

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by bardichev - 28 Aug 2009 16:59

oy yoy SHABBOS KOIDESH

KEEP UP THE GOOD AND HARD WORK

SEE YOU ALL AT THE TISH!!!!

I BLESS YOU ALL WITH SHABBOS

MAY YOU FIND PEACE BLESSING AND THE CLARITY OF MIND TO SEE THE MIRACLES
HASHEM IS PERFORMING!!!

bARDICHEV

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Re: bardichev's battle

Posted by bardichev - 31 Aug 2009 17:02

Quote

If we do not learn to despise lust, meaning the animalistic actions that people so wontonly succumb to , then even if we are successful in 'building up' yiras shomayim and squashing it, who says we will be successful all the time? all one needs is a SINGLE downfall. It becomes unlikely that we will have a perfect record.

DESPISING LUST WOW!! THATS A TALL ORDER

ESPECIALLY FOR BOCHRIM WHO CAN NOT HANDLE THE FACT THAT THEY ARE LUSTING IN THE FIRST PLACE

A CLASSIC "TRICK" OF THE Y"H IS TO GET ONE "TOLOOK" AND THEN HIT HIM WITH ALL THE AVEIROS HE WAS OIVER.

I THINK THAT ONE NEEDS TO TAKE A COOLER AND CALMER APPROSCH

BECAUSE YOU CAN DESPISE LUST UNTIL..UNTIL.. THE NEXT TIME YOU FEEEEEL THE URGE TO LUST

ARE YOU CRAZY DO YOU THINK YOUR MIND IS GONNA TELL YOUR HEART HEY! I AM IN MIDDLE OF DESPISING YOU

BUDDY ID DOES NOT WORK THAT WAY

WE NEED TO COMMUNICATE ESPECIALLY TO OUR YOUNG BOYS AND GIRLS THAT THE FEELINGS THAT THEY FEEL AND THE URGES THEY HAVE ARE 1000% NORMAL

NOW THESE "NORMAL" FEELINGS NEED TO HAVE "NORMAL" REACTIONS.

AND THAT IS HOW YOU DEVELOPE "NORMAL" BEHAVOIR PATTERNS

IF A BOCHUR TELLS HIS REBBE HE HAS A PROBLEM RIRDING THE CITY BUS BECAUSE HIS EYES ARE ALL OVER THE PLACE

AND HIS REBBE TELL HIM OMG WHAAAT DID YOU SAY YOU LITTLE DUDDING MENUVAL ETC ETC ETC

YOU CAN BET WE WILL HAVE A LITTLE BUDDING MENUVAL

BUT.. BUT.. IF THE REBBE LIKE SOMEONE MENTIONED HERE (I HAD SUCH A REBBE) SAYS TZADDIK DON'T FEEL TOO BAD

I ALSO STRUGGLE IN THIS AREA EVERYONE DOES AND I WILL GIVE YOU "EITZOS" HOW DO CONTROL AND BALANCE

THAE BOOM! ANOTHER NORMAL PERSON JUST ENTERED SOCIETY

MY TWO KOPEKS

bardichev

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Re: bardichev's battle

Posted by Dov - 31 Aug 2009 19:37

That was worth a lot more than two Kopeks! It's horrible to "give in", can be counterproductive to just "despise" it, and suicidal to mud-wrestle with it.

For *anyone* to learn how to live as a person with a Y"H needs a little sechel, a lot of trust in Hashem, and a lifetime of siyata diSmaya, period. In a way, it may actually be *easier* for an addict, cuz he/she *can't* afford to wrestle with it, *can't* give in to it, and *needs* to learn how to just fall onto Hashem.

SYNICISM WARNING AHEAD! (enter at your own risk)

No rebbe will condemn his student's YH with as much disgust as the rebbe who is *losing the battle with his own* YH.

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Re: bardichev's battle

Posted by bardichev - 31 Aug 2009 19:48

rebberebber=DOV

OUCH DOES THE TRUTH HURT

Well, don't say I didn't warn you...

No rebbe will condemn his student's YH with as much disgust as the rebbe who is losing the battle with his own YH.

Well, don't say I didn't warn you...

I CAN NOT FIGURE OUT IF WE ARE DISAGREEING

DESPISING YOUR YH ONLY WORKS UNTIL THE NEW REPACKAGED RE-INTRODUCED
RE-BRANDED Y"H IS INTRODUCED

WITH ALL ITS BELLS AND WHISTLES

DOVID HAMELECH SAYS IN TEHILLIM

TACHLIS SINAA SINASIM

LIT. THE I HATED THEM (YH) TO ITS MAX

THE SFORIM HAKDOSHIM EXPLAIN TACHLIS =THE OUTCOME OF HATE

A HATE IS NOT ENOUGH

B HATE MAKES YOU A HATER

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Re: bardichev's battle

Posted by SoHard,YetSoRewarding - 01 Sep 2009 12:54

GGGGGGEVALDZHE BRIEDER VUS SHLUFSTI???

Shmilu

(formerly known as SD,YSR)

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Re: bardichev's battle

Posted by kutan - 01 Sep 2009 14:03

[bardichev wrote on 31 Aug 2009 17:02:](#)

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Reb B.,

Would you please elaborate on the eitzos?

Thanks,

Kutan

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Re: bardichev's battle

Posted by bardichev - 01 Sep 2009 14:10

BOCHUR EITZOS?? OR MARRIED MEN EITZOS??

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Re: bardichev's battle

Posted by kutan - 01 Sep 2009 15:01

[bardichev wrote on 01 Sep 2009 14:10:](#)

BOCHUR EITZOS?? OR MARRIED MEN EITZOS??

bachur please.

never mind.

why not give us both?

but bachur first, please.

thanks!

kutan

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Re: bardichev's battle

Posted by bardichev - 01 Sep 2009 21:28

bleee nedder tomorrow

sorry

b

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Re: bardichev's battle

Posted by Dov - 01 Sep 2009 21:53

R' b - Please don't forget some good eitzos for married men who *act* like bochurim.

I don't want to feel left out! ;D - D

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Re: bardichev's battle

Posted by bardichev - 01 Sep 2009 21:55

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TOO MUCH PRESSURE

YOISH!! (HABIB YIDDISH FOR OMG

b

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Re: bardichev's battle

Posted by Tomim2B - 01 Sep 2009 22:14

How about sharing the secret to driving with your eyes closed? What if you're the bus-driver? :D

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Re: bardichev's battle

Posted by kutan - 02 Sep 2009 00:09

The suspense is building. :o

I'm holding on even tighter to my chimesh.

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Re: bardichev's battle

Posted by bardichev - 02 Sep 2009 15:25

bARDICHEV IS SOOOOOOOOOOOO TIRED

I WENT TO A WEDDING AND DANCED "ALL NIGHT LONG"

I AM SO CHARLIE HORSE I CANT THINK

I OWE THE "OILEM " SOMETHING HERE

AND I OWE THE E.N. A POST

OH PLEASE DEAREST FRIENDS

HAVE RACHMANUS ON A TIRED CHOOSID FROM _____ THAT USED TO LIVE IN
FLATBUSH

HEY HEILIGE LETAKAIN I WILL BE IN FLAT BUSH TODAY BE"H

MINCHA IN LANDAUS YOU BET

VEGGIE PIZZA ON CONEY

U BET

COFFE IN YUSSIES (18TH AVE BP) U BET

ZZZZZZZZZZZZZZ

b

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