Generated: 1 August, 2025, 09:11

bardichev's battle Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH. C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH.So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H.I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

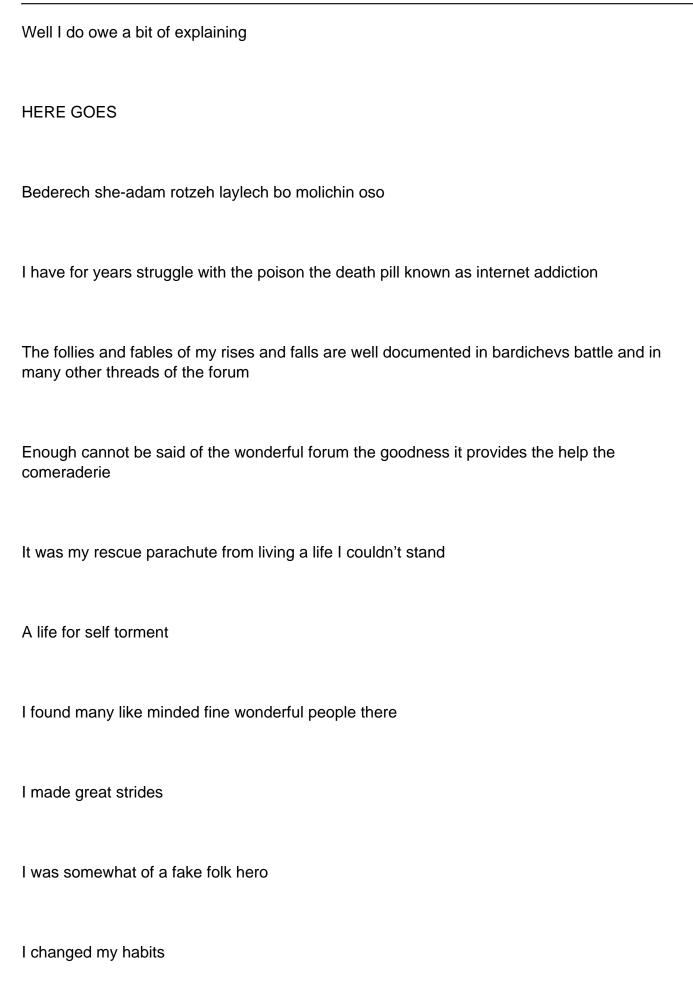
I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHISHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

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Please give me the chizuk (and mussar too) to reach my goal.
May Hashem bentch each and every one of us.
Humbled and happy
bardichev
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Re: bardichev's battle
Posted by tehillimzugger - 02 Aug 2012 19:59
Back wrote on 25 Jun 2012 22:47:
been while since i posted i still have no idea of bards is back or not even after catching up on this thread. hi ya'all/
Who cares bout bards [wait, did i just say that, gulp] we got BOT!!!!!!!!!!!!!!
Re: bardichev's battle
Posted by Gevura Shebyesod - 02 Aug 2012 20:06
====
Doubowishoula battle
Re: bardichev's battle Posted by tehillimzugger - 13 Aug 2012 16:19
hi 4

Well maybe I shud be a little humble and think that maybe im not missed



I was at a cross road where I was going to head with continuing on the forum or not

5 / 17

Im not the result or the reaction of anyones deeds or misdeeds

6 / 17

I have become a better person

A better husband
A better father
A better son
A better Jew
No longer do I feel the urge to tell the world how I feel
Or what to feel
Or explain the addictive nature of the addictviling addictive addiction
Or the addiction to the addiction
Or the addiction to that
Im out
Im in the the school of hard knocks
Im a scrappy little foot soldier



Hey di u wanna start the daf tomorrow

I said

Yup

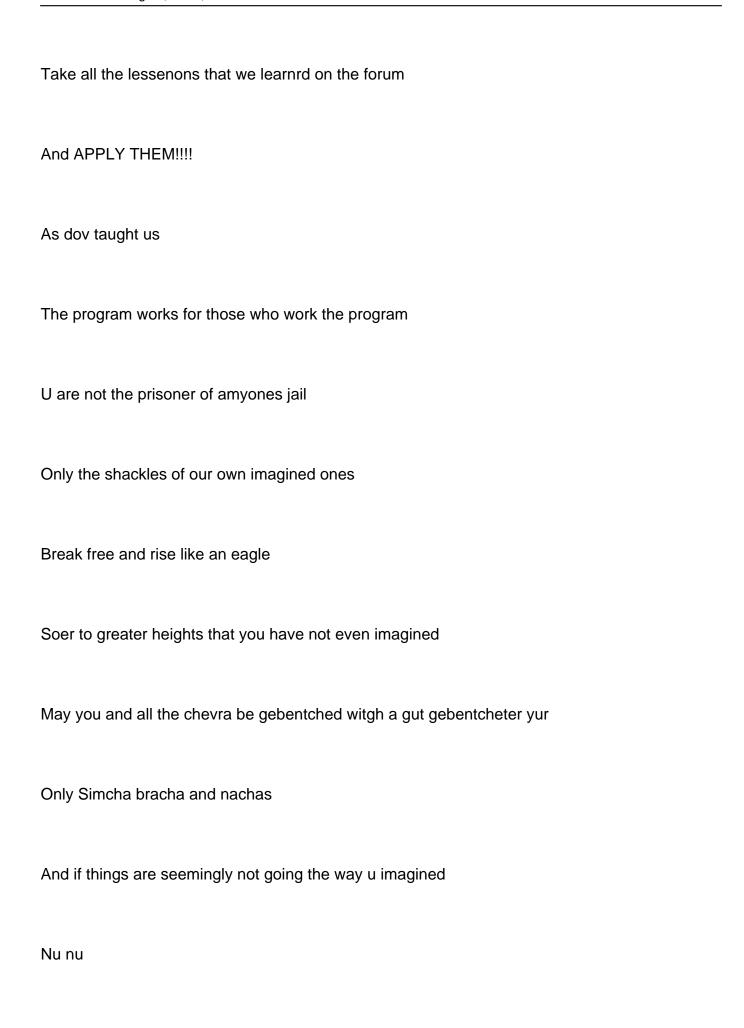
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It will be hard

But come clean to your spouse

She will be more supportive than u can imagine

There is no greater time than now



Keep on trucking!!	
Ony Simcha!!	
You are no ones fault!!!	
Gmar chssima tovah	
=======================================	
Re: bardichev's battle Posted by Shteeble - 24 Sep 2012 16:38	
Bardstown population 0 Realville population 2494	
=======================================	
Re: bardichev's battle Posted by Shteeble - 30 Sep 2012 02:11	
Maybe the rebbe can start a daily newspaper?	
The Realville Post	
imagine the chizuk	
and we can have an	
I Remember When	
section	

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oh well
=======================================
Re: bardichev's battle Posted by ZemirosShabbos - 26 Oct 2012 15:47
Chuna?
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Re: bardichev's battle Posted by Dov - 26 Oct 2012 18:09
Yeah, what?
OOOPS!!!
AHHHH!!!!
=======================================
Re: bardichev's battle Posted by 1daat - 29 Oct 2012 05:40
I like it that my grown kids come home once in a while to do their laundry and have a nosh from the kichel tin. Thanks B.
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Re: bardichev's battle Posted by mr. emunah - 30 Oct 2012 16:37
Yow! That expalnition of realville is sharp and painful! i'm going back to sleep
====
Re: bardichev's battle Posted by Shteeble - 06 Nov 2012 00:13
dov wrote on 26 Oct 2012 18:09:
Yeah, what?
OOOPS!!!
AHHHH!!!!
Dov, you have a good sense of humor.
You made me laugh.
thanks.
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Re: bardichev's battle Posted by the guard - 06 Nov 2012 16:30

I'm glad bards made it to realville and called in to say hello :D

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