

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

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Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by bardichev - 12 Aug 2011 03:24

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bot

hang out wiff me

wee will haff sumpphun

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Re: bardichev's battle

Posted by Back on Track - 12 Aug 2011 11:47

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Ok.... Who's payin?

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Re: bardichev's battle

Posted by Zemiroshabbos - 12 Aug 2011 15:46

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a gevaldiger shabbos, mit alle pitchifkes, to you and yours, rebbe b

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Re: bardichev's battle

Posted by Back on Track - 15 Aug 2011 12:50

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Seyag lchochma shetika... But too much of it on the forum and I start getting lonely.

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Re: bardichev's battle

Posted by bardichev - 15 Aug 2011 14:38

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ok now i am BACK ON TRACK

i was in deh kundtree

and my cb radio has no timmenneh internet

kot!!!!!!!!!!!!

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Re: bardichev's battle

Posted by Back on Track - 15 Aug 2011 15:15

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Ahh the country... Halevai one day I should be so blessed as to be able to have a few days in the lountain air wit me vibe and kinder.

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Re: bardichev's battle

Posted by ZemirosShabbos - 15 Aug 2011 18:01

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[Back on Track wrote on 15 Aug 2011 15:15:](#)

Halevai one day I should be so blessed as to be able to have a few days in the lountain air wit me vibe and kinder.

[Back on Track wrote on 15 Aug 2011 15:14:](#)

Umain!

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Re: bardichev's battle

Posted by bardichev - 15 Aug 2011 18:13

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bardichev

Global Moderator

Hero Member

Posts: 4664

FSKOT! (Fell Shmell--Keep on Trucking)

balance balance!!!!!!!

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Re: bardichev's battle

Posted by Back on Track - 16 Aug 2011 17:02

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go for teh 5 k challenge bards.....

my mom told me to keep trucking today. G-d speaks to man through his environment. ...

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Re: bardichev's battle

Posted by ZemirosShabbos - 16 Aug 2011 18:57

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this is for the B5K celebration

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Re: bardichev's battle

Posted by Back on Track - 16 Aug 2011 18:58

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man dats a lotta woodford!

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Re: bardichev's battle

Posted by bardichev - 16 Aug 2011 19:16

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zemmy where can i buy that truck?

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Re: bardichev's battle

Posted by gibbor120 - 16 Aug 2011 19:17

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And it appears to be highly flammable :o

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Re: bardichev's battle

Posted by bardichev - 16 Aug 2011 21:06

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bardichev

Global Moderator

Hero Member

Posts: 4700

FSKOT! (Fell Shmell--Keep on Trucking)

yala yalla yaliliy!!!!!!!!!!!!!!

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