

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

---

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

=====  
=====

Re: bardichev's battle

Posted by Kedusha - 23 Jul 2009 00:45

---

[bardichev wrote on 22 Jul 2009 22:49:](#)

THE HUMBLEST PERSON IN THE WORLD-EVER!!!!

bardichev

Not true - I'm more humble! :D

=====  
=====

Re: bardichev's battle

Posted by 7yipol - 23 Jul 2009 09:15

---

=====

Re: bardichev's battle

Bardichev, Kedusha: I think we're going to have to fight this one out >  
Posted by bardichev - 23 Jul 2009 14:37

---

ESNACHTA TZADDIK 3 MORE POST U ARE @ 100

7UP WHO EVER CAME TO THIS SITE HAS A TOUCH OF HUMILITY (SERIOUSLY I KNOW  
NO ONE KNOWS WHEN I AM JOKING OR NOT WELL WELL THAT S ME)

bardichev from bardichev

=====

Re: bardichev's battle

Posted by 7yipol - 23 Jul 2009 14:48

---

Dear Bardichev from Bardichev,

Dont kid yourself,

I doubt Im the only one that picks up your serious comments amongst the jokes.

One of the reasons we love you is *because* of the great combination

7up from sodaville

---

=====

Re: bardichev's battle

Posted by bardichev - 23 Jul 2009 14:57

---

in the vein of seriousness

yes it is the 9 days

(notice the lowercase)

I serve hashem with simcha and Humor

I know it sounds crazy

but.. but.. that the

bardichever way

=====

Re: bardichev's battle

Posted by 7yipol - 23 Jul 2009 15:11

---

'Ivdu es Hashem b'simcha"

I know it sounds crazy

Im missing the 'crazy' part...?

I fully agree about the concept of lessening the simcha during the 9 days. In theory. Practically, Im not so sure.

There is a major difference between sadness and depression. Unfortunately, the YH also knows that, and uses this time of year to pounce on us by bringing our simcha level down to depression. Sadness and ruchnius emptiness is a mitzvah this time of year. Depression is an aveira 24/7.

I think that most GYE members (all?) suffer from low self esteem. Its a basic symptom of our addiction. For us, depression is always lurking around the corner. Kal v'chomer this time of year when the YH convinces us its a *mitzvah* Just as it is a mitzvah to bring cheer to a hospital ward all year round, so to simcha is needed on GYE, *davka* now.

Just a short explanation (to myself?!) as to why I am still trying to post 'up' posts.

Here at GYE, we will bring Mashiach by laughing the menuval away before tisha B'AV ;D

=====

Re: bardichev's battle

Posted by bardichev - 23 Jul 2009 15:26

---

yes yes

az yimale schok pee-nu!!!

we will laugh

and as for the 9 days

i changed my pic

typing lowercase

(I have to be modeh I read mordechai schmutter's article last night in hamodia magazine I almost choked from laughing)

eating milchigs (yes I had sushi too)

trying to concentrate by davening

b

=====

Re: bardichev's battle

Posted by 7yipol - 23 Jul 2009 15:36

---

You will yet bring the Mashiach.

Seriously

=====

====

Re: bardichev's battle

Posted by UTS - 23 Jul 2009 20:07

---

[7Up wrote on 23 Jul 2009 15:11:](#)

'Ivdu es Hashem b'simcha"

I know it sounds crazy

Im missing the 'crazy' part...?

I fully agree about the concept of lessening the simcha during the 9 days. In theory. Practically, Im not so sure.

There is a major difference between sadness and depression. Unfortunately, the YH also knows that, and uses this time of year to pounce on us by bringing our simcha level down to depression. Sadness and ruchnius emptiness is a mitzvah this time of year. Depression is an aveira 24/7.

I think that most GYE members (all?) suffer from low self esteem. Its a basic symptom of our addiction. For us, depression is always lurking around the corner. Kal v'chomer this time of year when the YH convinces us its a *mitzvah* Just as it is a mitzvah to bring cheer to a hospital ward all year round, so to simcha is needed on GYE, *davka* now.

Just a short explanation (to myself?!) as to why I am still trying to post 'up' posts.

Here at GYE, we will bring Mashiach by laughing the menuval away before tisha B'AV ;D

Good points!

I would like to point out that simcaha does not necessarily mean what the velt thinks it is. It is not just humor, even though that helps.

Rabbi Twerski spoke about this once and it was taped. If anyone wants, I will try to find the link. I think that he made fundamental points in this inyan.

I just found what I think is a link to that recording;

[www.torahmedia.com/search/fileinfo.php?sid=9rho8244g5zt6x2&cid=&directlink=29706&frompage=](http://www.torahmedia.com/search/fileinfo.php?sid=9rho8244g5zt6x2&cid=&directlink=29706&frompage=)

=====

Re: bardichev's battle

Posted by UTS - 23 Jul 2009 20:12

---

[guardureyes wrote on 21 Jul 2009 19:49:](#)

I tell my kids I'm doing Kiruv... It's not easy for them that I am so involved in it and not enough with them... I can see what you mean. But what can I do? "Set aside time for them each day", you'll say. Well, I try to eat supper with them. I learn with my son, hmm... Everyone, please Daven for me that the "kiruv" I do shouldn't cause "resentment" in my wife or children.



Dear Guard,

To make you feel better I hope. Look doesn't any person who has a job have that problem?

=====  
=====

Re: bardichev's battle

Posted by bardichev - 24 Jul 2009 03:50

---

esnachto tzaddik see the nesivos shalom on shabbos chazzon its amust

b

=====  
=====

Re: bardichev's battle

Posted by bardichev - 24 Jul 2009 17:31

---

OY YOY

SHABBOS KOIDESH

b A R [color=GREEN]D[color=PURPLE]I [color=PURPLE]C [color=BLUE]H [color=NAVY]E  
[color=MAROON]V

=====  
=====

Re: bardichev's battle

Posted by yechidah - 24 Jul 2009 20:01

---

bardichev

you fill me with simcha.a quality I admire greatly.

I want to say on thing about Kiruv.everyone can do it.even if I am not talented in this field,can't I daven for another Yid?when I do this,there is an automatic kiruv,even if you don't see it in gashmius yet.Hashem takes your bardichiver tefillah and uses it to bring a Yid closer to Him.When from the pnimius of your nefesh,you ask Hashem,please help this and this Yid,Hashem is already running to help him.because Hashem says if you bardichev care about my ben or bas Yisroel,how could I not care Myself?

So there is no excuse not to do this type of kiruv.because this every ben and bas yisroel can do this even if he or she is not capable of doing it in other ways.

Have a wonderful wonderful shabbos heiliger bardichev

=====

Re: bardichev's battle

Posted by bardichev - 28 Jul 2009 05:00

---

holiest brothers and sister

no I did not go A.W.O.L

I DID GO TO THE MOUNTAINS YIKES!!

I DID WHIP OFF MY GLASSES IN THE REST AREA THANKS TO BENMOSHE

(BUDDY I WISH YOU WERE MY ENGLISH TEACHER WHAT A STYLE)

THE DOG DAYS OF SUMMER ARE HERE BIG TIME HOT HUMID AND ALL THAT COME ALONG WITH IT.

LETS ALL TRY TO BE COOL CALM AND COLLECTED

I WILL KEEP U ALL POSTED

H&H

b

=====

=====