

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

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Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by Back on Track - 10 Aug 2011 04:02

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Only 18 bucks? L'CHAI'I'm!

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Re: bardichev's battle

Posted by chazak - 10 Aug 2011 05:13

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hello bard i never saw your thread yet. its to long for me to look over all of these 126 pages but i felt i like your attitude i like you so i am just wishing you my best in here.

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Re: bardichev's battle

Posted by Shteeble - 10 Aug 2011 08:04

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ditto

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Re: bardichev's battle

Posted by Shteeble - 10 Aug 2011 08:05

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oops

except for the never saw your thread part

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Re: bardichev's battle

Posted by Back on Track - 10 Aug 2011 11:56

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I thought bards thread was mandatory reading to get into gye?

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Re: bardichev's battle

Posted by bardichev - 10 Aug 2011 14:24

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ok here is some straight forward chizzuk

look in the mirror

talk to yourself

(make sure no one is around or they will send u to bellvue)

scream loWDLY!!!!

I AM NO ONE'S FAULT!!!

again

I AM nones fault

life is meant to be lived in the present

not in the past

i will deal with my issues nisyonos hangups addictions habits middos ghosts dibbukim (pick your flavor)

as they come

in real time

i am no ones fault

i will not blame ny lackof shmiras eye-naim

not on the neighbor,the cleaning lady ,tthe shvigger,the rebbetzin,the queen,the stewardess,

i will not blame the internet the iphone the blackbery the wii the psp the the ipad pad ped pid pud

i actually don't even need to blame

did anyone ever tell a orthopedist

that the sidewalk was too hard??!!

did anyone tell a heart doctor ??!! the cholint was too fatty??

maybe they did

does it help if it someones fault ??no!!!

so why are we sitting around crying

keep on trucking

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Re: bardichev's battle

Posted by bardichev - 10 Aug 2011 20:19

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BARDS WRITES

NO ONE BITES :o :-[ ::)

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Re: bardichev's battle

Posted by ZemirosShabbos - 10 Aug 2011 20:30

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warning: he bites

and btw, Rebbe B, that post is awesome

it's all about being in the no-hand-wringing-zone

i can always use a reminder

shkoyach gadol

and please put me on your permanent ice-cream truck route

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Re: bardichev's battle

Posted by shteighecher - 10 Aug 2011 20:59

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The reba is lo ulini loking on the shpigel ?

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Re: bardichev's battle

Posted by bardichev - 10 Aug 2011 21:00

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zemmy is going to look in ggoooooooooogle images for a rebbe looking in a shpigel

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Re: bardichev's battle

Posted by chazak - 10 Aug 2011 22:19

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Rebbe your ice cream cone is triggering one of my teivois.

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Re: bardichev's battle

Posted by Dov - 11 Aug 2011 12:56

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Thou Shalt Not Blame The Rebbe For Thine Ta'aivos Awakening, sir.

- The Twelfth commandment.

(The eleventh is moving your car on alternate side of the street parking days)

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Re: bardichev's battle

Posted by Back on Track - 11 Aug 2011 13:33

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There is no blame. Man was create w/ challenges and to put in his effort and turn to Hashem for help.sometimes that means turning 2 others as well. Even the previously quotes of Rambam say 2 turn to the healers of the soul for help. Seems a contradict to the chovos halevvs that one must rely only on Hashem no? But its NOT. Sometimes He wants US 2 ask for His help THROUGh others.

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Re: bardichev's battle

Posted by ZemirosShabbos - 11 Aug 2011 15:11

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to echo what you wrote BOT,

there is a famous story (related by the Yetev Panim) of how the Yismach Moshe became mekurav to chasidus. He decided to travel to the Choizeh of Lublin. on the way he thought to himself about what Chazal say Haba letaher mesayen oso. Why does it say 'mesayen', in plural, it should have said mesaya, that the RBSO helps.

When he arrived at the Choizeh, the Choizeh said to him (even before the Yismach Moshe could ask), haba letaher mesayen lo, meaning the RBSO helps, and tzadikim help as well, hence the plural.

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