bardichev's battle Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH. C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH.So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H.I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHISHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

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Please give me the chizuk (and mussar too) to reach my goal.
May Hashem bentch each and every one of us.
Humbled and happy
bardichev
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Re: bardichev's battle Posted by ZemirosShabbos - 19 Jul 2011 16:08
On The Road wrote on 19 Jul 2011 03:04:
Or in SA terms You can't think yourself out of a problem you acted your way into (or 'acted out' your way into.
OTR, that was a really good summation of the point
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Re: bardichev's battle Posted by ZemirosShabbos - 25 Jul 2011 15:02
bardichev wrote on 17 Jan 2010 12:24:
Happy Trucking!!!

GYE - Guard Your Eyes Generated: 2 August, 2025, 03:07
Yup I said Happy
If we are alive we have reason to be happy!!
Reason to live
Rerason to Keepontruckin!!
Ooooh oOooh aaaay. Yyay. Yyaay,!!!!
В
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Re: bardichev's battle

Posted by 7yipol - 26 Jul 2011 08:37

Not the same without him: '(

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Re: bardichev's battle

Posted by ZemirosShabbos - 26 Jul 2011 16:20

GYE - Guard Your Eyes Generated: 2 August, 2025, 03:07

7Up wrote on 26 Jul 2011 08:37:	
Not the same without him :'(
very true	
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Re: bardichev's battle Posted by ZemirosShabbos - 26 Jul 2011 18:27	
Revv up da endjinsss	
=======================================	:========
Re: bardichev's battle Posted by Tomim2B - 26 Jul 2011 18:33	
Hey Bardichev,	

2B

Re: bardichev's battle

Posted by shteighecher - 26 Jul 2011 18:47

GYE - Guard Your Eyes

faint shouts of 'lechaim' can be heard from afar.

the air is filled with electricity.

as it nears we can make out the form of a possum-drawn wagon.
Mush! lechaim!, the shouts intermingle.
urging on the horses, the visage of our beloved rebbe, with fiery eyes and flowing robes. 'quicker, quicker, yidden need to get serious about not being too serious!' he shouts.
and in bardsville, hope springs eternal.
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Re: bardichev's battle Posted by Yosef Hatzadik - 26 Jul 2011 19:23
Is the Dapper Author part of the Rebbe's entourage?
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