

Momo II: Another try

Posted by Momo - 17 May 2009 10:10

Hi everyone,

After originally joining this forum, my first streak was the best for me (24 days). That was accompanied by almost daily posts and the chart. More important than the number of days, during this streak I really felt the Kedusha and that was an amazing feeling. I felt that I was actually getting rid of lust from within me. However, after I fell, I gave up with the forum and chart, and had smaller streaks. I make efforts to try again, however, I never reached the feeling of Kedusha during the shorter streaks (that were between 5 and 20 days). I also never felt that I was getting rid of the lustful feelings. I was just counting days until the next fall.

Anyway, I'm ready to try again with the chart and posting on the forum. I'm ready to make a REAL effort again but I've been feeling very lonely for the past few days, and I need the chizuk from this board to remind me that I'm not alone, and someone cares if I try or not.

Here's another try to feel the Kedusha and attempt to rid myself of the lust...

My first clean day was May 12, so yesterday (May 16) counts 5 clean days so far.

May HaShem help me.

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Re: Momo II: Another try

Posted by Momo - 15 Dec 2009 13:24

I'm sincerely honored. :D :D :D

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Re: Momo II: Another try

Posted by imtrying25 - 15 Dec 2009 15:57

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Re: Momo II: Another try

Posted by habib613 - 16 Dec 2009 06:32

Rage , were on the top of the list but your ABOVE list!!!!

GOOD MORNING MOMO!

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Re: Momo II: Another try

Posted by Momo - 16 Dec 2009 06:45

Good morning.

Got in a bit late today.

8 clean days behind me.

Today is workday #6 of the 7 workday no surfing challenge

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Re: Momo II: Another try

Posted by habib613 - 16 Dec 2009 06:47

Momo, you can totally do this, see?

you're awesome!

like when a baby has a bris...

eighth day.

start of a whole new life
8 days

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Re: Momo II: Another try
Posted by habib613 - 16 Dec 2009 07:31

have a great day!

i'm gonna go shluff now, but will check in, be'ezrat Hashem in 5 hours, and i want to hear
GOOD news, and those 5 things, and a joke.

is that too much to ask?

sorry.

viva la revolucion!

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Re: Momo II: Another try
Posted by Momo - 16 Dec 2009 07:34

Thanks.

Have a great shluff.

Nothing to be sorry about.

I'm happy you're finally getting some sleep.

See you later--

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Re: Momo II: Another try
Posted by 7yipol - 16 Dec 2009 07:44

[Momo wrote on 16 Dec 2009 06:45:](#)

Good morning.

Got in a bit late today.

8 clean days behind me.

Today is workday #6 of the 7 workday no surfing challenge

:o :o :o

HAve you internalized that number Momo?

8 clean days !!!

workday#6!

No need for us to say "Momo, you can do this"

rather; "Momo; you ARE doing this!"

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Re: Momo II: Another try

Posted by Momo - 16 Dec 2009 07:49

Thank you.

I'm trying not to think about the number of days too much. I don't want to build up pressure.
Pressure=Acting out.

I'm taking it one day at a time.

That's why I try to write every day that I'm grateful that I have one more day (one more chance) to prove to myself and HaShem that I can not surf around and not act out.

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Re: Momo II: Another try

Posted by Momo - 16 Dec 2009 07:59

[habib613 wrote on 16 Dec 2009 07:31:](#)

I'm gonna go shluff now, but will check in, be'ezrat Hashem in 5 hours, and i want to hear GOOD news, and those 5 things, and a joke.

is that too much to ask?

Hmmm. OK, I accept your challenge! ;D

I'm grateful for:

- My family for loving me and sticking with me

- GYE (My friends)
- My therapist who keeps me motivated, like a weekly booster shot.
- My health
- That Hashem has given me the opportunity to live one more day to prove to myself and Him that I can live another day without escaping to the Internet and acting out.
- My job. :o :o :o Yes, even though I'm bored and want to leave, the people are nice, and I'm able to support my family with respect.
- GYE (did I already mention that? :D)

Habib, I'm not good of thinking of jokes off the top of my head. But, if someone on the forum writes something I find funny, I'll respond in my own humorous way. ;D

How about I start what can be a joke and someone else finishes it? Gosh, I wish Rage was

A rabbi, a penguin, and a turtle walk into a bar.....

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Re: Momo II: Another try

Posted by imtrying25 - 16 Dec 2009 08:03

GOOD MORNING MOMO!! HOW YOU BE?? Its so obvious that your making huge strides. We here at gye are all so happy for you. Im sure it aint easy. But at the same time. im sure when you walk out of your office at the end of the day you must feel great. Keep it up. Your showing yourself and Hashem and all of us at GYE that this could be done. Thanks for the inspiration.

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Re: Momo II: Another try

Posted by Momo - 16 Dec 2009 08:33

awake to finish this. I can't imagine what he'd write.

[imtrying25 wrote on 16 Dec 2009 08:03:](#)

Thanks for the inspiration.

Thanks for the kind words. You guys are a BIG part of what little success I've had.

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Re: Momo II: Another try

Posted by habaletaher - 16 Dec 2009 09:43

Hi Momo,

I'm a newbie here, just posted my first post, Slogging Through the Muck, but I've been reading your thread, and kol hakovod to you!

Maybe someone on this thread can help me with a quick Q. I opened up a 90 day chart thingie and I lost my password, which isn't that bad, because I need to reset it now, so maybe this way when I retrieve my password I can see what it will look and what kind of reward/crown I will get when I'm clean for three days (that's a semi joke, I've seen three days many times before, thirty three on the other hand.... not so much). How do I figure out my password or reset the old one? Is there a forum thread that deals with housekeeping issues like this?

Thanks,

Habaletaher

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Re: Momo II: Another try

Posted by Momo - 16 Dec 2009 09:46

Thanks habaletaher! I'm honored you read my posts.

I don't know about the housekeeping. Maybe Reb Guard will read this and answer here, or alternatively, you may send him an email or private message with your questions. He'll either email or PM you back with the answers.

Good luck to you!

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