

Trying again after a long time

Posted by joeacker85 - 08 Sep 2025 06:38

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I've tried on my own for a while, sometimes successfully (thru the old GYE taphsic method), to stop chatting and p&m online. But for the longest time now it's just been free for all. This time I'll try not to go it on my own, but to have a mentor and also a public log here. My Hashem help me and my family on this journey... I would write more of a detailed post, but I'm tired at this hour, and also burned out from past attempts. But some basic info - I'm mid 30s, married with a few children bh. I also have ADHD (official) and a screen/internet addiction in general. Half the time, it's more of a compulsion and almost like a script and schedule, rather than real sexual urges... That's it for now. I'll go to sleep now and hopefully continue with info and updates

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Re: Trying again after a long time

Posted by goldwings - 08 Sep 2025 09:45

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**Welcome!!**

I have found for myself that I was treading water, till I finally got a mentor and started posting.

We're all in this together and we are all rooting for you! Bezh you will get clean.

**HATZLACHA ON YOUR LIFE CHANGING JOURNEY!!!**

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Re: Trying again after a long time

Posted by vehkam - 08 Sep 2025 23:43

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Welcome back we look forward to helping you take back your life.

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