

**GYE - Guard Your Eyes**

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Have completed 90 previously, lets do this again!  
Posted by lifeofpurity - 18 Apr 2025 04:10

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It has been a few years since I have been clean for 90 days straight( I did it once when I was single). I know I have been capable to accomplish this feat, and I am attempting to get back "there" again and stay there. Still uncertain though cuz have said this line to myself 100s of times and have not gotten "too far". I have good filters. Google maps images is getting to me out of desperation. But this is my first time taking the initiative and time to start a thread (have contemplated doing this for some time now). Hopefully this time will be it! All feedback (tips, suggestions) appreciated! Crew we are ready for takeoff!!

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Re: Have completed 90 previously, lets do this again!  
Posted by captain - 18 Apr 2025 12:40

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Welcome LifeofPurity! It's refreshing to see your enthusiasm, and you WILL do this!

I'm going to suggest that you don't just "do 90 days" but also add something to strengthen yourself, and do that for 90 days. Some good options are below in my signature.

Wishing you much success!

Captain

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Re: Have completed 90 previously, lets do this again!  
Posted by frank.lee - 18 Apr 2025 13:47

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Speak to your filter company to see if they can block or filter those images.

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Re: Have completed 90 previously, lets do this again!

Posted by hopefulposek - 18 Apr 2025 13:59

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welcome! I want to second captains point, besides for having the goal of 90 days, which is an amazing and tremendous milestone to reach, you will need to invest in yourself and really spend the time and energy on learning about yourself and getting the help thats available. I've personally found strength and guidance from doing the F2F program (and i think it's wise to do it together with someone), getting a mentor, starting a thread (which you have courageously done) and posting on it daily or at least every other day, joining the VAAD groups, and reaching out to others on the site whether trough private messages or posting on their threads.

It may take time to reach your goal and to turn the tide of this battle, but remember "progress not perfection" just keep on taking the next step in the right direction and IYH you will find much success.

Hatzlachah!

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Re: Have completed 90 previously, lets do this again!  
Posted by balancedfox70 - Yesterday 14:32

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Shalom and Welcome,

You seem mighty determined and that is in my opinion the biggest factor of achieving ultimate freedom. Not the numbers, not the streaks just sheer and utter commitment will get you out of this. The way we rise up after a fall is what separates the men from the boys and every time we do that we get stronger and stronger! I have always struggled with the filter issue in figuring out ways to get past it until I decided enough is enough its time for something different. So the way I have it setup is that everything is blocked and by that I mean everything even the "clean" stuff. My wife has the code and will only open up a site *temporarily* if I really need it open (even then with the image & video filters turned on.) It's quite annoying to say the least but it's what I need in order to continue this battle.

You got this brother feel free to reach out.

Good luck out there!

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