

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by Dov - 06 Jan 2010 22:50

His rebbeship is probably looking for a size 2 diaper for the mini-b.

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Re: bardichev's battle

Posted by bardichev - 07 Jan 2010 07:27

Baruch Hashem

I was zoche to my most un-triggering

And calm day in a very long time!

!b

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Re: bardichev's battle

Posted by imtrying25 - 07 Jan 2010 11:00

[bardichev wrote on 07 Jan 2010 07:27:](#)

Baruch Hashem

I was zoche to my most un-triggering

And calm day in a very long time!

!b

Mazel tov Rebbe!! Doesnt this deserve a l'chaim?? Wheres the woodford, rage??

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Re: bardichev's battle

Posted by bardichev - 07 Jan 2010 13:15

It surly does

LCHAIM

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Re: bardichev's battle

Posted by silentbattle - 07 Jan 2010 17:12

L'chaim!

I'm going to learn an extra 2 minutes in your honor! Feel the flavor of that as it goes down your throat - torah, aged to perfection, not in sealed casks, but in open tomes...with flavors of rishonim and achronim...

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Re: bardichev's battle

Posted by imtrying25 - 07 Jan 2010 17:25

Rebbe i think that cone has got to be replaced by a kleineh gleizegeleh fun voodferd!!!

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Re: bardichev's battle

Posted by Dov - 07 Jan 2010 17:41

Reb b,

Before the day is up could you please drop me a Shabbos oyoy thingie? Please?

Thank-you.

Just another day with our Tatty.

Bye!

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Re: bardichev's battle

Posted by bardichev - 07 Jan 2010 17:54

RebbeRebBer=DOV

Are you making early shabbos???

Its not easy to change the avodah

First of all I am drving a huge truck

I have many obstacles in the way

I try to avoid dangerous roads

I don't go back to highways where I know I broke down

So I avoid them

I still need to do a bunch of things

Before I head back to Bardstown KY for shabbos

But what doesn't a Rebbeh do for a choosid

Neeee lummir tantzen

Oy yoy shaboos koidesh oyoy shabbos koidesh

Shabbos shabbos koidesh

Heh heh

Bards

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Re: bardichev's battle

Posted by kutan - 07 Jan 2010 20:51

[bardichev wrote on 07 Jan 2010 07:27:](#)

Baruch Hashem

I was zoche to my most un-triggering

And calm day in a very long time!

!b

Was it my Poland Spring idea? Its been working wonders for me too.

:D

Anyway, Rebbe R' Bardichy and Rebbe R' Dov,

Kindly stick in few of your 'leave the ego by the door' posts on this thread every so often...

They really work wonders.

Its amazing how the ego just keeps growing back like a weed, no matter how clear the message may be at the moment. The next day...there he is again!

I guess thats why we need a Rebbe (or two).

Shkoyuch Gudal.

k

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Re: bardichev's battle

Posted by bardichev - 07 Jan 2010 23:21

SOMEONE SUGGESTED

I CHANGE THE NAME OF THIS THREAD

TO BARDICHEVS BOTTLE

:D :D :D

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Re: bardichev's battle

Posted by imtrying25 - 07 Jan 2010 23:25

[bardichev wrote on 07 Jan 2010 23:21:](#)

SOMEONE SUGGESTED

I CHANGE THE NAME OF THIS THREAD

TO BARDICHEVS BOTTLE

:D :D :D

well if i was in charge of gye points i would give him a coupla dem.

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Re: bardichev's battle

Posted by silentbattle - 07 Jan 2010 23:28

"al tikri 'bottle' elah 'battle.'"

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Re: bardichev's battle

Posted by rashkebehag - 07 Jan 2010 23:35

it is zicher nisht "bittel". one can never be "bittel" from the "battle" and not to hasty to reach for the "bottle".

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Re: bardichev's battle

Posted by Dov - 08 Jan 2010 01:10

As is usual, I read this thread and laugh my ego off!! Tell that one to Rage.

Thank you Hashem for giving me a friend like Reb b, and more than that, for helping him stay sane - but not too sane!!

I JUST **GOTTA** LOVE HASHEM!!!!!!

(Thanks b, and I love you and the rest of this chevra, too!)

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