

My Journey

Posted by elevating - 29 Jul 2025 22:14

Hi, I'm new here, signed up just a few days ago. Was listening to a shiur on TA after falling a lot in 2 days when I noticed after a few min that the shiur was sponsored by GYE, and on a whim I signed up. I've already gained tremendously from the tools they offer on the website. I've barely been clean from mzl over the past ten years or more, but now I'm starting my journey to reach 90 days clean. Today is Day 5 (my streak is off by one cuz I was 2 days clean when I started). I'll post here when I hit my milestones, cuz I don't think I'll be able to make it without accountability.

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Re: My Journey

Posted by hashemisonmyside - Yesterday 03:12

Welcome to this beautiful family!

this is the perfect place you'll get the chizuk and support you need, just stay with us.....

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Re: My Journey

Posted by yosefthet zadik - Yesterday 05:59

Congrats on 5 days!

You've come to the right place. Hundreds of people here who overcame struggles in those areas.

Check out the book "The Battle of the Generation" almost everyone on this website can testify on the great impact it had on them and the tremendous help to overcome lust.

Good luck on your journey!

Yosef the Tzadik

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Re: My Journey

Posted by hollyari - Yesterday 17:58

Welcome, Mr. Elevating!

Mazal Tov on this brave and powerful step forward — you've come to the right place!

We're excited to hear your *ups and more ups* (the downs can stay behind you).

About your streak: there should be a way to get it updated. I recommend reaching out to Efraim — not only is he great to talk to, but I'm sure he'll be helpful with this as well.

Keep rising! We're cheering for you.

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Re: My Journey

Posted by elevating - Yesterday 19:10

Thanks for chizuk and support! I downloaded the battle of the generation and read 1st chapter and was blown away! My main takeaway was that these challenges and nisyonos is what gives us the opportunity to reach greatness if we overcome! I found this to be very empowering - that the nisayon itself is what gives me my potential to grow. ?????? ?????? ?????? ?????? ??? ?????? ?????? ??????! So thank you yosefthetradik for the recommendation. will iyh read a chapter a day.

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