bardichev's battle Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH.So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H.I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHISHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle Posted by chazak - 23 Aug 2011 22:23

Re: bardichev's battle Posted by bardichev - 24 Aug 2011 04:33

Thanks to all

I will be back tomorrow

Feel free to pm me

Anytime

I am here for each and every one of you

GYE - Guard Your Eyes Generated: 14 September, 2025, 04:15

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Re: bardichev's battle Posted by ZemirosShabbos - 26 Aug 2011 17:07

a git shabbos rebbe b, mit simcha ve'nachas

Re: bardichev's battle Posted by Dov - 30 Aug 2011 21:33

Ah zooper gitten Choidesh Reb b!!!

Re: bardichev's battle Posted by Yosef Hatzadik - 30 Aug 2011 21:37

dov wrote on 30 Aug 2011 21:33:

Ah zooper gitten Choidesh Reb b!!!

V'nomar Amen.

And "Ah zooper gitten Choidesh to you, Reb d!!!, too!!!

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Re: bardichev's battle Posted by bardichev - 02 Sep 2011 16:36

wow

im back from vaca8shun

i missed soo much on the forum

i need 3 hours to read!!!!!!!!!!!!!

pleeeeeeeaz pm me

who ever

when ever

where ever

i am here for all of u!!!!!!

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Re: bardichev's battle Posted by Back on Track - 04 Sep 2011 01:31

Yomim al ymei melech tosif....

Re: bardichev's battle Posted by bardichev - 06 Sep 2011 14:57

4800

thats an awful amount of post

besides all the yiddish posta

besides all the deleted posts

besides all the zilliion PMs

Re: bardichev's battle Posted by JackAbbey - 06 Sep 2011 15:08

post shmost keep on posting

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Re: bardichev's battle Posted by ZemirosShabbos - 06 Sep 2011 15:13

Re: bardichev's battle Posted by Back on Track - 06 Sep 2011 17:22

ZemirosShabbos wrote on 06 Sep 2011 15:13: try usps.com

yeah they are a POSTal service!

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Re: bardichev's battle Posted by bardichev - 06 Sep 2011 17:46

c w post

Re: bardichev's battle Posted by ben durdayah - 06 Sep 2011 20:37

Don't forget these ...

try usps.com

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Re: bardichev's battle Posted by bardichev - 06 Sep 2011 20:46

do you remeber the liscence plates??

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