

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

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Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control. (I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by ben durdayah - 18 Aug 2011 06:12

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[bardichev wrote on 18 Aug 2011 01:09:](#)

ben der duyah

is this guy your brother??

What ever happened to anonymity!

GLOBAL MODERATOR -Please fix this at once!

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Re: bardichev's battle

Posted by Back on Track - 18 Aug 2011 22:30

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reb bardsky... just dropping in to say keep a green thumb on your lawn.

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Re: bardichev's battle

Posted by Back on Track - 22 Aug 2011 00:57

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Bards this is SIRIUS... There is some dude on another thread with your username talkin psychology.... I sorry to have to break that news but I thought you should know so you could put an end to it.

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Re: bardichev's battle

Posted by bardichev - 22 Aug 2011 04:17

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sykloodgey shmikolodgee

just be happy!!!

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Re: bardichev's battle

Posted by Gevura Shebyesod - 22 Aug 2011 05:07

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[Back on Track wrote on 22 Aug 2011 00:57:](#)

Bards this is SIRIUS... There is some dude on another thread with your username talkin psychology.... I sorry to have to break that news but I thought you should know so you could put

an end to it.

Sirius Black? I thought he died in book 5?

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Re: bardichev's battle

Posted by bardichev - 22 Aug 2011 16:50

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i was clearly makdim

i wanna discuss sicko-lodgey there

here its all fun and games

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Re: bardichev's battle

Posted by ZemiroShabbos - 22 Aug 2011 17:13

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a cheery good day to you rebbe b

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Re: bardichev's battle

Posted by Back on Track - 22 Aug 2011 20:00

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sane as it ever wuz.

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Re: bardichev's battle

Posted by bardichev - 22 Aug 2011 21:37

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[deletebrowser@gmail.com](mailto:deletebrowser@gmail.com)

didnt give yh a chance

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Re: bardichev's battle

Posted by Back on Track - 22 Aug 2011 22:09

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yep. i heard he never even saw it coming. just totally blindsided.

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Re: bardichev's battle

Posted by ZemirosShabbos - 23 Aug 2011 19:16

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sources tell me the rebbe is trucking along, b'h

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Re: bardichev's battle

Posted by Back on Track - 23 Aug 2011 20:31

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htta earthquake was der tata i himmel sayin wake up shluffyhead and stay outa damud.

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Re: bardichev's battle

Posted by ZemirosShabbos - 23 Aug 2011 20:34

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the whole area was rocking and rolling

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Re: bardichev's battle

Posted by ben durdayah - 23 Aug 2011 20:56

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Earthquake?

And here I thought it was just the rebbe's eighteen wheeler rolling through D.C. ...

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