

Dove's journey

Posted by dove63 - 10 Mar 2025 02:15

BS"D

Hi, I'm Dove, I was given permission to write here.

This is my first time taking about my problem in public, I have only told this to selected people privately.

I'm 21 years old, I have no wife, no friends (at least in my city), and I am in the process of conversion in a city where there is no Jewish community. I have felt that there is no way to stop future falls, so I am going to at least try here.

I have a filtered computer in whitelist mode (I don't know anyone else who does this).

I plan to vent here, because knowing that others know what I'm going through is enough chizuk to keep me going. I plan to write here every day that I have some time, today I start with day 0 of being clean.

Berachot!

=====

====

Re: Dove's journey
Posted by dove63 - 21 Mar 2025 01:02

Day 11:

This has been a struggle giving my all, sometimes I get tired and it controls me, but so far I've managed to pull myself together and end up defeating it.

Thanks to Hashem that sent me melachim like [BenHashem](#) for taking the time to write me the shiur with important concepts, and to the others who have written here [chosemyschem](#), [alex94](#) and [levaryeh](#), and also those who gave "Thank you", I would have fallen a long time ago if it were not for you all.

Difficult tests are coming, but not if I can pass them, unfortunately I may disappoint you. I am doing my best not to let that happen, but it can happen.

I wanted to be great, but I seem to have forgotten where I am.

Be it the will of the Holy Blessed Is, that you all may attain greatness.

=====
=====

Re: Dove's journey
Posted by dove63 - 23 Mar 2025 19:18

Day 0:

Hello again,

Mistakes are for learning.

And my mistake was to think that the results depend on me, and/or depend on other people and/or on nature.

The truth is that the results depend only on Hashem yitbarach, one must make the effort to do

the right thing. But even if one did something wrong by mistake, He knows our nature, He remembers that we are dust. That "bad" thing we did also had to happen and we should not feel any worse than we already do, and we should pick ourselves up once again. And be happy enjoying the journey.

I have a hard time remembering that the outcome of everything I do depends on Hashem. So I plan to report to you each day how it went.

Maybe Hashem put me to this test because He loves me.

Shavua tov!

=====
=====

Re: Dove's journey
Posted by dove63 - 25 Mar 2025 01:03

[dove63 wrote on 19 Mar 2025 03:40:](#)

Day 9:

I fell today. There were so many little problems and I got my head so far into them that I got carried away.

A female classmate of mine indirectly asked me to group with her for a workshop, but I ignored it.

I feel bad for having let her down because I have felt that pain and it hurts me to remember it, but I would also feel bad for accepting it because of the things that may happen.

I fell, but not with P or M, just that I tried to look for it quickly but it is not available at some clicks, and it seems to me a very low thing to make the effort to look for it knowing that I am not alone.

I quickly forget the concepts: "Keep my head out of my problems"

It seems that I had no choice, everything I did was going to end badly.

Day 1:

in a shiur:

Today Baruch Hashem, I found the answer to this

"???????????????? ?????? ?????????? ?????? ??????????"

"You shall not make a covenant with them, nor show them favor (or mercy)"

Devarim 7

I shouldn't have felt bad, It seems that this feeling was due to the withdrawal makes you have stronger feelings.

Knowing how I should feel becomes easier.

=====
=====

Re: Dove's journey

Posted by dove63 - 26 Mar 2025 04:56

Day 2:

Studying, nothing to highlight.

=====
=====

Re: Dove's journey
Posted by dove63 - 27 Mar 2025 00:24

Day 3:

The first problem appeared but I didn't see it as a problem, but I felt excited to know what my beloved wants with this.

I'm not sure what good can come out of the "problem", I have some suspicions. But what I am sure of is that it is also for the best.

I seem to be living in another world.

=====
=====

Re: Dove's journey
Posted by dove63 - 28 Mar 2025 02:28

Day 4:

I keep remembering that it is Hashem that is the cause of the apparent not good.

=====
=====

Re: Dove's journey
Posted by dove63 - 31 Mar 2025 01:19

I feel that I am a bad son because I want to get away from my parents and not benefit them for all the good they have done for me, because I feel that they affect me negatively whenever I am with them and if I would help them they would use my help to do more harm.

I depend on them financially, I have been willing to live on the street rather than stay with them.

How is it possible that my parents know about the problem I have with P and do nothing.

It still hurts me that they left me a computer with unfiltered internet access for me and my brother when I was only 11 years old and my brother 12 years old. And we spent many hours a day without them knowing what we were doing. How can they have such a lack of wisdom?

=====
=====

Re: Dove's journey

Posted by dove63 - 01 Apr 2025 01:43

Day 1:

I asked my moreh about this and he replied "...it is advisable that you seek independence and help them only as much as you can but stay away from them and concentrate on your own soul".

But I asked one more time: "If my parents ask me for money to give or lend them, but I know that they have what they need to live in dignity, is it an obligation to give it to them?"

And he answered me: "

Warning: Spoiler!

"

So my medium-term goal is to become independent.

=====
=====

Re: Dove's journey
Posted by dove63 - 01 Apr 2025 02:28

Last Friday morning I was feeling listless for no apparent reason, but after listening to an inspiring shiur it gave me the strength to prepare for Shabbat. And after thinking about the reason for this, I realized that it was because I was going to start another Shabbat alone.

I have tried several times to eat with my family, but they say they are not available for it, it doesn't feel good to make food for several and then you have to eat alone.

I am looking for ideas to keep me motivated for Shabbat. If anyone has any, I beg you to tell me.

=====
=====

Re: Dove's journey
Posted by BenHashemBH - 01 Apr 2025 02:48

Last Friday morning I was feeling listless for no apparent reason, but after listening to an inspiring shiur it gave me the strength to prepare for Shabbat. And after thinking about the reason for this, I realized that it was because I was going to start another Shabbat alone.

I have tried several times to eat with my family, but they say they are not available for it, it doesn't feel good to make food for several and then you have to eat alone.

I am looking for ideas to keep me motivated for Shabbat. If anyone has any, I beg you to tell me.

Shalom Brother Dove,

That sounds really hard.

Do you know any Shabbos songs? Singing always gets me into the spirit of things.

All the best!

=====
=====

Re: Dove's journey

Posted by BenHashemBH - 01 Apr 2025 02:49

Last Friday morning I was feeling listless for no apparent reason, but after listening to an inspiring shiur it gave me the strength to prepare for Shabbat. And after thinking about the reason for this, I realized that it was because I was going to start another Shabbat alone.

I have tried several times to eat with my family, but they say they are not available for it, it doesn't feel good to make food for several and then you have to eat alone.

I am looking for ideas to keep me motivated for Shabbat. If anyone has any, I beg you to tell me.

Shalom Brother Dove,

That sounds really hard.

Do you know any Shabbos songs? Singing always gets me into the spirit of things.

All the best!

=====
=====

Re: Dove's journey
Posted by BenHashemBH - 01 Apr 2025 02:50

Shalom Brother Dove,

That sounds really hard.

Do you know any Shabbos songs? Singing always gets me into the spirit of things.

All the best!

=====
=====

Re: Dove's journey
Posted by dove63 - 01 Apr 2025 13:53

[BenHashemBH wrote on 01 Apr 2025 02:50:](#)

Do you know any Shabbos songs? Singing always gets me into the spirit of things.

I have the Koren Shalem sidur which has a lot of lyrics but I don't know the intonation.

=====
=====

Re: Dove's journey
Posted by livingagain - 01 Apr 2025 14:33

[dove63 wrote on 01 Apr 2025 13:53:](#)

[BenHashemBH wrote on 01 Apr 2025 02:50:](#)

Do you know any Shabbos songs? Singing always gets me into the spirit of things.

I have the Koren Shalem sidur which has a lot of lyrics but I don't know the intonation.

Try carlebach or mbd

=====
====