause that is where you leap. Take it one day at a time and we are all proud of you.

Re: Momo II: Another try Posted by the.guard - 24 Feb 2010 21:51

Mazal Tov on one year with us!

You, Momo, are the ultimate example of someone who never gives up!

And as Dov says, the best is yet to come!

One of Momo's earliest posts (a poem):

I will not disappoint my soul by listening to the Yetzer Hara instead of to her.

I will not disappoint my ancestors who risked their lives to remain pure and true.

I will not disappoint my GUE friends who believe in me, pray for me, and cry for me every day.

I will not disappoint Moshiach who is waiting for me to do Teshuva in order for him to reveal himself.

I will not disappoint my wife who prayed many prayers, and shed many tears begging HaShem to help me untangle myself from my depression, and reestablish a beautiful relationship with her, and only her.

I will not disappoint HaShem who has been patiently waiting for years for me to remove myself from the world of Tumah, return to Him, and affix myself to the world of Kedushah.

And most important of all, I will not disappoint myself.

I will not disappoint, and therefore, I must not fall.

And Heaven forbid if I fall, I must pick myself up and continue onward.

Re: Momo II: Another try Posted by imtrying25 - 24 Feb 2010 23:39

## ONE DAY AT A TIME!!!!!!!!

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Re: Momo II: Another try Posted by Momo - 25 Feb 2010 14:24

<u>Day 2:</u>

Morning: Clean

Afternoon: Clean

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There's a good chance I won't be online until after Purim. So...

## Happy Purim Everyone!!!

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Re: Momo II: Another try Posted by Ineedhelp!! - 25 Feb 2010 14:37

Youre a little early there Momo, but we'll take it!

Its good to hear from you.

-Yiddle

Re: Momo II: Another try Posted by Eye.nonymous - 25 Feb 2010 14:51

Thanks Momo,

HAPPY PURIM to you, too!

--Eye.

Re: Momo II: Another try Posted by 7yipol - 28 Feb 2010 17:08

Hope you had a great day Momo

and an even better tomorrow!

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Re: Momo II: Another try Posted by Sturggle - 01 Mar 2010 11:10

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And that's the Momo we know and love!

Since when are horses trucking? ???

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Re: Momo II: Another try Posted by Sturggle - 01 Mar 2010 11:55

well, clearly, your Purim was,

cause you felt the need to be metaretz my kasha b'ritzinus,

my Purim has been great and ?"? is still a party!

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