

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

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Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control. (I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by bardichev - 23 Apr 2010 19:48

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Oy yoy!!! Shabbos koidesh oy yoyo shabbos koidesh!!

A GEVALDIGGGGER shabbos!!

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Re: bardichev's battle

Posted by Dov - 23 Apr 2010 21:14

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Shoolem i'Broocha meineh chaver!! :-\*

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Re: bardichev's battle

Posted by jewinpain - 23 Apr 2010 21:19

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Heiliger rebba, I'm inviting u over for l'chaim that's gana take place this shabbos kodesh in every GYE'ers heart for reb JIP, I will sip a little bit for as much members as I can, this is gana be a real shabbos kodesh

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Re: bardichev's battle

Posted by bardichev - 23 Apr 2010 21:56

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Reb Jip

Ill have u in. Zin by

By every sip

B

A gitten shabbos

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Re: bardichev's battle

Posted by Yosef Hatzadik - 26 Apr 2010 16:49

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[jewinpain wrote on 23 Apr 2010 21:19:](#)

Heiliger rebba, I'm inviting u over for l'chaim that's gana take place this shabbos kodesh in every GYE'ers heart for reb JIP

Usually the alcohol goes to my head, this time it went straight to my heart! :D

Reb **JIP**, you warm my heart!

Ah yiddisher hartz!!!!

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Re: bardichev's battle

Posted by bardichev - 30 Apr 2010 18:28

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OY YOYY

SHABBOS. KOIDESH!!!

Gevaldigggg

Park the truck!!

Have a lchaim

!!!!!!!!!!!!

Bards

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Re: bardichev's battle

Posted by sci1977 - 30 Apr 2010 18:31

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Good Shabbos bards!! Hope all is well!!

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Re: bardichev's battle

Posted by Yosef Hatzadik - 30 Apr 2010 19:03

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With humid High 80 degree weather being forecast for Shabbos Kodesh, can we get some Ice Cream for our Oneg Shabbos Party?

Please?

Please?

Pleeeeeeeeeeeeezzzzzzzzzz?

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Re: bardichev's battle

Posted by bardichev - 30 Apr 2010 21:10

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Oib men vett zich heetin dee. Oiygelichh

Yuuhhhh

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Re: bardichev's battle

Posted by bardichev - 05 May 2010 20:33

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where is my picccccccccccccc??

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Re: bardichev's battle

Posted by Yosef Hatzadik - 05 May 2010 20:35

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The ice-cream melted while GYE was off-line. Sort-of like a black-out. :(

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Re: bardichev's battle

Posted by bardichev - 05 May 2010 20:38

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we must start all over again

i missed this forum

i actually got some work done

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Re: bardichev's battle

Posted by Yosef Hatzadik - 05 May 2010 20:41

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These new emoticons... :( The tears freeze halfway down! ... or is it the ice-dream refreezing?

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Re: bardichev's battle

Posted by Holy Yid - 07 May 2010 17:34

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How can you have ice cream on shabbos? have you become a cold litvak?

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