

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by Dov - 14 Mar 2010 22:59

Mazel Tov on the big nine-oh! But as they say: Have a good **one**! (get it? **One**...? Heh, heh.....

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Re: bardichev's battle

Posted by Momo - 15 Mar 2010 11:54

Bardie,

I haven't really following the forum for the past 2 weeks. I just found out about your fall. I'm really sorry about that.

It's hard for me to understand how you rose so fast after falling, how you didn't fall into a depression. It takes me a few days to a couple of weeks to dust myself off after a fall, depending on how bad the fall was.

You really are a great man, and we all respect you.

-MOMO

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Re: bardichev's battle

Posted by bardichev - 15 Mar 2010 12:04

Dear Momo

Thanks for your kind words

I am proud to have learned. What everyone knows that no matter how many days you have "under your belt" you need to be on guard as day one.

Now a person will mess up. Yes a person will make mistakes but but..

That is not as bad as staying down

Staying down "IS" the ruse of the YH

So look him in the eye and KOT!!!

B

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Re: bardichev's battle

Posted by Sturggle - 15 Mar 2010 17:56

Reb B,

I, as well, have been a bit ignorant of this thread for the last while.

WOW..., that's what I got to say. Take it from Yehuda and Dovid HaMelech,

being able to be modeh on a mistake from a difficult position.

I am honored to have witnessed what transpired here.

Looking forward to trucking with you for many years to come!

;D ;D :D

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Re: bardichev's battle

Posted by bardichev - 16 Mar 2010 04:33

Hi its bards

No I'm not bored

I'm pesaach cleaning

Yes separating legos from playmobil

Of course, one day at a time!
If you are up and bored

Say hi!!

B

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Re: bardichev's battle

Posted by Ineedhelp!! - 16 Mar 2010 04:46

Hi Bards,

I am not bored here just saying hi. I was wondering something. Are you going to change that picture for Pesach? I assume its not Kosher Le'Pesach?? Nu? ;D ;D ;D

Gotta sell the whole truck!

-Yiddle

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Re: bardichev's battle

Posted by bardichev - 16 Mar 2010 04:48

Gevaldigggg

The ice cram is kosher lipeasch its the cone that is chamets

Ok we have what to work on!!!

Bards

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Re: bardichev's battle

Posted by Dov - 17 Mar 2010 04:45

[bardichev wrote on 16 Mar 2010 04:48:](#)

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Re: bardichev's battle

Posted by Yosef Hatzadik - 17 Mar 2010 15:53

[dov wrote on 17 Mar 2010 04:45:](#)

[bardichev wrote on 16 Mar 2010 04:48:](#)

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Bards

Is this meant as a metaphor: The ice cream = relations between a man and a woman; Kosher lipesach = in itself is Kodesh Kodoshim;

The cone = the packaging that is sold in the world; Chametz = sin?

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Re: bardichev's battle

Posted by bardichev - 17 Mar 2010 16:14

[Yosef Hatzadik wrote on 17 Mar 2010 15:53:](#)

[dov wrote on 17 Mar 2010 04:45:](#)

One again, thanks for putting *it all* into perspective for us all, Reb b! :

[bardichev wrote on 16 Mar 2010 04:48:](#)

Gevaldigggg

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YOSEF IT S NOT EXACTLY WHAT I MEANT

WHAT I MEANT WAS :

WE IN OUR LIVES MAKE SILLY LITTLE JUSTIFACATIONS FOR BAD BEHAVOIR

I NEED NOT GIVE EXAMPLES BECAUSE WE ALL KNOW OUR WEAKNESS

BUT JUST AS A ICE CREAM WITH A CHOMETS CONE IS CHOMETS

SO TOO MANY OF OUR SILLY LITTLE EXCUSES IS JUST THAT

BARDS

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Re: bardichev's battle

Posted by Yosef Hatzadik - 17 Mar 2010 16:18

Thanx 4 dumbing it down 2 my level.

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Re: bardichev's battle

Posted by bardichev - 17 Mar 2010 16:41

BTW

THE CONE IS GONNA BE MODIFIED FOR PESACH

WE WILL USE A NON-GEBROKST KITNIYOS FREE BATCH

YOU CAN BUY IT IN POM POM IN FLATBUSH

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Re: bardichev's battle

Posted by Dov - 17 Mar 2010 18:42

Really?! Do they sell any kushereh schmutz, too?

No?

Then how about just some resentment and self-pity mit a hechsher'l...

Not yet?

Ok, how about just stick me in a kitniyos cone, fire me off (using "kitniyos power") to bard's shteeble for a l'chayim and we'll call it even!!

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Re: bardichev's battle

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everyone on this forum knows that me and rebberebber=dov are as diametrivc opposites as

borscht and fruit punch
Oy vei....i need some sleep.... :

but.. we are very close freinds and look out for one another

plus..

i have G-d given powers to decipher Dovish

but.. but.. this one will need an extra scoop of bardy with sprinkles and hot fudge

here goes...

Really?! Do they sell any kushereh schmutz, too?

what rebberebber=dov is asking

That we live in a land of plenty and everything goes a nd everything carries a Hechsher

it is not difficult to get menupatz lishmah tzitzis

you can get sushi with the best hechsher

and even non gebrokt cereal that can be eaten with parveh milk

so when will we see in this "spoiled rotten" generation

well you know what I mean...

thats what he means by resentment

like it"s not fair!! (and heck it isn't)

dov is not looking for any heterim

it's just the double standard that drives both of us nuts (hazel nuts or almonds ,cause peanuts are kitnoyos0

Bards

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