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Momo II: Another try
Posted by Momo - 17 May 2009 10:10

Hi everyone,

After originally joining this forum, my first streak was the best for me (24 days). That was accompanied by almost daily posts and the chart. More important than the number of days, during this streak I really felt the Kedusha and that was an amazing feeling. I felt that I was actually getting rid of lust from within me. However, after I fell, I gave up with the forum and chart, and had smaller streaks. I make efforts to try again, however, I never reached the feeling of Kedusha during the shorter streaks (that were between 5 and 20 days). I also never felt that I was getting rid of the lustful feelings. I was just counting days until the next fall.

Anyway, I'm ready to try again with the chart and posting on the forum. I'm ready to make a REAL effort again but I've been feeling very lonely for the past few days, and I need the chizuk from this board to remind me that I'm not alone, and someone cares if I try or not.

Here's another try to feel the Kedusha and attempt to rid myself of the lust...

My first clean day was May 12, so yesterday (May 16) counts 5 clean days so far.

May HaShem help me.

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Re: Momo II: Another try

Posted by Momo - 14 Jan 2010 06:56

Today is the beginning of the 38th day of my omer.

I'm faced with a difficult test today. Sorry I can't go into details because it may help identify me.

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Re: Momo II: Another try Posted by Dov - 14 Jan 2010 22:16
Hey, as long as you can identify yourself, brother.
Good luck, as the velt says
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Re: Momo II: Another try Posted by Eye.nonymous - 15 Jan 2010 07:11
Momo wrote on 14 Jan 2010 06:56:
Today is the beginning of the 38th day of my omer.
I'm faced with a difficult test today. Sorry I can't go into details because it may help identify me.
Good luck MOMO.
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Re: Momo II: Another try Posted by habaletaher - 15 Jan 2010 08:02

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Re: Momo II: Another try Posted by silentbattle - 15 Jan 2010 15:33	
Heyglad to hear that you won!	
Keep on rocking and rolling!	
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Re: Momo II: Another try Posted by Eye.nonymous - 16 Jan 2010 17:44	
Momo wrote on 15 Jan 2010 11:56:	
Hi,	
I believe I passed the test!	
Today is day 39.	
Shabbat Shalom everyone!	
Shavua Tov!	
You're doing great!!!	
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Re: Momo II: Another try

Posted by the guard - 16 Jan 2010 19:19

I don't have time to read many threads these days, but I keep stopping in to check Momo's thread. He's my HERO! :D

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Re: Momo II: Another try

Posted by Momo - 17 Jan 2010 05:48

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Thanks guys for the chizuk.

Yesterday was day 40.

Today is the start of day 41.

Shavua tov everyone!

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Re: Momo II: Another try

Posted by Kollel Guy - 17 Jan 2010 08:34

Momo wrote on 17 Jan 2010 08:02:

OOps, I just spend the past hour surfing celebrities (dressed, but hardly). I was taken over by the Y"H.

I guess that means I slipped A LOT this morning. I really hope I don't fall today, but with the amount of slipping I've done, it won't be easy.

MOMO Please be strong, it's R' Zisha's yahrtzait today.

And I'kavodo I'll tell you a well known saying of his.

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When I come up to shomayim, they will not ask me "Why weren't you the Ba'al Shem Tov", nor will they ask me "Why weren't you the Maggid". They won't even ask me "Why weren't you R' Meilech (His brother). What they will ask me is "Why weren't you Zisha?".

We are only asked to be the person we really are, and use the potential we really have. Because that's us.

MOMO, Who you are asked to be is no one other than MOMO. And the nesayon which you are given is to stay away from the shmutz today. That's who MOMO is, and that is what is expected of him.

"Ki zeh kol ha'adam" - Just be you. This is the way MOMO acts. He genuinely cares, he is strong, and he recognizes what can trigger his Y"H to do things which he doesn't want, and he makes it his business to stay away from those things. Just don't do anything that MOMO doesn't do.

I hope you have an amazing day.

KG

P.S. Why can't I see your name on the chart?

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Re: Momo II: Another try

Posted by habaletaher - 17 Jan 2010 09:01

Well said KG, I'm with you, they just expect us to be us... but be the best us that we can be...

MOMO my hero, 41 days and counting!!! Think about where all those celebrities end up... Here and glamorous today, in a private psych hospital after suicide attempts, drug addiction, divorce, and public insanity tomorrow.

It's the same thing with the YH, he makes the fall look so glamorous and excites us in all sorts of ways, triggers, etc... but as soon as it's done, the curtain comes down and all that's left is guilt depression, sorrow, anger, etc...

SO KEEP ON TRUKKIN!!!

And if you want to know who you are... in shamayim they judge us based on who we are at the time we die (which is why CZ"I tell us to do Teshuva one day before you die...), so I would say that who you are is the lion who has been roaring for 41 days in a row now!!!!

KEEP ON ROARRING!!!		
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Re: Momo II: Another try

Posted by Kollel Guy - 17 Jan 2010 09:05

You are what you believe you truly want. This is the general rule.

The fact that you ask this question actually sheds a lot of light on much of your difficulty.

Do you really consider that you are *in* essence a guy watching porn?

Do you truly want porn? Would you wish porn upon someone who you truly love?

I find it surprising that you can be so far along the journey with such doubts.

If this is what you are capable of without the most basic of basics - which is to recognize who you are - then imagine what you can do *with* the true perspective of yourself.

Re: Momo II: Another try

Posted by Kedusha - 17 Jan 2010 12:29

Momo wrote on 17 Jan 2010 12:18:
I'm not a hero.
I feel sad and fed up and angry again all at once.
Is my life just about going from one kumsitz to the next?
What does it matter if I do 40 days or 400 days if I'm bound to fall anyway?
I'm having doubts as to who I am and why I even bother
1.) You're our beloved Momo, and you bother because you're worth it!
2.) Being sad, angry, and fed up, is a trick of the y"h, usually after we, c"v, fall. Here, he is stooping so low as to try that trick on you beforehand.
3.) No, there's much more to Momo that going from one kumsitz to the next. For one thing, you are Mechazeik so many people on this forum!
4.) Even assuming that you're correct (that you're "bound to fall anyway"), you're <u>definitely</u> not bound to fall TODAY. We always need to stay focused on our Avoda for today. Hashem does not expect more than that, certainly not from those of us with addictions.

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