

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by Sturggle - 15 Oct 2009 14:43

it's good you have balance rebbe,

cause i think guard was knocked off his k'nocker!!!!

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Re: bardichev's battle

Posted by Dov - 15 Oct 2009 23:50

Uri -

R' Guard is clearly the first guy, in bed on his side with GYE running, but where is his sleepy-keepy? And does his wife know about this business?

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Re: bardichev's battle

Posted by Rage AT Machine - 16 Oct 2009 13:01

shabbat shalom, bro...

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Re: bardichev's battle

Posted by bardichev - 16 Oct 2009 15:02

SHABBAT SHALOM!!!!

BRO !!!

PLEASE LET ME KNOW WHATS GOING ON

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Re: bardichev's battle

Posted by bardichev - 18 Oct 2009 15:24

I'M REALLY SORRY FOR NOT SENDING OUT MY HUGE GUT SHABBOS!!!!

SO HERE GOES!!

A GUTT CHOIDESH

MAY WE KEEP STRONG AND HOLD ON TO THE INSPIRATION OF YOMTOV!!!

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Re: bardichev's battle

Posted by bardichev - 21 Oct 2009 21:40

HELLO ALL HEIGEHS AND HEILIGOS

TODAY IS SEVEN MONTHS THAT I AM OFF THE

SHTUSS/SHMUTZ/CRY/DAVEN/SHTUSS/SHMUTZ/CRY/DAVEN/SHTUSS/SHMUTZ/CRY/DA
VEN/SHTUSS /SHMUTZ CYCLE

OK WITH OUT ANY FANFARE

AND ONE SHOT OF WOOD FORD

HERE GOES

I LEARNED 4 POWERFUL LESSONS IN THIS HOLY 7 MONTHS

HERE GOES ..AM I REPEATING MYSELF? YES I AM oops

HERE IS AN ACTUAL TEXT CONVERSATION WITH ME (bardichev) AND A GADOL HADOR
NAMED 'EFSHAR LETAKEN"

B;HI

EL : LISTENING TO A SHIUR ON SHEMIRAS EINAYIM IT'S FROM 2006

B: NUU SEND IT TO ME

EL: I WILL

B: IN '06 I WAS VERY 'SHVACH"

EL; I JUST SENT IT

B: I AM NOT TURNING BACK.. TODAY I AM SEVEN MONTHS CLEAN

EL; WOW!

B: IT'S A MIRACLE

EL: I AM AT SIX MONTHS APPROX.

B: YES TIGHT CLOTHES AND TALL BOOTS ETC WILL STILL TRIGGER ME

EL; MAN , IT ALWAYS WILL

B; BUT I DON'T GO TO THE BANK OR THE MALL TO FIND THOSE TRIGGERS ANYMORE

EL: WE CAN CHOOSE NOT TO LOOK A SECOND TIME

B: ONE THING I LEARNED IN 7 MONTHS IS .. SLIPPING IS NORMAL STAYING DOWN
AFTER YOU SLIPPED YOUR A REAL ...

EL:ITS ALL ABOUT GETTING YOUR BALANCE BACK

B: GET OFF THE FLOOR WIPE YOURSELF OFF.. KEEP ON MOVING.. ITS LIKE RIDING A BIKE

EL: YUP MR B WE "CHAZZERED THIS INYAN A 1000 TIMES

B:NEXT THING I LEARNED IS HARRYS WIFE HAS "NOTHING" TO DO WITH ME END OF SENTANCE ..NOTHING!

EL:THAT IS SUCH A POWERFUL IDEA!! YUPP

B: I DON'T CARE IF SHE IS ..OR WHAT SHE IS .. OR WHY SHE IS OR ISN'T..

EL; SHE IS A PROBLEM BUT SHE IS NOT "MY"PROBLEM

B: HEY I WILL NOT SOLVE THE MIDLLE EAST CRISIS OR THE HEALTHCARE DEBATE

I WILL NOT SOLVE THETHE TZNIUS ISSUE

EL: WHAT ABOUT LUST? IS IT STILL THERE?

B: HECK YESS BUT I LOVE MYSELF I LOVE HASHEM I LOVE MY WIFE AND MY KIDS MUCH TOO MUCH MORE THAN MY LUST

B: THE 3RD THING I LEARNED IS HOW CLOSE WE ARE TO HASHEM

B: HASHEM SEES US IN ALL OUR MATZAVIM AND HE ACCEPTS ALL OUR MISTAKES

B; THE SADDEST THING IS THAT WE NEEDED TO FALL TO FIRST BE PICKED UP AND
FEEL THAT LOVW

B: LAST SHOT ISTHE 4TH THING TJHIS FORUM IS ALL ABOUT AHAVAS YISROEL!!WOW
WHAT A KOACH!!

EL:

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Re: bardichev's battle

Posted by Efshar Letaken - 21 Oct 2009 21:57

Hey! Reb B.

You left out one of the best one liners out there we spoke about.

It Aint Your Ring Tone, Don't Pick It Up!

For those that don't get it, it's a line from bards.

If your in a crowd with many people & a Unique Ring Tone goes off would you look if its your
phone?!

No! Why?

It aint my ring tone why would I pick up my phone?

Bam!

It might be an "attractive" ring tone but it's **Not "My Ring Tone"**

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Re: bardichev's battle

Posted by Lechayim - 21 Oct 2009 22:20

This conversation you two had together sounds like two Tzaddikim talking who are going to many many many more tzaddikim!!! You really put in the right way of thinking. It covers all angels from all sides WOW BEAUTIFUL!!! ;D ;D ;D :D :D :D :D

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Re: bardichev's battle

Posted by Dov - 21 Oct 2009 23:00

Ring!!!!

Thanks, bardichever, for the smile on my face I get whenever I remember that I too, can learn to take my self a little less seriously. It's nice to come back down to the earth I'm standing on, without smooshing my face into the mud! Now that's precious!

Mushy, but precious.

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Re: bardichev's battle

Posted by kutan - 22 Oct 2009 00:13

kutan⁶⁴

:D Happy and proud to be a talmid of Mr. B, and a neighbor too. :D

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Re: bardichev's battle

Posted by Noorah BAmram - 22 Oct 2009 03:02

B: LAST SHOT ISTHE 4TH THING TJHIS FORUM IS ALL ABOUT AHAVAS YISROEL!!WOW
WHAT A KOACH!
Still waiting for the invite...

A truer statement could not be said!!

I've thought about this a lot: why is it that the chabura kadisha here at GYE is infused with a spirit of ahavas yisrael?

Here is my thoughts. Anonymity that previously had been the very source of our descent into the nether worlds of he** is also a blessing in disguise to us all here on GYE. The common denominator of our quest for recovery, for returning to Hashem, to spirituality, this is the only thing that unites us.

All the usual human pettiness, resentments and jealousy that are @ the root of all divisivness don't exist here on GYE.

On GYE our unity and purity of quest, bond us at the deepest levels of our very neshamos, where some might say we are not anonymous rather WE ARE All ONE!!!!

Fiery love to all

Noorah

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Re: bardichev's battle

Posted by G38 - 22 Oct 2009 10:26

REB B

WISHING YOU A HERTSLICHE MAZEL TOV FOR THE 7TH MONTH.

AS THE REBBE KNOWS AFTER 7 COMES *LEMALE MIDERECH HATEVA* MAY YOU ENJOY
THIS SHMITE AND CONTINUE UNTO THE NEXT LEVEL *BEYESER SEAIS UBEYESER OZ*

IY"H BY THE 7TH YEAR!!!!

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Re: bardichev's battle

Posted by bardichev - 23 Oct 2009 15:19

oy

yoy

OY

YOY

SHABBOS

WIHING EVRYONE ALL THE BEST AND THE HAPPIEST AND MOST UPLIFTING
SHABBOS!!

WITH ALL THE LOVE IN THE WORLD

bardichev

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Re: bardichev's battle

Posted by letakain - 23 Oct 2009 15:21

yay! i love those oy, oy's!

Have a heilige shabbos!

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