Generated: 29 July, 2025, 16:30

bardichev's battle Posted by bardichev - 19 Apr 2009 19:51

\_\_\_\_\_

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH. C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH.So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H.I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHISHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Generated: 29 July, 2	025. 16:30	)
-----------------------	------------	---

Please give me the chizuk (and mussar too) to reach my goal.
May Hashem bentch each and every one of us.
Humbled and happy
bardichev
====
Re: bardichev's battle Posted by gibbor120 - 14 Sep 2011 17:01
did you mean this?
www.guardyoureyes.org/forum/index.php?topic=4219.msg118707#msg118707
====
Re: bardichev's battle Posted by ZemirosShabbos - 14 Sep 2011 17:34
i tink so
=======================================
Re: bardichev's battle Posted by Back on Track - 14 Sep 2011 17:41
gibbor120 wrote on 14 Sep 2011 16:44:
I feel like I'm at the barber with a mirror both in front of and behind me. I'm getting dizzy :o

Re: bardichev's battle

Posted by bardichev - 14 Sep 2011 21:13

**GYE - Guard Your Eyes** 

Well in that case,

B0000!
=====
Re: bardichev's battle Posted by ZemirosShabbos - 14 Sep 2011 21:27
rebbe b, did you order t-shirts, caps, mugs, mousepads and monogrammed possum cages for the big 5000 yet?
=======================================
Re: bardichev's battle Posted by bardichev - 14 Sep 2011 21:30
gibbor120 wrote on 14 Sep 2011 21:16:
What do you have planned for the big 5000?
we will have a huge tish
samuels field in bardstown will hold the shatter ha-annukki
=
Re: bardichev's battle Posted by heuni memass - 20 Sep 2011 18:18

**GYE - Guard Your Eyes** 

## **GYE - Guard Your Eyes** Generated: 29 July, 2025, 16:30

•
heuni
thanks for the suggestion
herr ois
ubber herr gut
i will give you a shiur in keep on truckinh
now i will sound like my old maggid shiur
vusss??!!
heunni!??
vuss!!
foon dayn kasha zeh ich azz du bichlal farshtayst nit dem sugya!!!!
bin ich gerecht??!!

**GYE - Guard Your Eyes** 

THE POINT OF KEEP ON TRUCKING IS
TRUCK ALONG EVEN IF THE ROAD FEELS LIKE SANDPAPER
ITS ALL BUMBPY
POHOLES
ONE FLAT TIRE
2 BLOWOUTS
PULLED OVER BY THE COPS
THE SHERRIF
THE SHVIGGER
YOU HAVE NO GAS
TOO MUCH GAS
TOO MUCH CHOLINT

TRIGGERS
NO TRIGGERS
FALLS SLIPS
BREAKFAST
SNOWSTORMS YAK-ATTACK
JUSTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTTT
KEEP ON TRUCKING
======================================