

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by bardichev - 10 Mar 2010 04:15

Thanks Steve!!

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Re: bardichev's battle

Posted by Steve - 10 Mar 2010 04:43

On top of your ice cream cone?

ARE YOU PREGNANT OR JUST CRAZY?

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Re: bardichev's battle

Posted by bardichev - 10 Mar 2010 04:57

Just crazy!!

~~We will have a flaums half sour crunch on that~~

Herr ois!!

We can only battle with simcha!!

All the yh wants is to sever the connection between us and Hashem

Yes we say chatanu avinu pashanu

But it is lifanecha

We are in front of you Tatteh

Gevaldigggggggg!

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Re: bardichev's battle

Posted by Steve - 10 Mar 2010 05:03

You are so cool,

and you aint just "spinnin your wheels.."

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Re: bardichev's battle

Posted by bardichev - 10 Mar 2010 05:16

Steve ill stop by with my truck

I will visit ur slice of the east coast usa

All the yetzer hara wants is us to say

We can't fight

We lose

You win

We are losers

Yeah mrdirtyrotten!!

Could be I am a loser

But I am not lost

I can puLL over

Pop the front off the tractor(that is soo cool) change a few spark plugs

Add some wOodford into the gas tank

Wipe away my tears put on my tom petty hat and dark ray bans wink smile

And we are "rollin"

Rollin!!!! Baby!

Freinds my truck will visit ur slices of the east coast soon

See ya!!

And rage when can I get a ride on your choPper??

B

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Re: bardichev's battle

Posted by Dov - 10 Mar 2010 22:35

I love you, reb b! Raybans or no!

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Re: bardichev's battle

Posted by bardichev - 11 Mar 2010 01:44

BH day 3

Bh the good truck gevalldigggg is rollin

Thank Hashem for not allowing me to get triggered

I really feel humble and privileged!

We are on the winning team!!

Thanks to aLI my freinds who reached out to me and offered chizzuk and support

Gevaldigggggggggg!!!

B

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Re: bardichev's battle

Posted by habaletaher - 11 Mar 2010 07:52

Harav Bardy,

You are sooo big, you are so unbelievably giant, you are so great that you can pretend to be this really funny chassidishe guy who likes Woodford and knows too much about the Olympics, but you are really a lamed vavnik. The strength you displayed in that first post after your bump (I just read it now) is so great, that I'm starting to think that we need to have the IOC check you for steroids. I fell after 76 days and my attitude was a lot closer to that luge guy who crashed and burned, while you just sailed over it with a double McTwist!!!

I wish I could just get on your truck and ride with you for a year or two, (no worries, I'll pay for the Liebers potato chips and Lchayim Diet Cola for both of us)

You give me enormous chizzuk. Ha-shem looks down at his child Reb Bardy and He is filled with pride watching your warrior neshama fight it out every day, mile after mile...

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Re: bardichev's battle

Posted by bardichev - 11 Mar 2010 15:43

HABA THANKS FOR THE COMPLIMENT

I APPRECIATE IT

THE FACT IS I AM HAPPY BUT NOT PROUD

WANNA MAKE ME PROUD??

GET OFF HE FLOOR AND INTO MY TRUCK!!!

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Re: bardichev's battle

Posted by silentbattle - 11 Mar 2010 16:28

:D

Man, if we could see through eyes of ruchniyos, we'd see trucks with BARDY stenciled on the side driving all over the world! You've helped so many of us learn how to drive, heck, you've

bought us our first trucks, you've sat next to us...

You are AAAAWESOME!!!

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Re: bardichev's battle

Posted by bardichev - 11 Mar 2010 16:48

Let me correct you

WE are aewsome

We are the frontline

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Re: bardichev's battle

Posted by silentbattle - 11 Mar 2010 16:56

OK I'll take that - and I consider being on the same front line as you, a HUGE honor!

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Re: bardichev's battle

Posted by shemirateinayim - 11 Mar 2010 18:08

Hatzlacha on the front lines... I'll ummmm "take up the rear"

I mean.... "I'll watch your 6"

Not that I'm a 'sissy' or notin....but I learnt too much nach ("right") and I don't like the front.

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Re: bardichev's battle

Posted by Dov - 11 Mar 2010 18:43

Na, Nach?

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