Generated: 1 August, 2025, 15:06

bardichev's battle Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH. C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH.So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H.I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHISHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

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Please give me the chizuk (and mussar too) to reach my goal.
May Hashem bentch each and every one of us.
Humbled and happy
bardichev
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Re: bardichev's battle Posted by pinokio - 27 Jul 2011 08:58
7up, tell youknowwho that the fish had babies.
bardsani mamash lo maamin.
Re: bardichev's battle Posted by bardichev - 27 Jul 2011 14:50
GOOD MORNING TO ALL!!
FORGET CRYING HANDWRINGING BLAMING
JUST KEEP ON TRUCKING!!!!!!!!!!
====
Re: bardichev's battle

GYE - Guard Your Eyes Generated: 1 August, 2025, 15:06 Posted by Stuart - 27 Jul 2011 15:17 Welcom back to the NO HANDWRINGING ZONE! Re: bardichev's battle Posted by ZemirosShabbos - 29 Jul 2011 16:42 message from the the humble-happy rebbe to the no-handwringing zone: Here is to my favorite friends. Goood shabbos. Stay happy!! Re: bardichev's battle Posted by ben durdayah - 31 Jul 2011 22:06 bardichev wrote on 24 Jan 2011 17:48:

We

Want

More

3 / 11

Generated: 1 August, 2025, 15:06 We Want More!! bardichev wrote on 24 Jan 2011 20:25: The

Fans

Are

GYE - Guard Your Eyes

Generated: 1 August, 2025, 15:06 Waitttttttttting **IMPPAAYSHINTLEEE** ==== Re: bardichev's battle Posted by ZemirosShabbos - 01 Aug 2011 14:53 seems like the people want more free concerts, roundtable discussions, and general pep-talks from our favorite Global Moderator, may his light shine forth wonder where he is.... maybe a Woodford hangover? a cholint overdose? debt-talks? Re: bardichev's battle Posted by bardichev - 01 Aug 2011 16:02 hey buddies

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im gonna be open and frank
i have very limited internet acces
my bleck-berri (yiddish for blackberry)
has no browswer
thanks to deletebrowswer@gmail.com
i have no computer at home
or in deh kundtree
so now i"m back at work with my filtered computer
git voch
git choidesh!!
im here for everyone!!!!
kot!!
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Re: bardichev's battle Posted by ben durdayah - 01 Aug 2011 17:50
Good to hear!
Moiredig!
Gevaldigggg!
Way to go!
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Re: bardichev's battle Posted by bardichev - 01 Aug 2011 17:59
m sorry for being so sharf
here are many things we cant control
ike seeing women at work,street,advertisements.travel etc.
ubber limann Hashem install a filter
without a filter u r dead

Re: bardichev's battle Posted by 1daat - 03 Aug 2011 03:43

Rebberebberubyrebbe. It's good to get away. It's good to come home. Yes?

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reb levi yitzchak and a trucker on the same page!!!