

GYE - Guard Your Eyes

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Lonely but trying (trying but lonely)

Posted by odyossefchai - 09 Sep 2024 21:55

Ok here goes.

I'm starting a new 90 day journey.

I don't know why 90 days. Maybe because I saw that other people started a 90 day trial and it worked so let's give it a shot.

I'll give my story over the next posts as I'm new here and not all together comfortable sharing my life story.

I'm already up to day 8 so I have a little wind in my sails.

IYH we'll add in the days, one by one.

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Re: Lonely but trying (trying but lonely)

Posted by odyossefchai - 31 Mar 2025 12:14

I thought about that but if it was just a plain davening issue, maybe I would get help locally. But I feel it's tied to a lot of the other issues in my life and wanted help from people here who understand our struggles.

My offer still stands. If anyone wants to create some kind of accountability group or just some daily encouragement to daven and try with a minyan, please reach out.

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Re: Lonely but trying (trying but lonely)

Posted by odyossefchai - 31 Mar 2025 12:24

Some quick updates.

Life is good/bad/ugly/great all in one.

BH for family, and all the stability that it brings.

Speak to people who don't have that, and they'll tell you the hell they go through! So with all the stress it brings, it's still way better than the alternative.

If I was my age and single/no kids, I'd be a mess.

Having a family, kids I can hug and laugh with/ learn with/vacation with, sit at the shabbos table with, is a super duper huge bracha that shouldn't be taken for granted.

Yesterday, I was at a Jewish mall and had to be perched outside a clothing store for 7 hours. (It had to be that way, for whatever reason)

Let's just say that shmiras einayim was a big fat zero.

Or minus a million.

Wife has been a little distant lately and my mind was thinking about all the beautiful women I got to see and I was as TRIGGERED as a liberal seeing a Tesla. Anyways, I was about as close as wanting to fall as I've been since I got here on GYE but BH I was able to push things away from my mind.

If you want to know what wife being distant means, we went out to eat last night, and barely spoke the entire time. I did notice that the ceiling there was much taller than I thought it was so hey, it wasn't a complete waste of time!

Anyways, enough kvetching for me.

I won by not falling and the urges passed quickly.

I'm 10,000,000,569,872 miles further along my holiness journey than I was 8 months ago.

I've learned a lot and I'm still learning.

Does life get easier? Maybe not. But we have the opportunity to learn how to deal with things and grow as people. Stuff that bothers us will always be there but it's our job to learn how to navigate. And I've learned bucketfuls since joining GYE.

God bless GYE and God bless all you holy tzadikim who have come here to work on improving your holiness.

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Re: Lonely but trying (trying but lonely)
Posted by BenHashemBH - 31 Mar 2025 13:06

[odyossefchai wrote on 31 Mar 2025 12:14:](#)

I thought about that but if it was **just a plain davening issue**, maybe I would get help locally. But **I feel it's tied to a lot of the other issues** in my life and wanted help from people here who understand **our struggles**.

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Dear Brother,

Can you please elaborate on the bolded parts of you quote?

I'm not clear on what you are looking for, but happy to shmooze it out and see if we're

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