

Momo II: Another try

Posted by Momo - 17 May 2009 10:10

Hi everyone,

After originally joining this forum, my first streak was the best for me (24 days). That was accompanied by almost daily posts and the chart. More important than the number of days, during this streak I really felt the Kedusha and that was an amazing feeling. I felt that I was actually getting rid of lust from within me. However, after I fell, I gave up with the forum and chart, and had smaller streaks. I make efforts to try again, however, I never reached the feeling of Kedusha during the shorter streaks (that were between 5 and 20 days). I also never felt that I was getting rid of the lustful feelings. I was just counting days until the next fall.

Anyway, I'm ready to try again with the chart and posting on the forum. I'm ready to make a REAL effort again but I've been feeling very lonely for the past few days, and I need the chizuk from this board to remind me that I'm not alone, and someone cares if I try or not.

Here's another try to feel the Kedusha and attempt to rid myself of the lust...

My first clean day was May 12, so yesterday (May 16) counts 5 clean days so far.

May HaShem help me.

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Re: Momo II: Another try

Posted by habib613 - 28 Dec 2009 13:03

R' Barditchev says

Keep

On

Trucking

No

Matter

What

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Re: Momo II: Another try

Posted by sci1977 - 28 Dec 2009 14:35

KUTGW!!!

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Re: Momo II: Another try

Posted by Momo - 28 Dec 2009 14:52

Thanks everyone for the chizuk.

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Re: Momo II: Another try

Posted by Steve - 28 Dec 2009 21:48

[Momo wrote on 27 Dec 2009 06:44:](#)

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Something Duvid Chaim said. He said that we need to connect to our inner child. To remember a time when we were truly happy and self-confident, a time before the addiction started, or before the trauma that caused us to run to our addictive comfort zone.

I recommend everyone think about that child within himself/herself and connect with him/her. Remember what that child felt and how he/she acted.

I guess I'm starting to connect to that inner child.

I remember him now. For many years I had forgotten that he had ever existed.

Can you believe that up to age 12 I was extroverted, self-confident and happy? I actually used to put on one-man shows in front of my class, and prepare the material the night before, in my spare time.

Then something traumatic happened to me at age 12 (sorry, I won't go into details) and everything changed. I turned from a happy innocent child into an angry child with low self-esteem, got older, and discovered how to escape from the world. The rest is history, until a couple of weeks ago when I'm trying to rewrite history.

I did think my destiny was to try to free myself from the addiction, yet fail and die unclean. **Now I know that even though I am an addict I do have a choice on how to act.** My fate is not predetermined.

I think that is one of the most important things I've written in my entire life, and I've written a lot. I'll write it again. Now I know that even though I am an addict, I do have a choice on how to act.

Wow.

MOMO... (OMG!! I JUST HAD AN A&W MOMENT! I DECIDED TO SEND YOU THIS, AND JUST AS I TYPED YOUR NAME I GOT A TEXT FROM MY SON, **WHO'S NICKNAME AT HOME IS MOMO!!**)

Rod Sterling, where ARE you?!

Anyway, like I was trying to say, MOMO... (please scroll down....)

[Momo wrote on 27 Dec 2009 08:25:](#)

YOU ARE SOMEBODY VERY SPECIAL!!!

and I mean that from the bottom of my liver....

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Re: Momo II: Another try
Posted by Dov - 28 Dec 2009 23:59

More and more will get revealed, and the burdens will get lighter and lighter. And soon we see that the only one who can really add to the burden again, is.....us. And the quickest way to do that is using "drugs".

It gets even better, Momo.

Hatzlocha!

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Re: Momo II: Another try

Posted by imtrying25 - 29 Dec 2009 00:01

[dov wrote on 28 Dec 2009 23:59:](#)

More and more will get revealed, and the burdens will get lighter and lighter. And soon we see that the only one who can really add to the burden again, is.....us. And the quickest way to do that is using "drugs".

It gets even better, Momo.

Hatzlocha!

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Re: Momo II: Another try

Posted by habaletaher - 29 Dec 2009 05:44

[Momo wrote on 28 Dec 2009 09:13:](#)

GYE GUYS...

Keep on Truckin'!!!

Did you know the largest size you can use is 99pt? 100pt doesn't work, I tried it. :D

Guard, if I copied this post 59 times to everyone's thread, would I break the server? ;D

How do you do big sizes? I tried and it didn't work?

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Re: Momo II: Another try

Posted by Momo - 29 Dec 2009 06:02

Hi y'all!

Spiritually, doing fine, B"H. (Physically I'm feeling a bit under the weather, but at work today anyway.)

Yesterday I finished my 21st day.

I remember that my 21st year was my best year yet (and cleanest!). Makes sense that yesterday would be such a special day for me (the going away party for Uri).

Good day everyone!

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Re: Momo II: Another try

Posted by Momo - 29 Dec 2009 06:26

Habaletaher,

To increase your font size, select the text you want to enlarge, then click the button of the A and the arrow pointing up and down (second from the right in the first row).

You'll see the following tag at the beginning: size=10pt.

To make the font larger, change "10pt" to the size you want. Sometimes I use 30pt, sometimes 40pt, or even 50pt.

The largest you can use is 99pt. ;D

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Re: Momo II: Another try

Posted by habaletaher - 29 Dec 2009 06:34

Thanks Momo, you definitely are the GYE expert in this area, have a great and clean day.... I can smell 30 days already, that is when I get to donate the first pesos in honor of your incredible journey...

Keep Rockin in the Free World!

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Re: Momo II: Another try

Posted by Momo - 29 Dec 2009 06:37

[habaletaher wrote on 29 Dec 2009 06:34:](#)

Thanks Momo, you definitely are the GYE expert in this area, have a great and clean day.... I can smell 30 days already, that is when I get to donate the first pesos in honor of your incredible journey...

Keep Rockin in the Free World!

Thank you and thanks again for your sponsorship!

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Re: Momo II: Another try

Posted by habib613 - 29 Dec 2009 06:52

have a good day!

;D

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Re: Momo II: Another try

Posted by Momo - 29 Dec 2009 07:11

Ach! I'm so disappointed with myself. I was flipping through the newspaper and found something that made me slip.

But at least I didn't fall.

I started reading newspapers when Rav S forbade me to use the Net. I guess I should stop with the newspapers and only glance at the news **headlines** on the Net to catch up on the news.

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Re: Momo II: Another try

Posted by Momo - 29 Dec 2009 07:35

[habib613 wrote on 29 Dec 2009 06:52:](#)

have a good day!

;D

Habib, I LOVE your pet rocks.

You reminded me that I had a pet rock when I was a kid. It was "in" then (hope I'm not aging
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myself