

Momo II: Another try

Posted by Momo - 17 May 2009 10:10

Hi everyone,

After originally joining this forum, my first streak was the best for me (24 days). That was accompanied by almost daily posts and the chart. More important than the number of days, during this streak I really felt the Kedusha and that was an amazing feeling. I felt that I was actually getting rid of lust from within me. However, after I fell, I gave up with the forum and chart, and had smaller streaks. I make efforts to try again, however, I never reached the feeling of Kedusha during the shorter streaks (that were between 5 and 20 days). I also never felt that I was getting rid of the lustful feelings. I was just counting days until the next fall.

Anyway, I'm ready to try again with the chart and posting on the forum. I'm ready to make a REAL effort again but I've been feeling very lonely for the past few days, and I need the chizuk from this board to remind me that I'm not alone, and someone cares if I try or not.

Here's another try to feel the Kedusha and attempt to rid myself of the lust...

My first clean day was May 12, so yesterday (May 16) counts 5 clean days so far.

May HaShem help me.

=====
=====

Re: Momo II: Another try

Posted by habib613 - 16 Dec 2009 15:19

oh man, rage, i can't stop laughing!

=====
=====

Re: Momo II: Another try

Posted by Momo - 16 Dec 2009 15:21

[Rage ATM wrote on 16 Dec 2009 15:18:](#)

didnt see this until just now...ok, here goes:

A rabbi, a penguin, and a turtle walk into a bar, the turtle says, "hey where can i get one of those outfits you guys are wearing?"

Good job Rage! Much better than what I could come up with.

I knew you wouldn't disappoint me. :D

=====

Re: Momo II: Another try

Posted by Momo - 16 Dec 2009 15:37

[habib613 wrote on 16 Dec 2009 15:15:](#)

because you're fighting back (or not, whatever) differently.

when you first started, you weren't seeing R' S., you weren't posting as much as now, you weren't calling Uri and imtrying, you weren't doing things that made you happy...

the list goes on and on

this time will be different.

and it's amazing to read your thread over, no?

Hmmm. I've really tried before, so I can't add the reason "because now I'm really trying". Also, I've acted out a lot when I first started seeing Rav S, so I can't add "because I now see Rav S."

But, you made some good points.

So, here's my updated list why this time will be different:

1. I have proven to myself that I can go to work for and not surf outside this site. (I've done it for 6 workdays straight.)
2. I now have friends to call when I'm feeling down or lonely. I don't have to feel lonely again.
3. I am trying to live by doing things that are (kosher and) fun!
4. I am fighting differently by letting it go and not trying to white-knuckle all the time.
5. I'm posting a lot more on the forum, and loosening up and having fun, joking around.
6. I'm making a list of things I'm grateful for each day.

Habib, do you ever feel panicky-scared that you'll act out and fall badly? What do you do?

=====

Re: Momo II: Another try

Posted by Momo - 16 Dec 2009 15:47

I just wanted to let everyone know I'll not be at work tomorrow. That means I'll be offline most of the time until Sunday morning. so don't worry; I'll be OK. My not posting tomorrow doesn't mean

I fell, c"v.

(IT25, that means that if you need anything from me, or to tell me anything related to the party,
I'll be available by cell the whole day.)

But, I'll be anxiously waiting to read new posts on my thread, so keep posting and responding to
what I've written today! I might check in before Sunday to read what you guys have written here.

you'll have to call me.

Good Shabbos and enjoy the rest of Channukkah!

Thanks for helping me have one of the most successful weeks of my life, and I don't mean with

=====
=====

Re: Momo II: Another try

Posted by imtrying25 - 16 Dec 2009 16:00

Momo you want to know why this time will be different?? Stop looking to the future so much.
Youv had an absolutly great two weeks. Now just take it one day at a time. Or even one hour.
Or even one minute if you have to. It will be different because you feel a pressure to prove its
gonna be different this time. Just tell yourself i want this great thing im doing now to cont for one
more day. Thats it. When you wake up tomorrow youll decide if you want it for another day.
Allow the difference to be seen when looking back. Were not Nevi'im. We dont know if or why its
going to be different. But its not our job to know either. Our job is to say i had a good day today
i want a good day tomorrow. Thats it.

regard to the amount of work I've done. I mean spiritually.
We love you momo. And well miss you. till you come back. Enjoy your mini vacation.

=====
=====

Re: Momo II: Another try

Posted by sci1977 - 16 Dec 2009 16:05

Keep it up Momo. Enjoy the past week. It's better to think about the good things then any of the bad.

=====

Re: Momo II: Another try

Posted by jerusalemsexaddict - 16 Dec 2009 16:58

A Rabbi,a pigeon, and a turtle walk into a bar.*

The bartender asks what they want.

The pigeon says "double scotch".

The turtle orders a beer.

"And what will you be having,Rabbi",the bartender asks.

The Rabbi grins.

"I'm walking around with a pigeon and a turtle.Isn't it clear I've drunk enough?"

A Rabbi,a pigeon, and a turtle walk into a bar.

They start discussing things about life that they enjoy.

The pigeon says "I get my enjoyment in life pooping on people's heads".*

The turtle says "I get enjoyment every time I hear another turtle and hare story".

The Rabbi whips out a butcher knife.

*

1.bp.blogspot.com/_B7iJN32O15U/SKZxyE-0QGI/AAAAAAAAAQg/V42NDjI7vZU/s400/2261-Cool+Funny+Pictures+-+Photos+-+Hilarious+-+Humor+-+Images+-+.jpg

*

aa.yhs.search.yahoo.com/avg/search?fr=yhs-avgb&type=yahoo_avg_hs2-tb-web_aa&p=turtle+eats+pigeon

=====
=====

Re: Momo II: Another try
Posted by habib613 - 16 Dec 2009 17:02

are my eyes decieving me?

no way did uri just come back...

hi!

and hysterical jokes :D

=====
=====

Re: Momo II: Another try
Posted by Dov - 16 Dec 2009 17:23

He came back for pidgeon jokes?

PFFFTTT!!!!

A rabbi, a priest, and a minister get together (first mistake) to prove whose better at their job. They go to the woods to convert bears and agree to compare notes in 1 hour. Back at the LZ, the priest says he got the bear to take a copy of the catechism and he agreed to come to church this sunday for communion. The minister relates how he actually baptised his bear and got him to flop on the ground and talk in tongues for a bit. They look around for the rabbi and find him on the ground nearby with his shirt and jacket wrapped around some wounds. They asked him

what happenned.

He just replied, "Maybe I shouldn't have *begun* with the circumcision."

Sorry. ;D

=====

Re: Momo II: Another try

Posted by the.guard - 16 Dec 2009 17:33

LOL Uri and Dov!! ;D ;D

Uri, thanks for coming back. We really missed you around these parts of the woods (where the
)

=====

Re: Momo II: Another try

Posted by imtrying25 - 16 Dec 2009 22:26

URI YOUR BACK!!!!!!!!!!!!!!!!!!!!!!

=====

Re: Momo II: Another try

Posted by habib613 - 17 Dec 2009 06:26

[Momo wrote on 16 Dec 2009 15:37:](#)

[habib613 wrote on 16 Dec 2009 15:15:](#)
bears roam ... **dov**

because you're fighting back (or not, whatever) differently.

when you first started, you weren't seeing R' S., you weren't posting as much as now, you weren't calling Uri and imtrying, you weren't doing things that made you happy...

the list goes on and on

this time will be different.

and it's amazing to read your thread over, no?

Hmmm. I've really tried before, so I can't add the reason "because now I'm really trying". Also, I've acted out a lot when I first started seeing Rav S, so I can't add "because I now see Rav S."

But, you made some good points.

So, here's my updated list why this time will be different:

1. I have proven to myself that I can go to work for and not surf outside this site. (I've done it for 6 workdays straight.)
2. I now have friends to call when I'm feeling down or lonely. I don't have to feel lonely again.
3. I am trying to live by doing things that are (kosher and) fun!
4. I am fighting differently by letting it go and not trying to white-knuckle all the time.
5. I'm posting a lot more on the forum, and loosening up and having fun, joking around.
6. I'm making a list of things I'm grateful for each day.

Habib, do you ever feel panicky-scared that you'll act out and fall badly? What do you do?

i think that's a really good list. and i would still add seeing R' S, because even if you acted out,even if you still act out, he is a very important factor in your recovery.

and yes, i get that panicky-scared feeling. sometimes i call people and sometimes i do everything i can to calm myself down. "breathe, habib, breath. calm down. don't quit. there are people out there who believe in you. they think you can do it."

as you can see, i haven't learned to let go and let G-d, so don't learn from me.

=====
=====

Re: Momo II: Another try

Posted by letakain - 17 Dec 2009 16:46

anyone who's hit as many days as you, habib is someone to learn from!

aizehoo chacham halomeid mikal adam!

and you give us a lot to learn from!

=====
=====

Re: Momo II: Another try

Posted by Momo - 20 Dec 2009 07:08

Hi everyone. I'm baaaaaaaaaack. :D

Last work-day-of no outside surfing to finish Rav S's challenge and allow me to return to him without seeing a psychiatrist first.

12 clean days behind me.

Baruch Hashem.

Have a great day and week everyone!

And, it was soooo cool to meet you in person!

=====

PS. Uri, thanks for keeping your promise.