

Trueme

Posted by trueme - 23 May 2025 01:38

Hi.

I have a story, but Im not ready to share yet.

Right now I want to focus on trying to not watch innapropriate material, including P and doing M.

This is not who I am and although I have struggled on and off for a while, I want to end it.

I appreciate all encouragement.

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Re: Trueme

Posted by trueme - 30 May 2025 17:12

BHB, thanks for responding to my post and offering insight. I want to go through your post at a later time slowly and digest. I read through it hastily now but you seem to be a really smart, thought out, and well worded individual. Thanks for replying.

I had my first accountability session and although I didnt score 100% on the first day on my goals, I am making progress and moving forward. No falls, and nothing innapropriate, BH.

Shabbat Shalom u'Mevorach

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Re: Trueme

Posted by trueme - 01 Jun 2025 21:35

BH so far so good, I even tried to unblock my YouTube but thankfully it didnt work.

Still keeping up with my accountability partner.

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I think its a good idea to show Hashem we are serious about connecting to him through the ??? by being ??? a small ???, and specifically in ??? ???, because thats where ??" say we have ????? (thereby a true connection to Hashem in a sense more than ?????). I am being ??? a certain ????? in ??? for this year, I hope other gye yidden join me with a small kabalah to strengthen their learning of their own.

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Re: Trueme

Posted by trueme - 04 Jun 2025 03:45

Clean in regards to Yom Tov. I kept up my learning pledge as well.

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Re: Trueme

Posted by trueme - 05 Jun 2025 11:02

Still clean.

Im going to try to hold myself accountable that unless I have specific urges not to post on the site more than 1 - 2 times a week. Otherwise the threads can be a big distraction and time waster for me. Its like withdrawl symptoms from online entertainment and Im using GYE as a substitute. Same for logging in.

I think the main thing for me is having an accountability partner.

The above is what I need personally, and doesn't necessarily have to do with anyone else.

Peace to all.

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Re: Trueme

Posted by trueme - 06 Jun 2025 17:24

I think Im still on track but I had an incident last night.

I have a tablet which has basically nothing on it although there is an app to check stocks.

Some news and ads pop up and there was an inappropriate one with several pics. I began to stare and do stuff I shouldnt have done. But no P or M.

So I think Im gonna keep my count and move on.

I have since deleted the app and I cant get it back easily.

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Re: Trueme

Posted by trueme - 09 Jun 2025 02:51

I fell.

Frustrating.

Started over.

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Re: Trueme

Posted by ?? ????? - 09 Jun 2025 06:09

Ouch, I can relate to much to the frustration get back up, sweet days are about to come

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