

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by bardichev - 03 Sep 2010 17:51

this is it

oy yoy shabbbbbos koidesh!!

bardichev

gooooood shabbos to all

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Re: bardichev's battle

Posted by bardichev - 08 Sep 2010 16:33

a gitte gebentshter yoor!!!!!!!!!!!!!!!!!!!!!!!!!!!!

with all the love in the world

bardichev

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Re: bardichev's battle

Posted by ovadia - 13 Sep 2010 09:45

[bardichev wrote on 01 Sep 2010 17:58:](#)

I WROTE THIS TO OVADIA

Hey Bardichev, I never saw this hemshech. Thank you and Dov.

I have a question for you.

In the context of Teshuva the seforim all talk about ??????? ?? ?'. Is that a "feeling" one gets of being close to HaShem or is it something more real/tangible?

Thank you.

Ovadia

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Re: bardichev's battle

Posted by Dov - 13 Sep 2010 16:58

The extent and quality of the relationship you end up with (with anybody, not just Hashem) depends upon what you put into it.

If I connect with my wife mainly as my personal candy machine, I get a relationship with a candy machine. Wow....profound...meaningful...satisfying...**not**.

Same l'havdil with Hashem. He can be my personal candy machine, sometimes I gotta pay for it, sometimes for free....still, all He is to me is my machine. OK, the machine has my name on it...but it's still basically a machine. He didn't make life to be that way! Maybe that's the way it is for malochim and for the stars, sun, and moon ("koach ugvurah nosan bohem...") - but not for us humans (yeah, the creatures that drink Woodford, as Reb b would put it.. ;D). For us there is a real G-d there! He took us **out** of 'beis avodim' - slaves are like machines! But now, we are out of beis avodim because b'ni b'chori Yisrael! We are **His kids** now! (so darshens the Sfas Emess on those p'sukim)

So: we read the 13 middos and see just Who this G-d is! We want *more* than a candy machine? Then we gotta become *yod'ey* Hashem...whatever that means. Ask Yirmiyahu hanavi, who described it clearly and referred to His Rachamim.

And it takes time and work.

Same with the wife. Know her as a body....get fun, frustration, pain, desire, more pain...more lust...mazel tov. But after it is over, it's all just memories, nothing more. Nothing tangible....is that 'real'? Anyone can play 'husband' and 'wife'. Anyone can go through the motions and even say "I love you".

But when you don't stop at that, and *work* to know and appreciate who she really is *besides* a body, (and besides even a *woman!*)...**now** the connection can be real/tangible. And it grows, and grows. There can be joy, even when you are apart, cuz it's not an act and not just a memory.

That takes work and time. It all depends on what we want.

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Bardichev's battle

Posted by loi-misyaeish - 13 Sep 2010 20:37

I'm about to drink a 'l'chaim in yerusholayim', with two holy guys of gye, it won't be woodford though. Take one too! It's on the big occasion of reaching ninety days after over a year, and hopefully many more good days to come. KOT! Loi-m

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Re: bardichev's battle

Posted by bardichev - 13 Sep 2010 21:34

lichaim!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

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Re: bardichev's battle

Posted by ovadia - 14 Sep 2010 09:25

[dov wrote on 13 Sep 2010 16:58:](#)

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Wow Dov. That is profound.

So, if to me my daavening, learning etc only seems real when it gives me a good *feeling*, then HaShem is to me my candy machine, and therefore when it does not *feel* right i.e. I am not receiving my candy I go for the other candy i.e. acting out .

[dov wrote on 13 Sep 2010 16:58:](#)

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And it takes time and work.

I confess that I now realize that I don't know anything, except that if it is easy it is probably candy. I hope that I will soon understand what the real thing is.

Thank you Dov and thank you Bardichev. What I have received from both of you is priceless.

BTW I am trying to learn from this in my thread "another day"

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Re: bardichev's battle

Posted by bardichev - 14 Sep 2010 22:27

here is chizzuk i posted somewhere else

My good chaver

We say "keep on trucking"

Meaning keep on fighting keep on rolling keep on hitting the yh (yetzer hora)and if he hits you nu nu.. Just bounce back and hit him again and again

Ok now read this next paragraph slowwwly

You will never ever git rid of your YH

Sorry

You will ALWAYS have urges triggers and sad to say slip and even falls

So bardichev waht are you saying this whole battle is for nothing???

No no no and again no!!!

The job we have is to be engaged in the battle

That's our job

Its not our job to think and imagine the day being a retired general reading a stack of old battle books in a rocking chair and a cigar surrounded my medals and memorabilia

No it also not our job to say hey this is toooo huge foe me ill just chicken out and watch from the side

Yeah every once in a while I'll jump in

Neh! We need to be fully engaged. Full time. At all costs. Day. Night. At work. On the street. In shul. At weddings. At the computer the blackberry. The everthingggg

You need to resolve that u are in it to win it. And winning means STAYING IN THE GAME!!!

Keep on trucking

Bardichev

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Re: bardichev's battle

Posted by bardichev - 16 Sep 2010 18:10

gmar chassima tova to all

remeber yom kippur is a day of tahara

we come clean

atta nosen yad laposhiim

keep on trucking see ya'll

after yom kippur

bardichev

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Re: bardichev's battle

Posted by bardichev - 22 Sep 2010 15:41

gut yom tov to all!!!!!!!!!!!!!!

be happy with Hashem

be happy to be yid!!!!!!!!!!!!!!

freilach!!!!!!

drink woodford

eat cholint

be besimcha!!!!!!!!!!!!!!!!!!!!!!

winning IS staying in the game

park your trucks

and put on your dancing shoes!!!!!!!!!!!!!!

bardichev

gut yomtov

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Re: bardichev's battle

Posted by Holy Yid - 22 Sep 2010 17:41

Good Yom tov Bards, Good yom tov to all.

May we all live in the shadow of G-d and always have true joy.

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Re: bardichev's battle

Posted by bardichev - 08 Oct 2010 15:40

ok chevra here goes

the trucker will be driving off the beaten path (its not related to the forum its personal)

i will be a bit out of the loop for the next while

please please please

stay in touch thru the pm

please keep the good spirit alive

only with simcha we will prevail

we are not here to become angels

we are here to be holier than animals

keep on trucking

git shabbos git choidesh

your best friend

who loves all of you ahavas nefesh

bardichev

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Re: bardichev's battle

Posted by Dov - 08 Oct 2010 19:30

Mir luven du, barditchever!

...is that yiddish, at all?

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Re: bardichev's battle

Posted by ZemirosShabbos - 11 Nov 2010 18:33

vuss macht der Admor Mi'HumbleHappy?

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