

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control. (I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by kosher - 07 Nov 2012 10:26

[guardureyes wrote on 06 Nov 2012 16:30:](#)

I'm glad bards made it to realville and called in to say hello :D

We miss him.

Yeah we do. We also miss the days when Guard himself used to actively post around here.

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Re: bardichev's battle

Posted by tehillimzugger - 07 Nov 2012 16:02

[kosher wrote on 07 Nov 2012 10:26:](#)

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Re: bardichev's battle

Posted by 1daat - 16 Nov 2012 21:33

ditto

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Re: bardichev's battle

Posted by Shteeble - 04 Dec 2012 01:31

ditto

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Re: bardichev's battle

Posted by Gevura Shebyesod - 04 Dec 2012 01:37

Mega Dittos

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Re: bardichev's battle

Posted by tehillimzugger - 05 Dec 2012 13:25

can I "ditto" something I said myselph [or rather, quoted myselph]?

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Re: bardichev's battle

Posted by Shteeble - 06 Dec 2012 00:45

obsolootly

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Re: bardichev's battle

Posted by ZemirosShabbos - 08 Apr 2013 23:35

Tooooooot

(thats a direct quote from the heiliger rebbe)

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Re: bardichev's battle

Posted by mr. emunah - 09 Apr 2013 00:05

HEH HEH

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Re: bardichev's battle

Posted by 1daat - 01 May 2013 09:58

Zem, thanks for the reminder. I gotta make a dentist app't, been putting it off. It's like becoming a real mensch. I've been putting it off.

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Re: bardichev's battle

Posted by tehylimzugger - 14 Jun 2013 18:30

Oy Rebbe! Amehrikih iz nisht Mezhbizh.

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Re: bardichev's battle

Posted by ZemirosShabbos - 14 Jun 2013 18:56

sigh...

its nice to see the rebbe's thread bumped, even if the rebbe moved from Bardstown to Realville

Realville Toot!

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Re: bardichev's battle

Posted by Gevura Shebyesod - 18 Jun 2013 03:30

Forget Barditchev, LIZHENSK is here!!!

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Re: bardichev's battle
Posted by ZemirosShabbos - 18 Jun 2013 19:09

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