Generated: 31 July, 2025, 05:46

bardichev's battle Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH. C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH.So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H.I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHISHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

GYE - Guard Your Eyes

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| Please give me the chizuk (and mussar too) to reach my goal. | | |
|--|--|--|
| May Hashem bentch each and every one of us. | | |
| Humbled and happy | | |
| bardichev | | |
| ====================================== | | |
| Re: bardichev's battle Posted by bardichev - 25 Oct 2011 20:31 | | |
| please send me a PM | | |
| ======================================= | | |
| Re: bardichev's battle Posted by wishing for the real me - 25 Oct 2011 20:47 | | |
| How? Last time I triend the person never recived it. | | |
| ==== | | |
| Re: bardichev's battle Posted by bardichev - 25 Oct 2011 20:55 | | |
| i will send u a pm all u need to do is hit reply | | |
| ==== | | |
| Re: bardichev's battle Posted by wishing for the real me - 25 Oct 2011 20:56 | | |

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| Re: bardichev's battle Posted by bardichev - 25 Oct 2011 21:31 | |
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| Re: bardichev's battle Posted by JackAbbey - 25 Oct 2011 21:33 | |
| gr8 | |
| ======================================= | |
| Re: bardichev's battle Posted by Dov - 25 Oct 2011 21:38 | |
| lomir feifen a bissel! | |
| ======================================= | |
| Re: bardichev's battle Posted by ZemirosShabbos - 26 Oct 2011 15:0 | 5 |

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|---|
| Toooooooooooooooo |
| (that's feif in english) |
| ==== |
| Re: bardichev's battle Posted by wishing for the real me - 26 Oct 2011 19:11 |
| www.guardyoureyes.org/forum/index.php?topic=4385.0 |
| ==== |
| Re: bardichev's battle Posted by obormottel - 26 Oct 2011 21:39 |
| wishing for the real me wrote on 26 Oct 2011 19:11: |
| http://www.guardyoureyes.org/forum/index.php?topic=4385.0 |
| did you mean this http://www.guardyoureyes.org/forum/index.php?topic=4385.msg122874#msg122874 ? |
| ======================================= |
| Re: bardichev's battle Posted by wishing for the real me - 26 Oct 2011 21:58 |
| yes |

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Generated: 31 July, 2025, 05:46 Re: bardichev's battle Posted by ZemirosShabbos - 31 Oct 2011 21:41 rebbe, speaking for myself and possibly others, can we get a Parsha Tidbit, a bardifact, a serialized novel, an illustrated megilas antiochus, a guide to making a menora out of Woodofrd bottles and possum teeth, Davy Crockett's cholint recipe or anything else that the citizens of bardstown find inspiring? Re: bardichev's battle Posted by bardichev - 31 Oct 2011 21:47 no megillas k9 doesnt let me do images we will think of something zemms

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| Re: bardichev's battle Posted by ZemirosShabbos - 31 Oct 2011 21:50 | |
|--|--|
| beh-yu-tee-fool | |
| i vill b vaiting | |
| ======================================= | |