

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control. (I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by bardichev - 06 Sep 2011 20:57

<http://www.whitworthfamily.org/1982postcereal.htm>

zacharti chessed ni-uraich!!!!

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Re: bardichev's battle

Posted by bardichev - 06 Sep 2011 20:58

theimaginaryworld.com/box725.jpg

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Re: bardichev's battle

Posted by bardichev - 06 Sep 2011 20:59

does anyone remember what came in in super sugar crisp?

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Re: bardichev's battle

Posted by ben durdayah - 06 Sep 2011 21:01

[bardichev wrote on 06 Sep 2011 20:46:](#)

do you remeber the liscence plates??

Sure do- I even remember how they smelled like the fruity/cocoa pebbles even after you opened the cellophane...

And do you remember the bikes with the banana seats?

(I think we're going to have to start a new thread on the topic "I remember when")

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Re: bardichev's battle

Posted by Yosef Hatzadik - 06 Sep 2011 21:05

Honeycomb watches

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Re: bardichev's battle

Posted by Gevura Shebyesod - 06 Sep 2011 21:08

Just don't go postal..... ;D ;D ;D ;D ;D

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Re: bardichev's battle

Posted by bardichev - 06 Sep 2011 21:10

bike reflectors

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Re: bardichev's battle

Posted by bardichev - 06 Sep 2011 21:14

bendy the fruity pebbles

who ate fruity pebbles

only rich kids in camp munk

who's mothers didnt care about health

but those came with little pouches that looked like fred flintstone

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Re: bardichev's battle

Posted by ben durdayah - 06 Sep 2011 21:24

Sorry, my Mommy gave us "Sugar Cereal" (as she would call it) Lekuved Shabbos Koidesh
-betzafra deshabata farren davenen...

All week long we only knew of Cheerios...

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Re: bardichev's battle

Posted by Gevura Shebyesod - 06 Sep 2011 21:47

[ben durdayah wrote on 06 Sep 2011 21:24:](#)

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All week long we only knew of Cheerios...

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Re: bardichev's battle

Posted by ben durdayah - 06 Sep 2011 22:14

Maybe, but if you're *really* my brother then you would be able to tell me what you used to say
when the name of the state on the license plate was mentioned...

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Re: bardichev's battle

Posted by JackAbbey - 06 Sep 2011 23:50

have you seen Bards brand new car!

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Re: bardichev's battle

Posted by bardichev - 07 Sep 2011 02:38

jack u brought a smile to my face

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Re: bardichev's battle

Posted by ZemirosShabbos - 07 Sep 2011 17:06

when the rebbe smiles, all the chasidim smile

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