

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by inastruggle - 19 Jul 2013 02:03

oy tatteh oy tatteh helf inz shoin...

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Re: bardichev's battle

Posted by Lizhensk - 21 Jul 2013 00:00

[Gevura Shebyesod wrote:](#)

Forget Barditchev, LIZHENSK is here!!!

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aawwww, the Barditchever chassidim got baleidigt!? oh well... TZ is on my side already, so

Re: bardichev's battle

Posted by tehylimzugger - 21 Jul 2013 11:50

[Lizhensk wrote:](#)

Gevura Shebyesod wrote:

wrote:

Forget Barditchev, LIZHENSK is here!!!

aawwww, the Barditchever chassidim got baleidigt!? oh well... TZ is on my side already, so

SO NOT MASKIMMMMMMMMMMM!!!!!!!!!!!!!!!

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Re: bardichev's battle

Posted by Lizhensk - 21 Jul 2013 12:53

[Pidaini wrote:](#)

ROCKIN' AND ROLLIN'

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Re: bardichev's battle
Posted by yehoshua - 21 Jul 2013 13:29

there is enough ice cream for the rav lizhenski too

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Re: bardichev's battle
Posted by ZemirosShabbos - 22 Jul 2013 19:48

[yehoshua wrote:](#)

there is enough ice cream for the rav lizhenski too

with sprinkles

that's the spirit

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Re: bardichev's battle
Posted by ZemirosShabbos - 12 Sep 2013 22:01

drashas shabbos shuva 5774 from the heiliger rebbe b himself

I'm a crazy? Am I a fool?

Am I living my life in denial?

Of course I am going to do teshuva.

But what will be motzai yom kippur? What will be rosh chodesh shvat addar addar2??

So what's the deal? Yom kipper is what we call in yiddish a "gelegenheit" an opportunity. (Gelegeneheitsounds more geshmak) to HIT THE RESET BUTTON. Yes we wiLl sin yes we will fall. Yes we will crash and burn. BUT... We will have a "bild" a picture of what a brand new factory rebuilt better than new feels like. Clean fresh holy geshmakkkkk!!

Have a wonderful yom kipper.

Its a gelegenhite!!!!

Regards from the realsville shammes

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Re: bardichev's battle

Posted by gibbor120 - 12 Sep 2013 22:03

. I miss him - sigh.

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Re: bardichev's battle

Posted by tehillimzugger - 12 Sep 2013 22:09

I believe there has been no mention of AYT Muffins this year -just taking the gelegenhite to

mention that.

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Re: bardichev's battle

Posted by Lizhensk - 12 Sep 2013 22:10

[gibbor120 wrote:](#)

. I miss him - sigh.

I'm bardsville sick

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Re: bardichev's battle

Posted by ZemirosShabbos - 12 Sep 2013 22:16

here ya go

enjoy!

if you eat it tomorrow you get an added mitzvah

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Re: bardichev's battle

Posted by tehillimzugger - 12 Sep 2013 22:30

[Lizhensk wrote:](#)

[gibbor120 wrote:](#)

. I miss him - sigh.

I'm bardsville sick

ModeratorRRRRRRRRRRRRRRRRRRR:angry:
Re. Barichev's battle
Posted by Gevura Shebyesod - 12 Sep 2013 23:23

here ya go

enjoy!

if you eat it tomorrow you get an added mitzvah

if you save them for tomorrow they will be ~~leftovers~~ baked-aheads.

Re: bardichev's battle
Posted by ZemiroShabbos - 12 Sep 2013 23:27

der rebbe zol inz fieren kegen moshiach tzidkainee

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