

Momo II: Another try

Posted by Momo - 17 May 2009 10:10

Hi everyone,

After originally joining this forum, my first streak was the best for me (24 days). That was accompanied by almost daily posts and the chart. More important than the number of days, during this streak I really felt the Kedusha and that was an amazing feeling. I felt that I was actually getting rid of lust from within me. However, after I fell, I gave up with the forum and chart, and had smaller streaks. I make efforts to try again, however, I never reached the feeling of Kedusha during the shorter streaks (that were between 5 and 20 days). I also never felt that I was getting rid of the lustful feelings. I was just counting days until the next fall.

Anyway, I'm ready to try again with the chart and posting on the forum. I'm ready to make a REAL effort again but I've been feeling very lonely for the past few days, and I need the chizuk from this board to remind me that I'm not alone, and someone cares if I try or not.

Here's another try to feel the Kedusha and attempt to rid myself of the lust...

My first clean day was May 12, so yesterday (May 16) counts 5 clean days so far.

May HaShem help me.

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Re: Momo II: Another try

Posted by Me3 - 28 Jan 2010 14:19

Half an hour is something

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Re: Momo II: Another try

Posted by Sturggle - 28 Jan 2010 14:24

and just because you feel lust doesn't mean you have to act out...

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Re: Momo II: Another try

Posted by Sturggle - 28 Jan 2010 14:27

[Rage ATM wrote on 28 Jan 2010 14:25:](#)

oh shoot, a sturggle sighting...i feel the same way i do when i see the hawks in manhattan....

what the \$%\$^%& is that supposed to mean?

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Re: Momo II: Another try

Posted by Me3 - 28 Jan 2010 14:29

Props to the restraint Sturrge, a quality sorely lacking in RAge I'm afraid.

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Re: Momo II: Another try

Posted by Kollel Guy - 28 Jan 2010 14:31

[Rage ATM wrote on 28 Jan 2010 14:30:](#)

[sturggle wrote on 28 Jan 2010 14:27:](#)

[Rage ATM wrote on 28 Jan 2010 14:25:](#)

oh shoot, a sturggle sighting...i feel the same way i do when i see the hawks in manhattan....

what the \$%\$^%& is that supposed to mean?

there are these 14 or 16 red tail hawks that live on manhattan..its very rare to see one here...whenevr i see one its exciting...

So the "s" word was meant in a good way...

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Re: Momo II: Another try
Posted by Sturggle - 28 Jan 2010 14:37

don't think we've had one of these in a while,

GO MOMO GO!!!

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Re: Momo II: Another try

Posted by Kollel Guy - 28 Jan 2010 14:38

[Momo wrote on 28 Jan 2010 14:36:](#)

Well, I'm out of here, for a 2 day detox of no Net, until Sunday morning when I get to do step one over again. Again and again. :'(

Well if there are any days of the week to do it - it's friday and Shabbos.

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Re: Momo II: Another try

Posted by silentbattle - 28 Jan 2010 16:28

Momo - Good luck...when you get a chance, might want to check out a recent post on my thread - I wrote it for myself, but maybe others can get something out of it, too.

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Re: Momo II: Another try

Posted by Dov - 28 Jan 2010 17:25

[Momo wrote on 28 Jan 2010 12:06:](#)

So, if I have to be forced to stop surfing, maybe I don't really have choice. If I have no choice, how can I be held accountable, because I'm powerless?

Is it allowed to write the letters "BS" on the forum? Oh, good.

Sorry, but this is BS, Momo. You were "forced"?

Not quite.

Momo was simply given a choice between something he really wanted (to use lust) vs something he wanted *even more* (to keep Rav S. - or *not to lose* him), and chose the one he wanted more. That is not anything like being **forced**, in my book.

I won't write any more, for I feel the dovish coming over me if I do...hope it was english enough to be useful 2U. If you hate me now, I'll just *be forced* to have a slug of Woodford and make

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Re: Momo II: Another try
Posted by Kedusha - 28 Jan 2010 19:53

[Momo wrote on 28 Jan 2010 19:00:](#)

Dov,
everything OK.... :

Thanks for writing.

Not only did I understand you, I was hoping for a bit more.

Still unclear how I can stop surfing for women if I'm powerless over my addiction. Please explain. Thanks.

Momo,

All of us addicts are powerless. By definition. But that only means we can't avoid temptation though sheer willpower. However, there are steps we can take to help us stay clean, one day at a time, such as those listed in the GYE handbooks.

Kedusha

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Re: Momo II: Another try

Posted by imtrying25 - 28 Jan 2010 22:39

**MO MO MO MO GOTTA GO TO MO'S GOTTA GO TO MOMOS GOTTA GO TO MO'S
YEEEEEEEEEEEEAAAAAAAAAAAAAAAAAAAAHHHHHHHHHHHHHHHHHHHH**

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Re: Momo II: Another try

Posted by Dov - 28 Jan 2010 23:08

Well, I'm on one foot...(and the other one is in my mouth) but hopefully this means something anyway:

Powerless. When I looked at life in a general sense and saw that I tried umpteen things to stay clean and really wanted to stay clean, cried an NCSY kumzites, davening, later in yeshiva over my gemorah, and still later in kollel behind the steering wheel at 2a.m. after acting out *again*....I finally came to the conclusion that in any single given situation I may have the ability to say no....and I did plenty of times. But I came to see that that meant nothing, really. Because I saw that no matter what I try, I had no ability to really stop. I was going to use again, and the next time I do - well, I had no control over what the stakes would be. Maybe I'd play into the hands of a state police agent as a friend of mine did, and end up on a state registry for sex-offenders, maybe not. When I *would* give in, I'd give in - no matter what the cost.

Nu. Is that bechirah? Kind of, I guess, but really a very lame kind of bechirah, to me. Kind of like choosing between *how* we are going to die...but all along really running like hell from it as though we can really dodge that fate if we try hard enough. It ain't gonna work in the end - it's gonna get me. We all do that, I guess...

Sorry about the dovish so far.

I have met many who are sober for a long time, and now see my own time as quite the miracle. Who knows what life tests are around the corner for me? I may get too scared or angry or prideful tomorrow and as a result feel I need to act out. I hope not. All I can do is not think about it so much and trust Hashem a little that He knows what He is doing and that He has a really, really good plan for me, right now. Today. All I need to do is get the hell out of His way.

Why is that so hard for all of us?

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Re: Momo II: Another try

Posted by imtrying25 - 28 Jan 2010 23:19

Reebi I loved that post. Its so funny how our minds work so different when we are sober. even if for just a few days. We see things so much more clearly. Thanks for the post.

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Re: Momo II: Another try

Posted by silentbattle - 31 Jan 2010 13:17

I dont know if you mean me...although I have tried saying hello a few times (meaningful glare emoticon)... :D

I honestly have pretty much no idea what your issues are, so I can't really say much - but from everything I've seen from you, I feel confident that you'll continue to grow.

And counting or not, you always have our support.

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