bardichev's battle Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH.So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H.I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHISHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

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bardichev

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Re: bardichev's battle Posted by Ineedhelp!! - 20 Jan 2010 16:14

I see you have a goatee but I was expecting more of a heimeshe beird Bardy. And where's the streimel?

Re: bardichev's battle Posted by bardichev - 20 Jan 2010 20:39

Hello bardichev January 20, 2010, 01:38:38 PM

Show unread posts since last visit.

Show new replies to your posts.

Total time logged in: 21 days, 21 hours and 21 minutes.

Re: bardichev's battle

Generated: 2 August, 2025, 16:56

Posted by Dov - 20 Jan 2010 22:53

Balance, balance....

Today is the yuhrtzeit of the heligeh Sfas Emes!! I *love* Him and his Torah!! May he be a z'chus for protection and help for us and all Yisroel!!

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Re: bardichev's battle Posted by silentbattle - 20 Jan 2010 23:33

Amen, Dov!

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Re: bardichev's battle Posted by bardichev - 21 Jan 2010 00:37

One of the Main themes that the Heiliger Sfas Emes says over and over in his sefer is

That there is a nitzutz a spark in every Jew that never ever gets touched or ruined from Chet

He calls it the nekudah

The pintele yid

Gevaldiggggg!

Re: bardichev's battle Posted by imtrying25 - 21 Jan 2010 11:56

Rebbe i hab=vent been around for awhile. I missed you so much. Can i get a heilege shabbos or a gevaldigg or a sputtwerin shmutterin or whatever?? Please?? I know i havent been a good

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Re: bardichev's battle Posted by bardichev - 21 Jan 2010 13:19

Like I said the NEkUDAH is still there??

chassid recently but like you said the NEKUDA is still there.

You said it we all say it this whole forum is testimony to the holy strength of the Neshama of a yid

I don't care what fancy names are labled on us

Addict..powerless..patterned..lusta addoct.. SA..SLA..ssllaaa..aaa aaa III sssss..

WHO CARES???!!!

Not me

Not one hoot!!

We have something no-one claims to have

OY NESHAMA OY NESHAMA,,NESHAMA'LE

There is a part of us thar screams out a clarion call

TATTY IM HIDING UNDER THE MASK, FIND ME!!!!

There is a part of us that is still a beacon of a light house and it radiates from earth to heaven!!!

GEVALDIGGGGGG!!!!

Sorry to any one who does not know this

A goy falls he is a GEFFALLINNER

A yid falls?

Nu nu

Men gayt vayttter!!

Oy yoy. Neshaama!!

## KEEP on TRUCKIN!!!!

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Re: bardichev's battle

## **GYE - Guard Your Eyes** Generated: 2 August, 2025, 16:56

Posted by imtrying25 - 21 Jan 2010 18:24

Rebbe as i am reading this post of yours playing in the background is......moshele oy yoy yoy neshumeh!!!

Re: bardichev's battle Posted by bardichev - 21 Jan 2010 20:13

nishmass nishmass kol chay

nishmass nishmass kol chay!!

Re: bardichev's battle Posted by bardichev - 21 Jan 2010 20:24

bardichev

Married

Hero Member

Posts: 2222

## **KEEP ON TRUCKIN!**

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Re: bardichev's battle Posted by Kollel Guy - 21 Jan 2010 21:04

Bards, have you been hit'n the Woodford early today?

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Re: bardichev's battle Posted by bardichev - 21 Jan 2010 21:07

NOT YET

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KICHEL WAS EATEN

GLEZEL IS READY

I EVEN HAVE THE WOOD FORD

BUR I NEED ANOTHER YID TO SAY LCHAIM TO

WHO WANTS TO MAKE A LCHAIM??!!

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Re: bardichev's battle Posted by imtrying25 - 21 Jan 2010 22:44

MEEEEEEEEEEEEEEEEEEEEEEEEEEEEEEEEE

Re: bardichev's battle Posted by imtrying25 - 21 Jan 2010 23:46

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Hold it rage! who told you thers room in the cabin for you. You know it is kinda squishy in here!! ok well let you in. but you gotta do some rage radio for us.

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