

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by Kedusha - 03 Sep 2009 16:10

Bardichev,

I think I sat next to you - was it the Goldberg Chasunah?

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Re: bardichev's battle

Posted by bardichev - 03 Sep 2009 16:17

GOLDBERG ??

I AM USUALLY ON THE DANCE FLOOR

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Re: bardichev's battle

Posted by Kedusha - 03 Sep 2009 16:21

I was there too. I hope you remembered your earplugs!

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Re: bardichev's battle
Posted by bardichev - 03 Sep 2009 16:25

DONT LAUGH

I DON'T KNOW ANY GOLBERGS

(OR GOLDBOIGS)

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Re: bardichev's battle
Posted by jerusalemsexaddict - 03 Sep 2009 22:16

Rabbeinu Hakadosh,

I feel bad cause only now did i have real time to go through most of your thread.It is quite long.

You are really something else.

You are very funny.Your humor is really witty and quick and consistent.

You are deep.

You are smart.

I'm more a fan than ever after reading your journey to 90.

Thank you.

-uri

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Re: bardichev's battle

Posted by Efshar Letaken - 03 Sep 2009 23:41

Reb B. You got one more Chusid!

We are gonna have to give a big Kidush on Shabbos.

Yup! gotta stock up on Woodford

Oy yo yo Shabbos!

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Re: bardichev's battle

Posted by kutan - 04 Sep 2009 12:13

Reb B.

Kedusha was phishing.

Gross. Klein. Goldberg, etc.

Don't forget, at a chasuna you get double chances to get it right (over say a bar mitzva).

Anyway, we are still waiting for the eitzos.

You see, one of the worries of the people on this forum is how to speak their children that are growing up...

fondly,

kutan

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Re: bardichev's battle

Posted by bardichev - 04 Sep 2009 13:45

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Thank you.

-uri

THAT IS THE ULTIMATE COMPLIMENT!!!

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Re: bardichev's battle

Posted by kutan - 04 Sep 2009 14:42

[bardichev wrote on 04 Sep 2009 13:45:](#)

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Thank you.

-uri

THAT IS THE ULTIMATE COMPLIMENT!!!

Its true too.

Have not gone through your thread yet (bogged down in 7up's which is about 50 pages, and very little caps either) but I know it anyway.

fondly,

kutan

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Re: bardichev's battle

Posted by bardichev - 04 Sep 2009 14:49

KUTAN YESS I WRITE IN CAPS

BUT I ALSO SPACE BETWEEN LINES TO MAKE IT READABLE

b

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Re: bardichev's battle

Posted by jerusalemsexaddict - 04 Sep 2009 14:50

im with k.

it makes it a bit of tirda.

but i understand that thats who you are,so its cool

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Re: bardichev's battle

Posted by kutan - 04 Sep 2009 14:55

Bardichev,

We love your caps and spaces.

keep it up!

k

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Re: bardichev's battle

Posted by bardichev - 04 Sep 2009 14:59

HERE IS MY ORIGINAL POST

<http://rehab-my-site.com/guardureyes/forum/index.php?topic=442.0>

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Re: bardichev's battle

Posted by Kedusha - 04 Sep 2009 15:13

[bardichev wrote on 04 Sep 2009 14:59:](#)

HERE IS MY ORIGINAL POST

<http://rehab-my-site.com/guardureyes/forum/index.php?topic=442.0>

Your posts are an inspiration, as are you my friend.

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